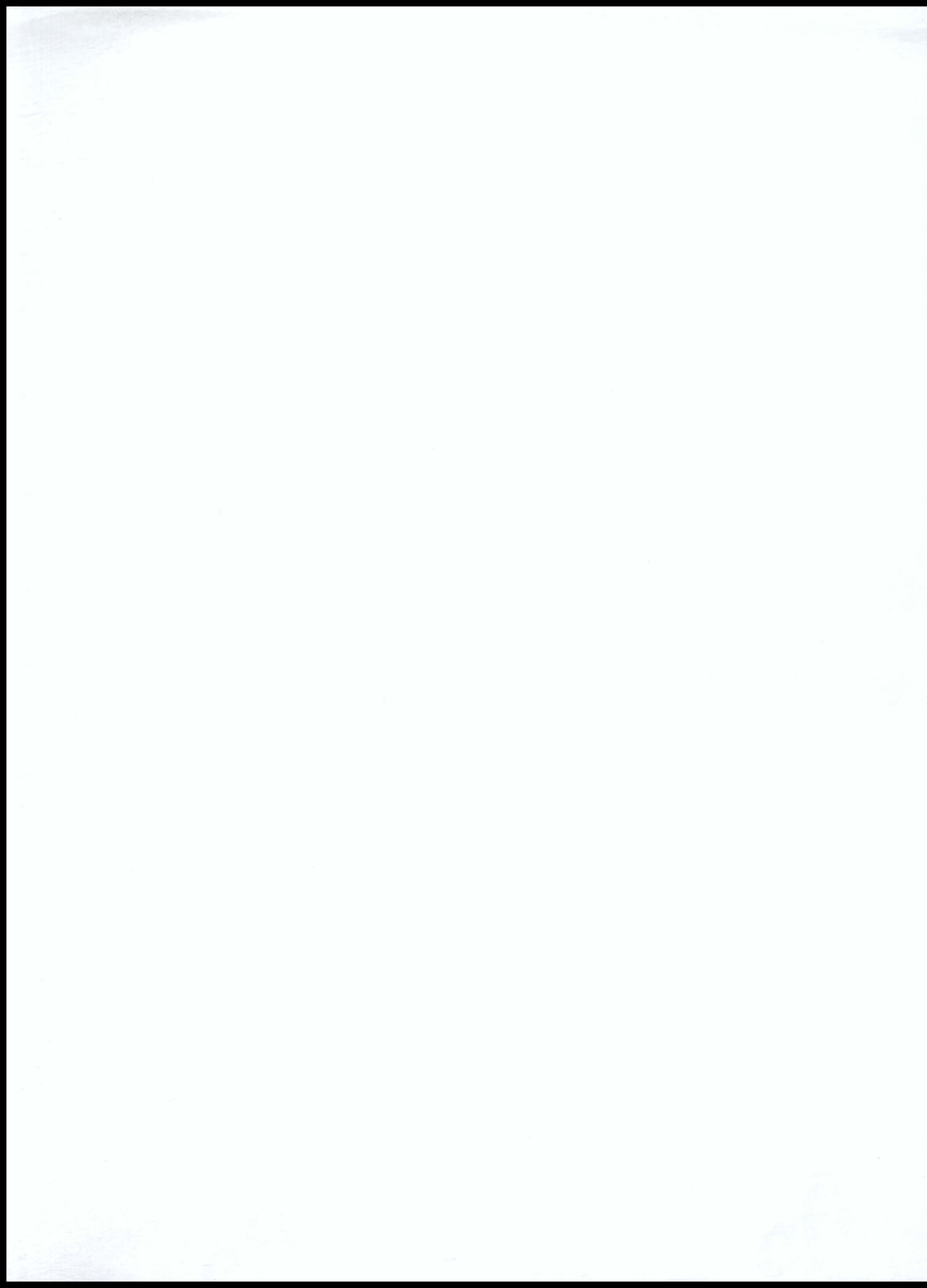
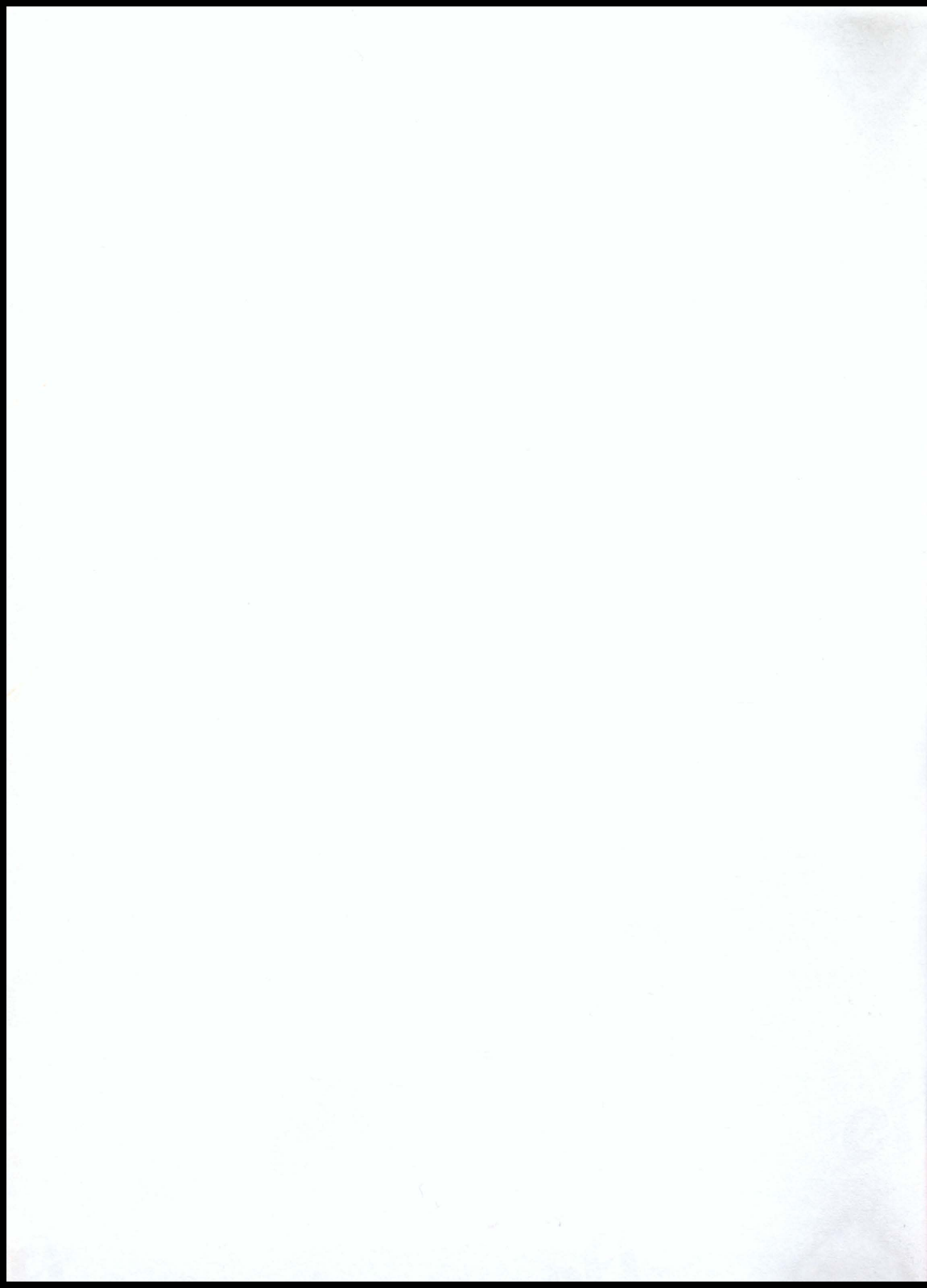


IMPRESSIONS











Student Life

Seniors

Academics

Undergrads

Clubs and Organizations

Sports

Special Event

PDA's

Ads

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Capacian

In Loving Memory



Lane Treadway
August 22, 1989-August 5, 2005

After Glow

*I'd like the memory of me
to be a happy one.*

*I'd like to leave an after glow
of smiles when life is done.*

*I'd like to leave an echo
whispering softly down the ways,
of happy times and laughing
times and bright and
sunny days.*

*I'd like the tears of those who
grieve, to dry before the sun
of happy memories that I leave
When life is done.*

Zane,

*You didn't realize how many lives you had touched, how many
people loved you, and how badly you will be missed.*

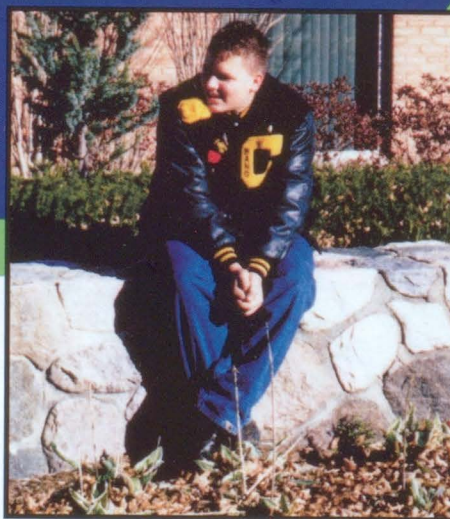
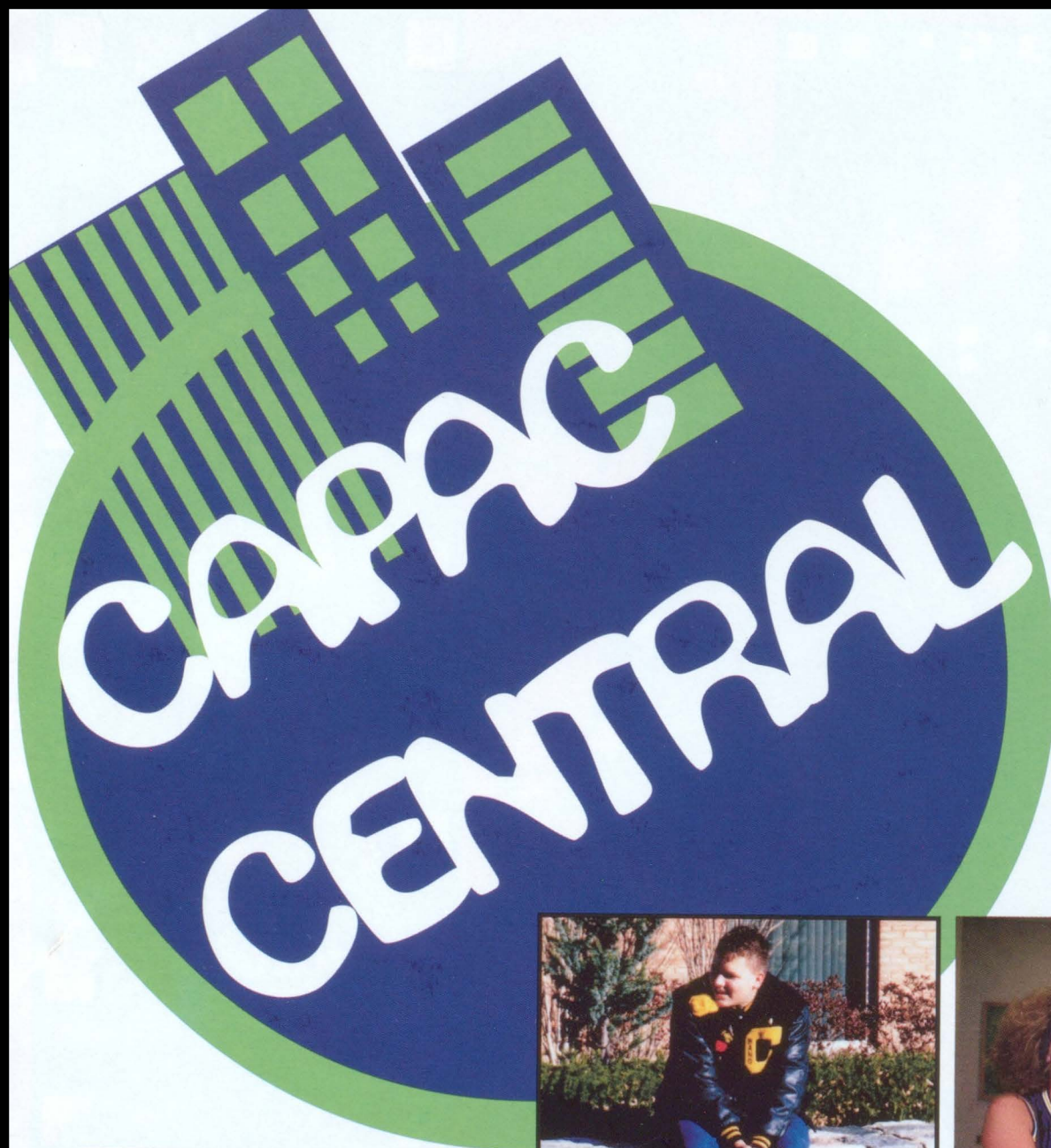
You will forever be in our hearts.

Love,

Dad, Jodi, and Leo



The Best of **OUR**
HIGH SCHOOL
YEARS



EMBARRASSMENT ENRICHES LIFE AND FRIENDSHIP

Left: Gonzo revealing the secret of her B.A.T.S.

Above: Jeff Pelc sits smirking on a stone fence trying to hide his embarrassment.

Top Right: Ben Wallace shows off her game face in the Imlay City Locker room. **Right:** Olivia Kolaczyskni is completely obsessed with Amanda Strunk's beautiful red hair. Don't pull her hair out Olivia.





Left: Ashley Scott is proving to her lunch table that she really can make milk come out of her nose!
Above: Primus Bugar struts his stuff in his hot new outfit.
Top Right: "The teletubbies" are having a little bit too much fun with their food.
Right: Kim Wisenbaugh helps the young cross the road in their time of need.



"Sometimes in life you've just got to sit back relax. And not live your life being embarrassed about something that won't even matter 10 minutes from now."
-ANONYMOUS

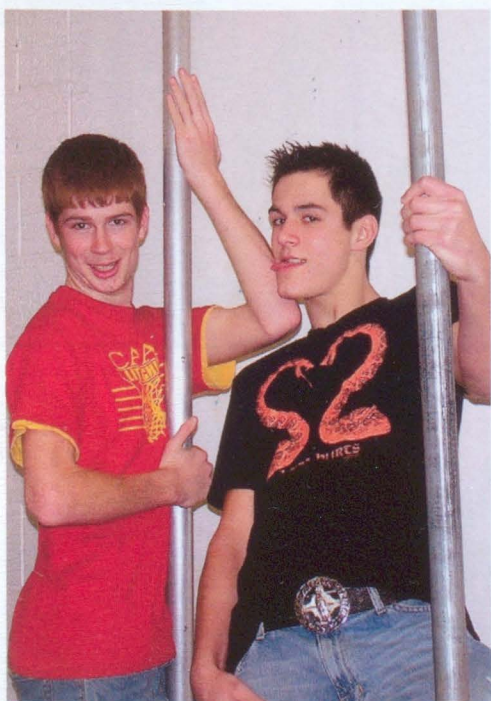


Mr. Lengemann-Staff

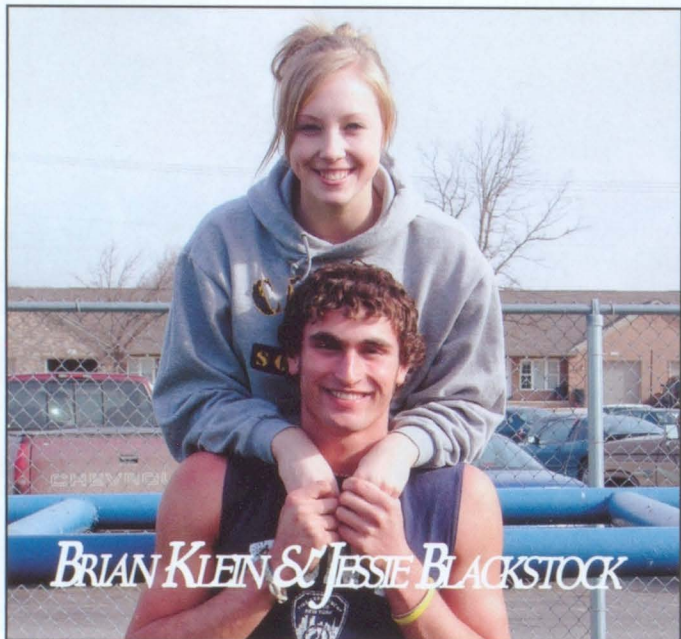
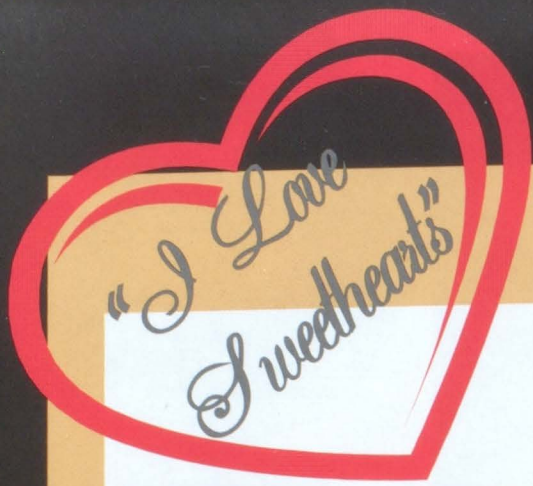
Ashley Early-Sophomore

Brandon Stringer-Senior

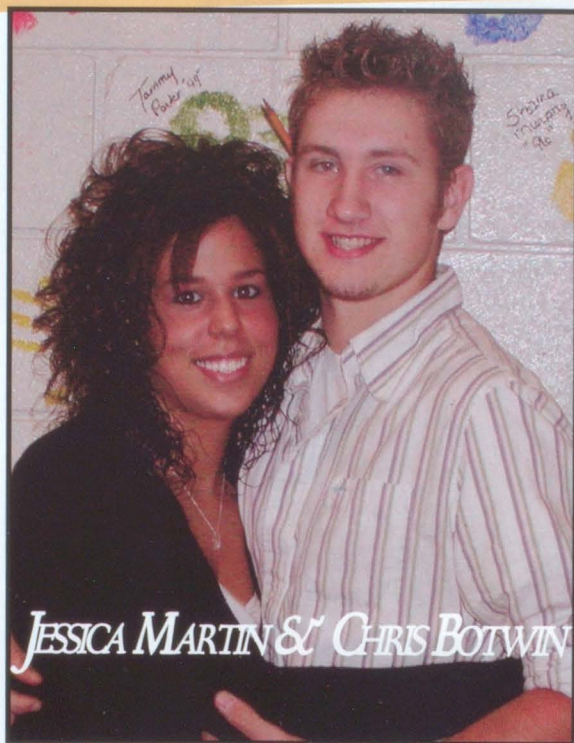
Lee Peters-Senior



Left: Kevin Bollaert and Chris Schroeder show off their moves at lunch.
Above: Jeffrey Pelc isn't quite as skilled in volleyball as he'd like to be.
Right: Ashlee Heilig and Grandma Blackstock humor the crowd while watching the JV basketball game.



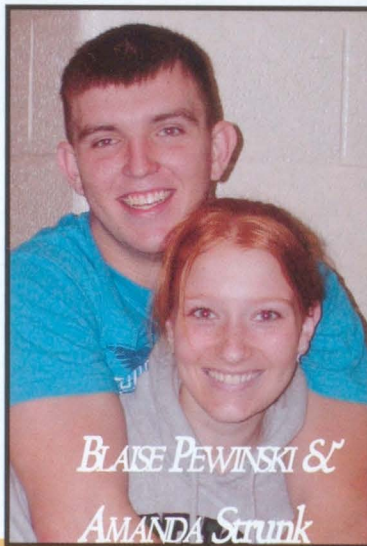
BRIAN KLEIN & JESSIE BLACKSTOCK



JESSICA MARTIN & CHRIS BOTWIN



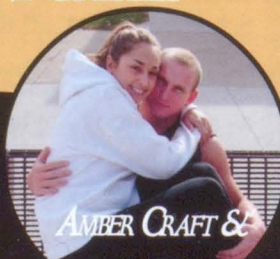
MICHAEL BLACKSTOCK & JAQUELINE GRESSEL



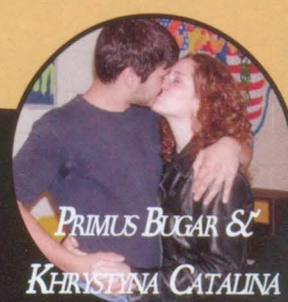
BLAISE PEWINSKI &
AMANDA STUNK



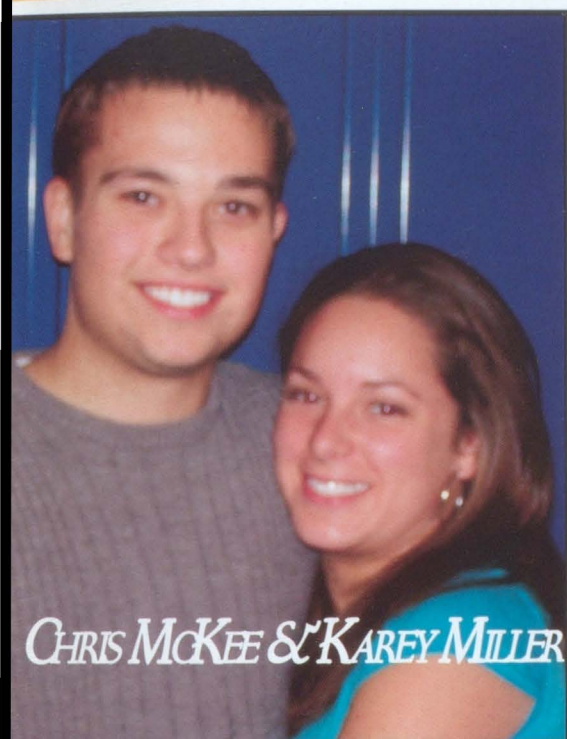
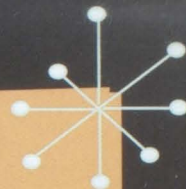
JESSICA MEDRANO &
JOHN KOTERMANSKI



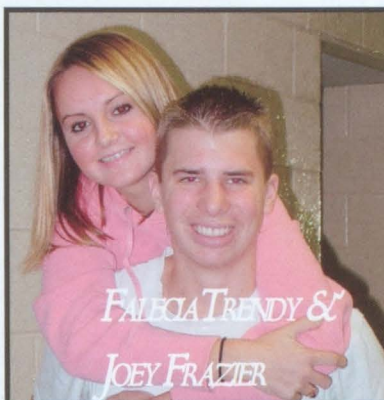
AMBER CRAFT &
ROBERT PATTON



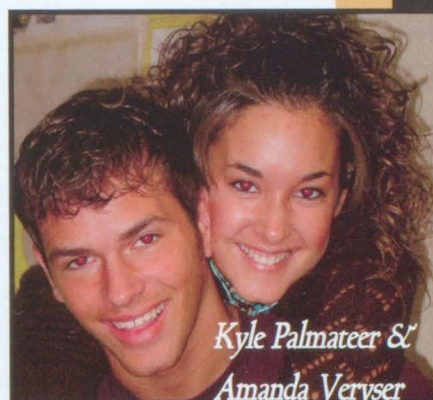
PRIMUS BUGAR &
KHYSTYNA CATALINA



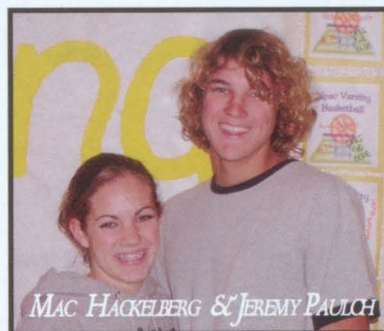
CHRIS MCKEE & KAREY MILLER



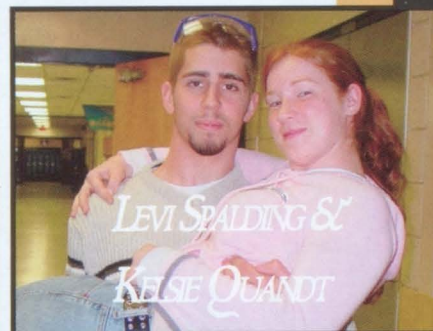
FALECIA TRENDY &
JOEY FRAZIER



Kyle Palmateer &
Amanda Veryser



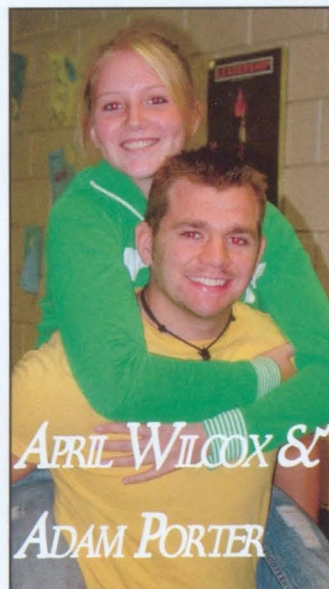
MAC HACKELBERG & JEREMY PAULCH



LEVI SPALDING &
KELSIE QUANDT



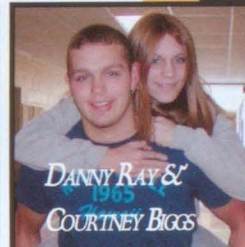
JACKIE CLARK & CJ LENARD



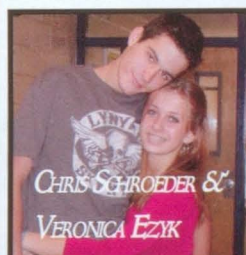
APRIL WILCOX &
ADAM PORTER



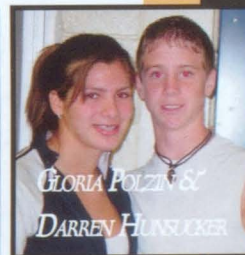
ASHLEE HELEG &
MIKE HALL



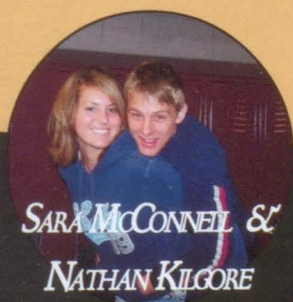
DANNY RAY &
COURTNEY BIGGS



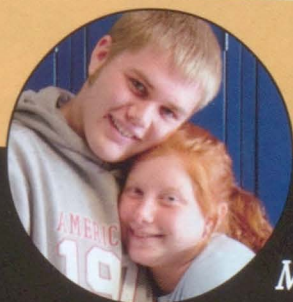
CHRIS SCHROEDER &
VERONICA EZYK



GLORIA POLZIN &
DARREN HUNSUCKER



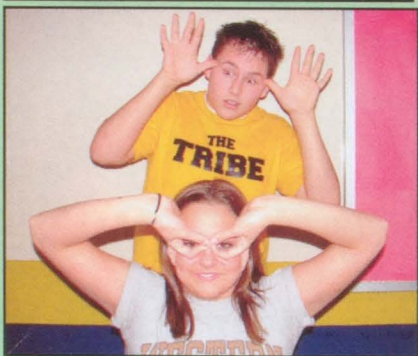
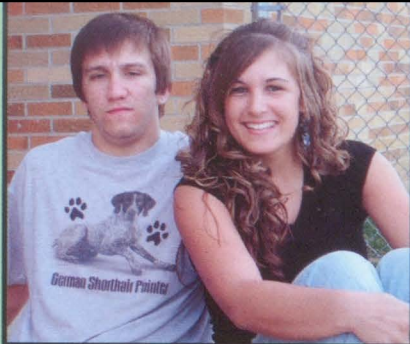
SARA MCCONNELL &
NATHAN KILGORE



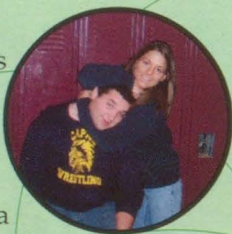
MATT GLOMBOWSKI & MEGAN SPENCER



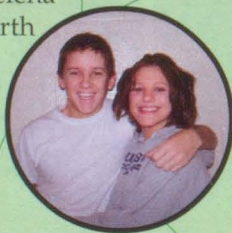
Satisfy Your
Daily Needs!



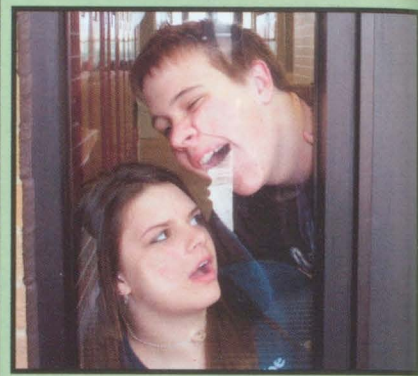
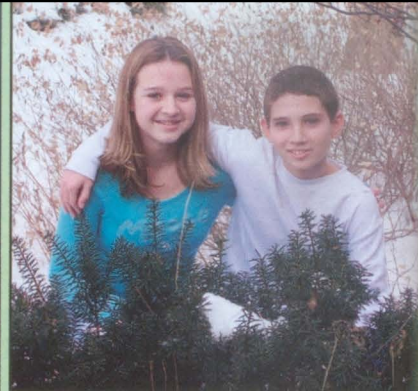
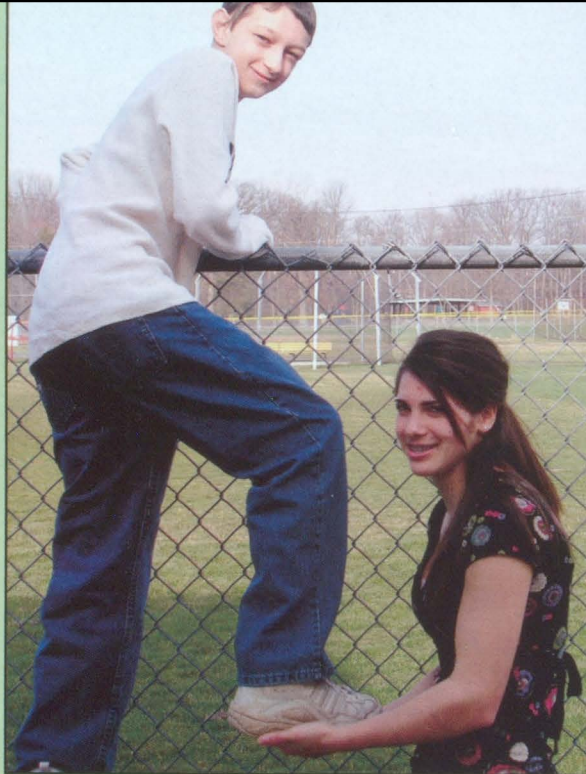
Jamie Martin
and Lee Peters



Jordan Konyha
and Melena
Felbarth



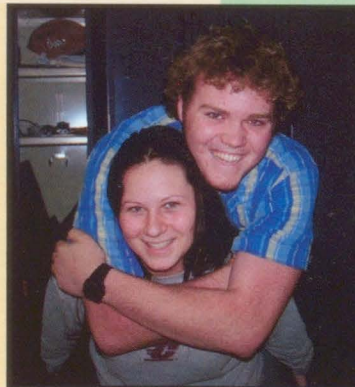
Jessica Hall and
Vern Wilson



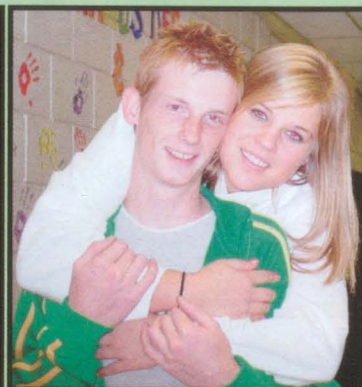
Best Friends Through Thick and Thin

"A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked." — Bernard Meltzer.

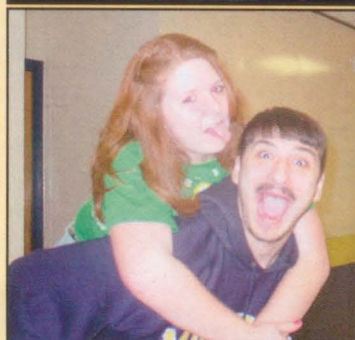
Far Right: Amanda Koshak and Dave Hernden smiling big for the camera



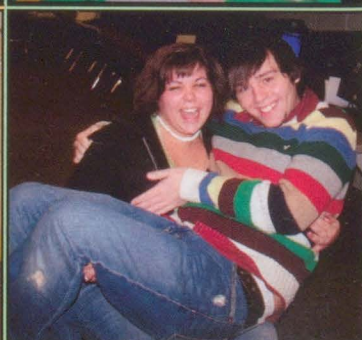
Right: Brian Godo and Kayla Finn playing piggy back games in the halls



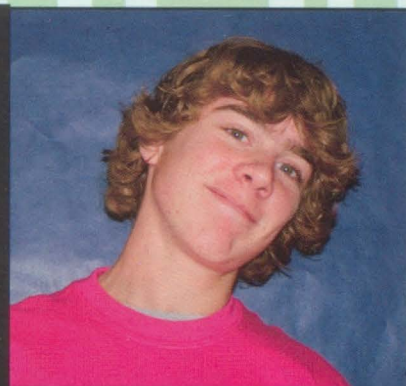
Lower Right: Primus Bugar tries to hang on to Debbie Rybicki with all his might



Lower Far Right: Brandon Bonkowski enjoying the company of his friend Jackie Barbier.

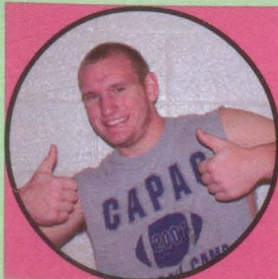


The Breakfast Bunch

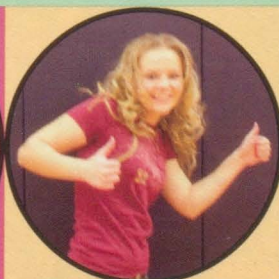


Complete Senior Edition at Louie's

Starting last year a group of four hungry adolescents started a new trend. Brandon Stringer, Sara McConnell, Jake Hoover and Ashley Kruger started their own Breakfast Club. Over the year the club grew in size and added new members including Ashlee Heilig, Jeffrey Pelc, Mr. Huss, Brittany Walsh and Amber Craft. They meet at Louie's for breakfast every Thursday at 7 am.



Robert Patton



Carisa Rinke

"Truly great friends are hard to find, difficult to leave, and impossible to forget"—
G. Randolph



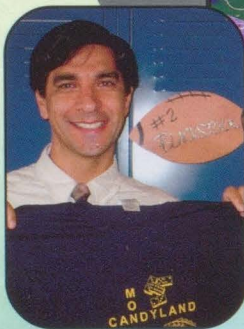
Abby McConnell



Bryan Sivec

Homecoming Festivities

2005



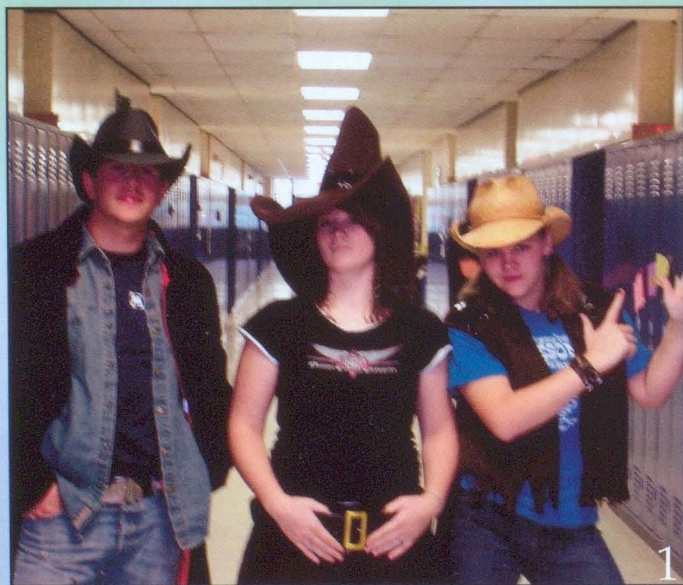
Above Left: The Candy Land float built by the Senior Class. (3rd Place)

Left: The Mouse Trap float constructed by the Junior Class. (2nd Place)

Below Left: Mr. Cutler, Student Council Advisor and Homecoming Chair.

“ Homecoming...
It's more than
just a game.

~Mr. Cutler~ ”



WILD WEST

1. Leif Kowaleski, Sam Owsen, and Maureen Hunter look like they're ready for a shoot out!
2. Jacqueline Gressel, Shelby Nahernak, and Kyleigh Konyha saddle up for the rodeo!

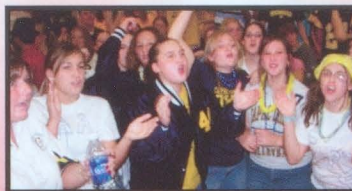
TRADITIONS

3. Tara Eberling and Ben Pauli support the seniors for wearing their blue and gold attire.
4. Matt Walker wins the Pie contest!
5. Senior royalty, K. Konyha, A. Craft, S. McConnell, B. Hackelburg, J. Gressell, A. Veryser, and returning royalty, S. Hopkins and D. Hunsuker ride in the parade.

GIMME A "C"

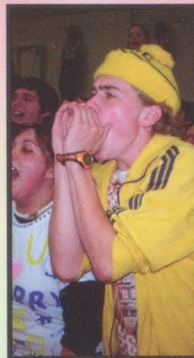
JUNIORS let out a Scream!

Mrs. Mawer, Katie Hlubic, Amanda Gonzalez, Jen Sirovey, Sandy Spranger, and Therese O'Brien cheer hard in hopes of winning the spirit jug for the Junior class.



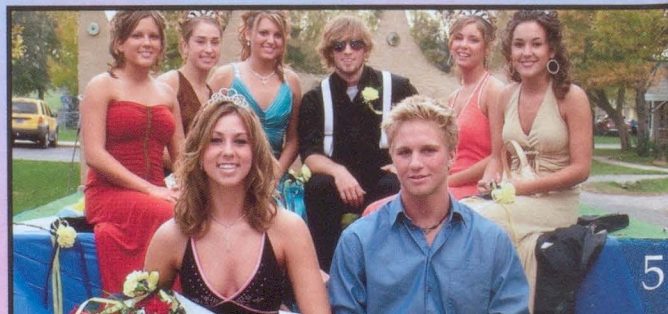
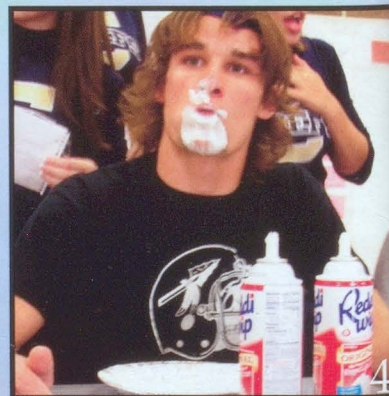
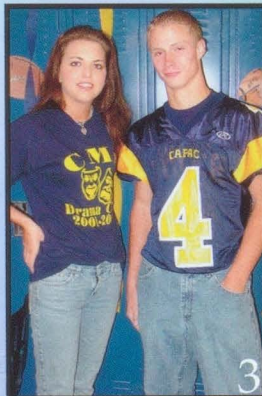
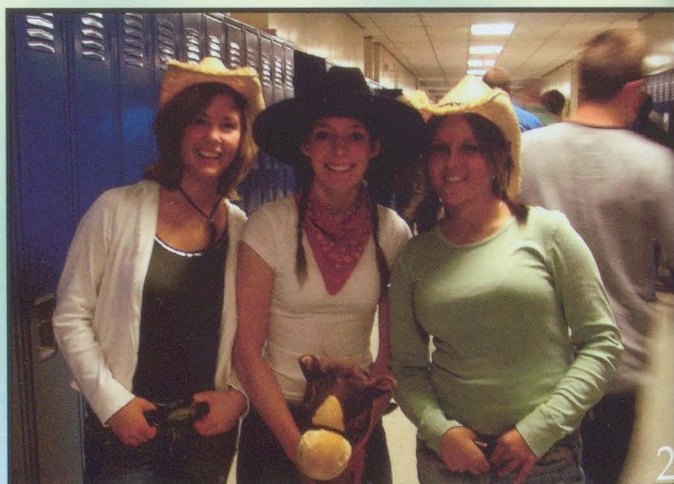
SENIORS are the real deal!

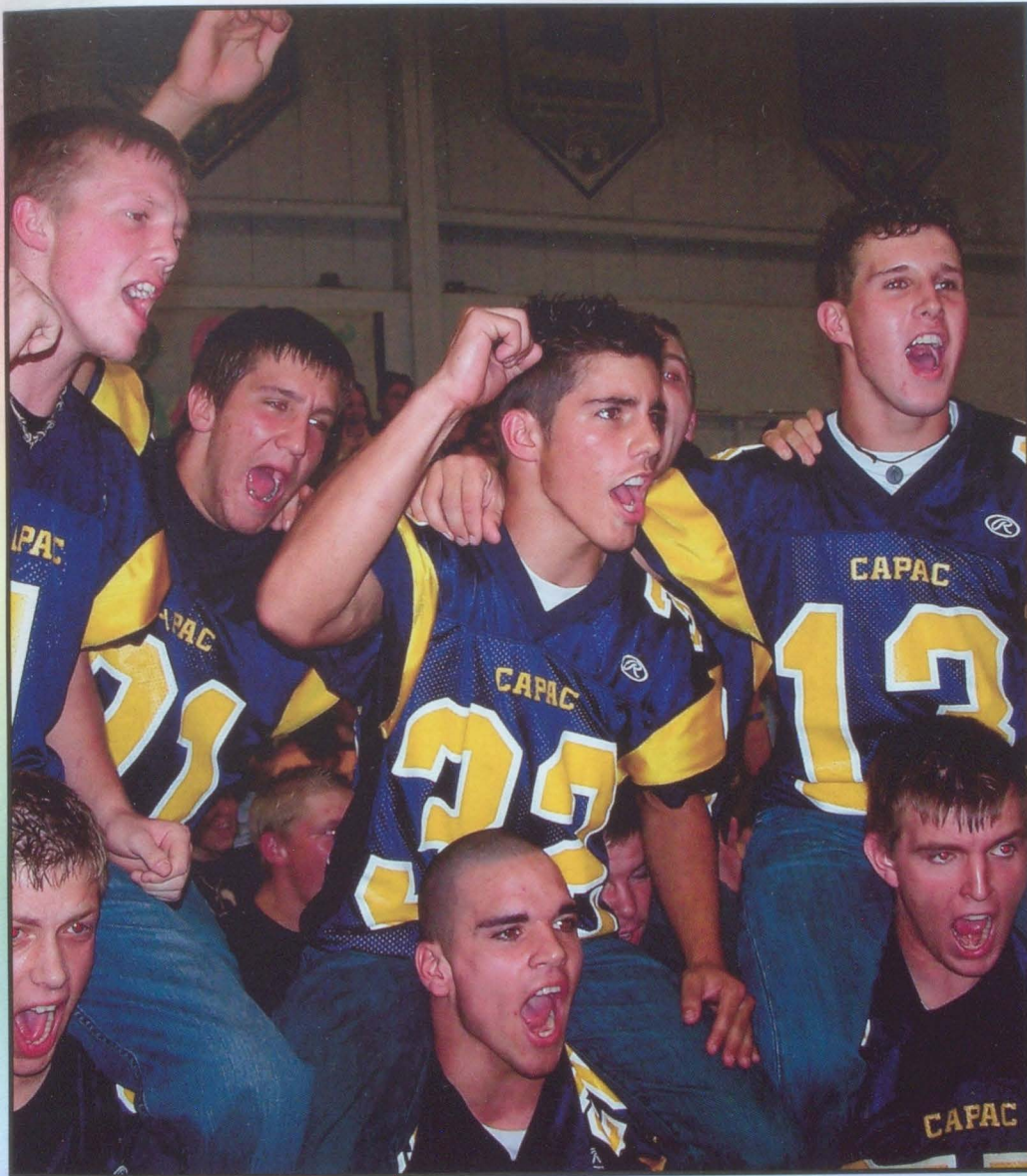
Jake Hoover and Jackee Barbier's faces turn red as they scream Gimme a "C" at the top of their lungs.



FRESHMEN join together for the win!

Cassidy Rey and Kaitlyn Keller show off their school spirit by helping win the Gimme a "C" cheer.





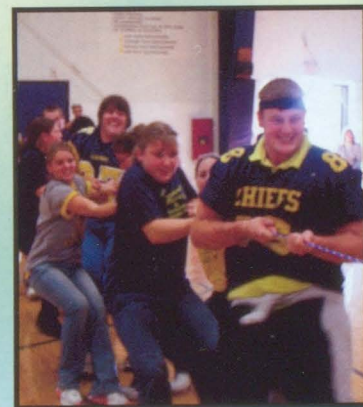
FULL OF TEAM SPIRIT

Left: Frank Williamson, Brian Pietrzak, Jake Nemecek, Chris Mousseau, Steve Meharg, Anthony DeLorenzo, and Blaise Pewinski get pumped for the Homecoming football game!!

SHOWING SOME MUSCLE

Far Below: Sophomores show off their muscles as they dominate in the tug of war contest!!

Below: Dave Moore, Primus Bugar, and Lee Peters flex their guns and prove that only real men sing in choir!!



CARTOON DAY

Left: Robert Patton, dressed as Bubbles, from the Powerpuff Girls, and Jen Sirovey, dressed as Gumby, look like they just fell out of the TV.

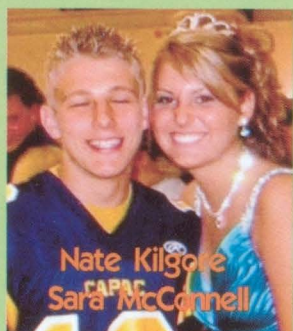
ALOHA

Above: Abby McConnell, Brandon Stringer, and Hannah Bosch are dressed like they are ready for a Hawaiian vacation.

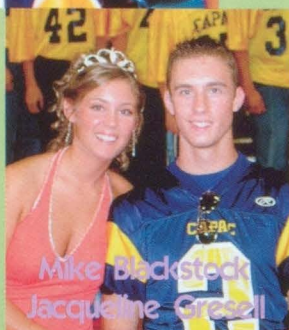
2005
SENIORS

ROYALTY

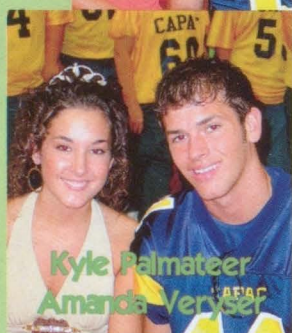
Capac's Homecoming Royalty



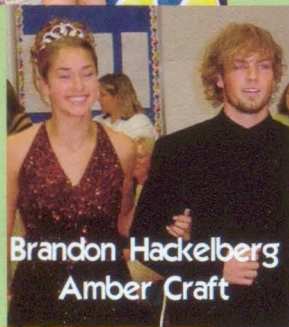
Nate Kilgore
Sara McConnell



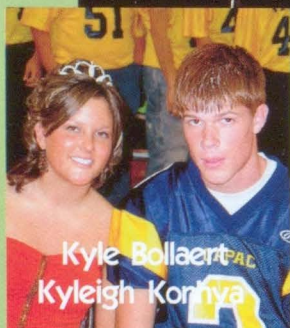
Mike Blackstock
Jacqueline Gressell



Kyle Palmateer
Amanda Vermyser



Brandon Hackelberg
Amber Craft



Kyle Bollaert
Kyleigh Kornya



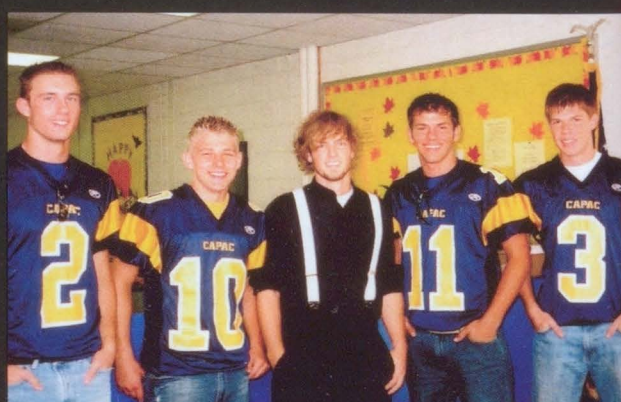
King

Queen

Brandon Hackelberg Sara McConnell



Above: Sara and Brandon share the traditional King and Queen dance.



Above: The Guys pose for the camera before the pep assembly.

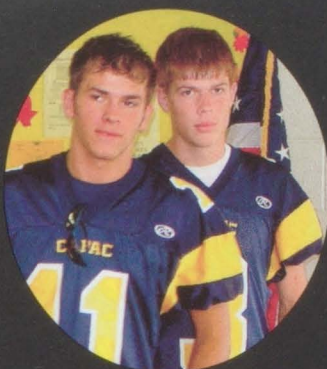


Brandon and Sara after being crowned Homecoming King and Queen





Brandon Hackelburg's bud Ben, shows off his excitement for his newly crowned friend.



Kyle Palmateer and Bollaert show their upmost excitement before the pep assembly.



Nate Kilgore and Sara McConnell stop for a quick shot during the Homecoming dance.



Amber Craft takes a pic with Jake Hoover at the dance.

Senior Royalty Float 2005



11th
Jackie Clark
CJ Leonard

10th
Marissa Moore
Chris Bruce

9th
Charlotte Clark
Darren Hunsucker

8th
Shelbi Santi
Josh Nemececk



Desperate SENIORS



The complete 2006 year



Maira Aguilar

"Experience is the most brutal of teachers." - Anonymous



Jacquelyn Barbier

"A day without laughter, is a day wasted." -Unknown



Michael Blackstock

"In order to succeed, your desire for success should be greater than your fear of failure." -Bill Cosby



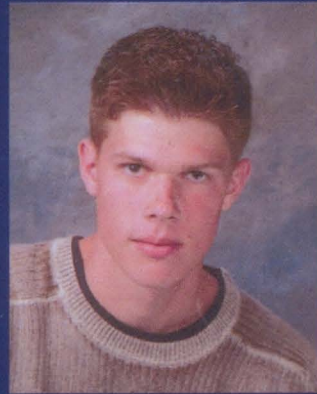
Shana Welch-Blanton

"I'm the realist person you'll meet. The ones that don't see that are the fake people." - Myself



Kimberly Bolday

"You have to have confidence in your abilities, and then be tough enough to follow through." - Rosalynn Carter



Kyle Bollert

"What doesn't kill you only makes you stronger." -Anonymous

Brandon David Bonkowski

"The sad part about the world is they only see what they want... missing out on true beauty." -Brandon Bonkowski

Chris Botvin

"You must go through the deepest valley to get to the highest peak." - Carson Palmer

Kristi Michelle Burk

"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." -Edward Everett Hale

Brittany Louise Burke

"The strongest and sweetest songs have yet to be sung." -Walt Whitman





Stephanie Garner

"Fate only takes you to a certain...then it's up to you to make things happen." -Unknown



Curt Chalabian

"To have what you do not have you must do what you have not done." -Miyamoto Musashi



Phillip Charles Chalabian

"You can't always get what you want but if you try sometimes you just might find that you get what you need." - Rolling Stones



Jennifer Charboneau

"You are not a collection of your deeds... you are perfect the way you are." -Michael Turnage



Renee Szarneki

"I know just enough to get in trouble, but not enough to leave it alone." -Hank Williams Jr.



Casey Decker



Raul Benette

"Even if we come out empty handed we'll still have our stories of battle scars, pirate ships, and wounded hearts, broken bones, and all the best of friendships." -The Ataris



Mary Dodes

"I did it. You said it wasn't possible. I told you and told you that I could. And I did."



Shannon Lynn Donnellon

"I'm interested in anything about revolt, disorder, chaos, especially activity that appears to have no meaning. It seems to be the road toward freedom."

-Jim Morrison





Kyle Picchini

"I avoid looking forward or backward, and try to keep looking upward." -Charlotte Bronte



Brandi Leigh Conner

"Laughter is timeless, imagination has no age and dreams are forever." -Unknown



Kendra Cook

"There are two paths you can go by, but in the long run, there's still time to change the road your on." -Stairway to Heaven- Led Zeppelin



Amber Lynn Craft

"Fear not the future, for it doesn't exist and never shall. There is only now." - Anonymous



Joey Daoust

"It's a moo point. It's like a cow's opinion. It just doesn't matter. It's moo." -Joey Tribbiani

Janette Eades

"Prepare your mind to receive the best that life has to offer." - Ernest Holmes

Tara Eberling

"If you jumped off a bridge a true friend would not follow, they would be at the bottom to catch you when you fall." -Tim McGraw

Hilary Ellis

" 'Why not' is a slogan for an interesting life." -Mason Cooley

Daniel Joseph Engelhardt

"Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved." -William Jennings





Melena Felbarth

"It takes strength to battle through adversity, guts to battle through pain, courage to battle through depression, and love to learn from all three."

-Mr. Sampson



Kayla Finn

"Never play leap frog with a unicorn." -Anonymous



Anita Flammigan

"Be yourself; no one can tell you your doing it wrong." -Anonymous



Matthew J. Godbold

"There is always light at the end of a tunnel... just make sure it is not a train." -Anonymous



Fuliana Guerrero

"Anger get's you in trouble and pride keeps you there." -Neil Simon



Lacey Gunn

"The older you get the more rules they are going to try and get you to follow. You just gotta keep on livin man! L-I-V-I-N! -Wooderson

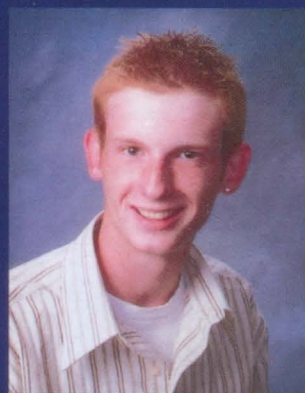
Brandon Hackett

"If you had known what I knew, you would know why." -Unknown

Ashlee Heilig

"It's in the palm of your hands...what will you do with it?" -Unknown

Dave Hernden





Brian R. Gado

"She thinks my tractor's sexy!" -
Kenny Chesney



Steve D. Graves

"Don't live regretting your past, take
every opportunity that comes your
way head on." -Steve Graves



Stephanie Gray

"Pray to the goddess. For she
protects us in every way." -
Anonymous



Jacqueline Rose Grasell

"It's not the mountain we conquer,
but ourselves." -Sir Edmund Hilary



Corey Guigar

Danielle E. Hockey

"You see things; and you say, 'Why?'
But I dream things that never were; and
I say 'Why not?' Hope is a waking
dream. - George Benard Shaw &
Aristotle

Jake Anthony Hoover

"To give anything less than your
best is to sacrifice the gift." -Steve
Prefontaine

Jacqueline L. Horan

"Try not. Do or do not." -Yoda

Sarah Jozlin

"We may not have it all together,
but together we have it all." -
Unknown





Amanda Ryan Kaltz

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." - Unknown



Brian Klein

"If it doesn't kill you it only makes you stronger." - Unknown



Erin Kluger

"I always prefer to believe the best of everybody. It saves so much trouble." - Rudyard Kipling



Olivia Patricia Kolaczynski

"For my part I know nothing without certainty, but the sight of the stars makes me dream." - Vincent VanGough



Derek Krauss

"Lot's of people know how to be successful, but very few know how to handle success! - Bunn Phillips NFL Coach



Ben Mackay

"It takes a coward to want power, but it takes a truly honorable person to give up their power." - Ben Makay



Jamie Lynn Martin

"Pick battles big enough to matter, small enough to win." - Jonathan Kozol



Jessica Leigh Martin

"Being deeply loved by someone gives you strength; loving someone deeply gives you courage." -Lao Tzu



Michael K. McFlellan

"First in, last out." -N.Y. Firefighter





Jessica Lynn Kolunovics

"Be nice to people on your way up because you meet them on your way down." - Jimmy Durante



Kate Koning

"If you look for the bad in mankind, expecting to find it, you surely will."
- Abraham Lincoln



Kyleigh Brooke Konyha

"Never regret. If it's good, it's wonderful. If it is not good, it is experience." - Victoria Holt



Amanda Elizabeth Koshak

"Where there is great love there are always miracles." - Willa Cather



Ashley Kruger

"We laugh until we had to cry. We loved until our last goodbye. One day we'll smile and recall, didn't we have it all." - Unknown

Sara McConnell

"In three words I can sum up everything I've learned about life: It goes on." - Robert Frost



Alysha McMann



Justin Todd McMann

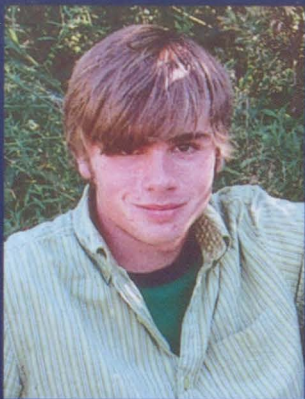
"Everyone is a genius at least once a year. The real geniuses simply have their bright ideas closer together." - George C. Lichtenberg



Kareyna L. Miller

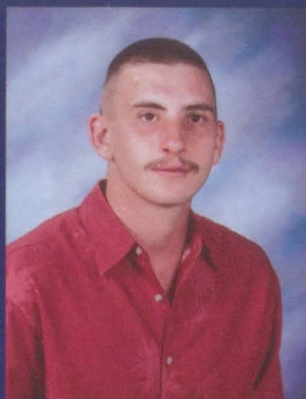
"A goal without a plan is just a wish." - Antoine de Saint Exupery





*Charles Francis Morgan
IV*

"I intend to live forever. So far so good." -Steven Wright



Neil Murray



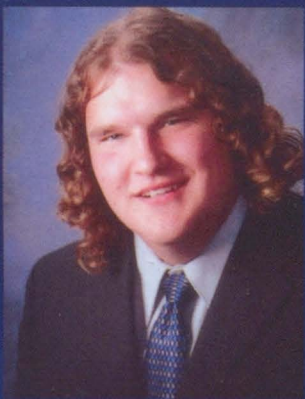
Shelby Marie Nahernak

"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."
- Anonymous



Kristin Naharodny

"You have the power to make someone's day, or even change their life. Choose your words wisely and think before you speak."
Me



Jon Ratuch

"Go ahead and follow your leader. I found a road that ends ten times sweeter." -Hugo Mcranny



Benjamin R. Pauli

"Sometimes you give the world the best you got, and you get kicked in the teeth. Give the world the best you got anyway." -Ted Nugent

Jeffery RA. Delc

"You never get a second chance at a first impression." -George N. Parks

Lee A. Peters

"As long as the mind can envision the fact that you can do something, you can do it- as long as you believe 100%." -Arnold Schwarzenegger

Jerrica Polain

"Second best is not an option." -Mrs. Ruhmann





Steve Orsen



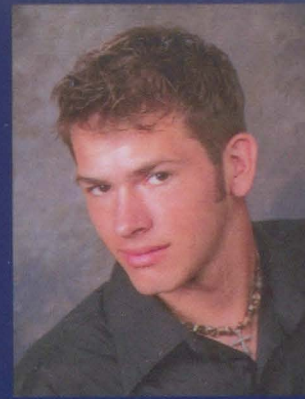
Anthony Ortenburg

"You take out what you put in."
-Anonymous



Justin Palmateer

"The things that you do are the
things that define you." -
Anonymous



Kyle Palmateer

"Character is what you do when no
one but God is watching." -Larry
Bird



Robert Patton

"Never go to bed mad, stay up and
fight." -Anonymous

Adam Porter

"In all labor is profit, but idle
chatter leads only to poverty."
Proverbs 14:23

Ryan Protusienics

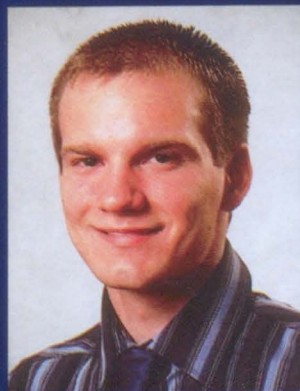
"The best way to destroy an enemy
is to make him a friend." -Abraham
Lincoln

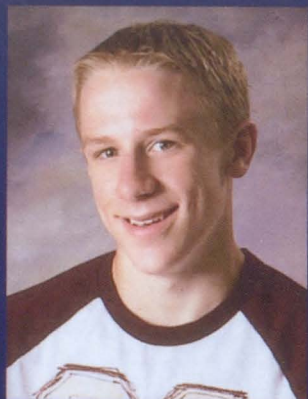
Matt Quinn

"What's life about? . . . Stuff."
- The Mighty Quinn

Dan Ray

"Once you've wrestled, everything
else in life becomes easy." - Dan
Cable





Michael Paul Roy

"Shut up- Put up- Go hard or go home."

-Jesse Brinkley



Andrew M. Skuratowicz

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." -Bob Dylan



Andrew Savicki

"I have not failed. I've just found 10,000 ways that don't work."

-Thomas Alva Edison



Ashley Sheldon

"If you know where you're going, you'll have a better chance of getting there." -Heather Joy



Stephanie Marie Smith

"It's not the size of the dog in the fight. It's the size of the fight in the dog."

Mark Twain



Brandon Stringer

"Mission Accomplished."

-George W. Bush

(Aboard the USS Abraham 2003)



Amanda Lynn Strunk

"After everything you taught me, and even when you caught me, I still knew you saw the best in me!"

-Kelly Clarkson



Theo Thomas

"You never lose by loving; you always lose by holding back."

Anonymous



Tria Tang

"The root of true achievement lie in the will to become the best that you can become."

-Harold Taylor

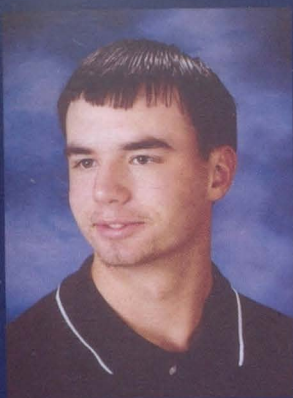


Amanda Weysser

"Life is not measured by the number of breaths we take, but by the moments that take our breath away."

Hitch





Derek Shutt



Gavin Smith

"A successful man is one who can lay a firm foundation with bricks others have thrown at him."
-David Brinkley



Kayla Smith

"Be yourself, everyone else is taken."
-Unknown



Jennifer Marie Smith

"Faces of old, faces of new, people we know, people we knew. Growing together then drifting apart, always an ending, now a new start." -Anonymous

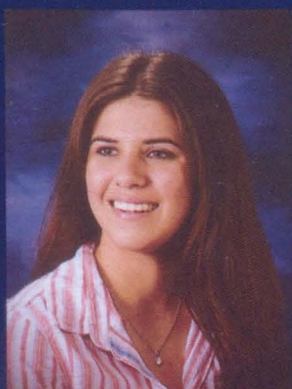


Keeley S. Stewart

"Keep true, never be ashamed of doing right; decide what you think is right and stick to it."
-George Eliot

Brittany Kay Walsh

"Life is not measured by the number of breaths we take, but by the moments that take our breath away." -Anonymous



Karl Waltzer

"Imagination is more important than knowledge." -Albert Einstein



Kimberly Ann Wisenbaugh

"If everyone was doing everything perfect, everyone would be doing nothing." - Ruth Kark



Kristin Ziats

"Live your life as if it were your last day." - Anonymous



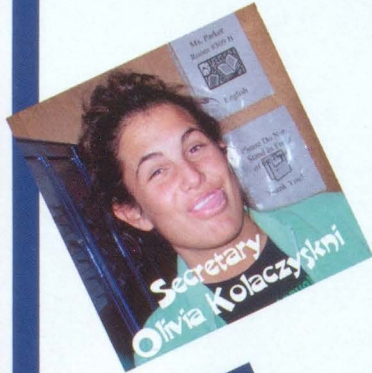


Advisor
Mrs. Bennett

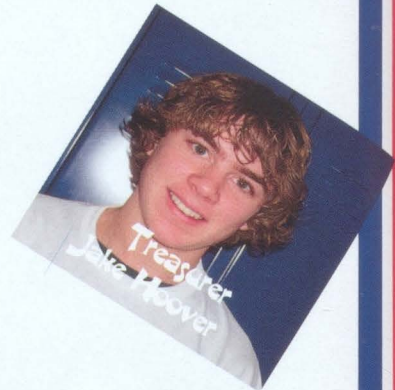


Advisor
Mrs. osentoski

President
Brandon Bonkowski



Secretary
Olivia Kolaczynski



Treasurer
Jake Hoover



V.P.
Mada Strunk



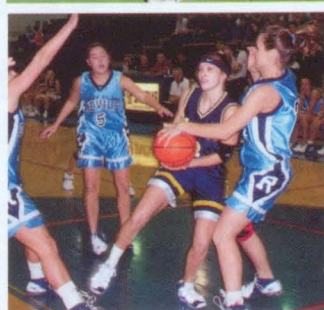
St. Council Rep
Jamie Martin

I WANT YOU
FOR THE SENIOR
CLASS GOVERNMENT

Nathan
Kilgore

Bryan
Sivec

Senior Athletes





Make A Difference Day: Ashley Kruger, Sara McConnell, Daniel Englehardt, Kim Wisenbaugh, Jeffrey Pelc, Brandon Stringer, and Amber Craft helped out the community by raking leaves.

Things to Remember From Senior Year



Sara Wrapping Bandits

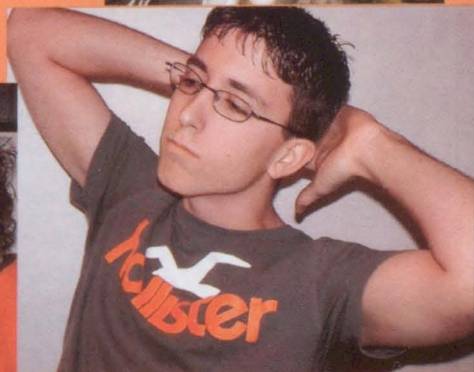
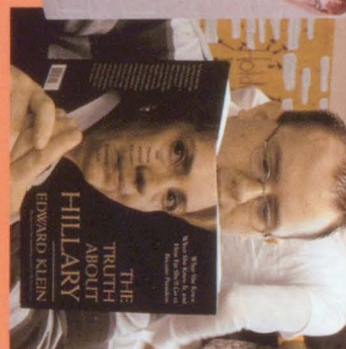


Ashley Kruger, Brandon Stringer and Sara McConnell take time out of their

32 hectic schedules to do a little damage in the parking lots.



**"Someday, we'll all look back on this and laugh. Ha ha!" -
Bruce Campbell**

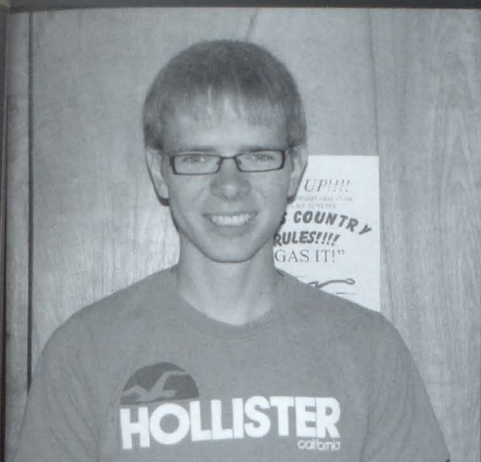


CONGRATS CLASS OF



Foreign Exchange Students

"The New Kids on the Block"



Knud Neilson

The best part of being an exchange student is that you meet a lot of new friends and learn not only about another culture, but also how the world looks from a different point of view. I have learned a lot by living with a host family that is so different from my own family. They have taught me a lot of stuff that I couldn't have learned in a school.



Nadine Umstaetter

Her new favorite food is PEANUT BUTTER! Peanut butter ice cream, peanut butter cups, peanut butter with bananas, peanut butter toast, peanut butter bagel, peanut butter pancakes, peanut butter ice cream cake, peanut butter and toast, and REESESES!! But I also liked spaghetti days in school, nothing special but still delicious. Another guilty pleasure of mine are Oreo cookies and brownies!



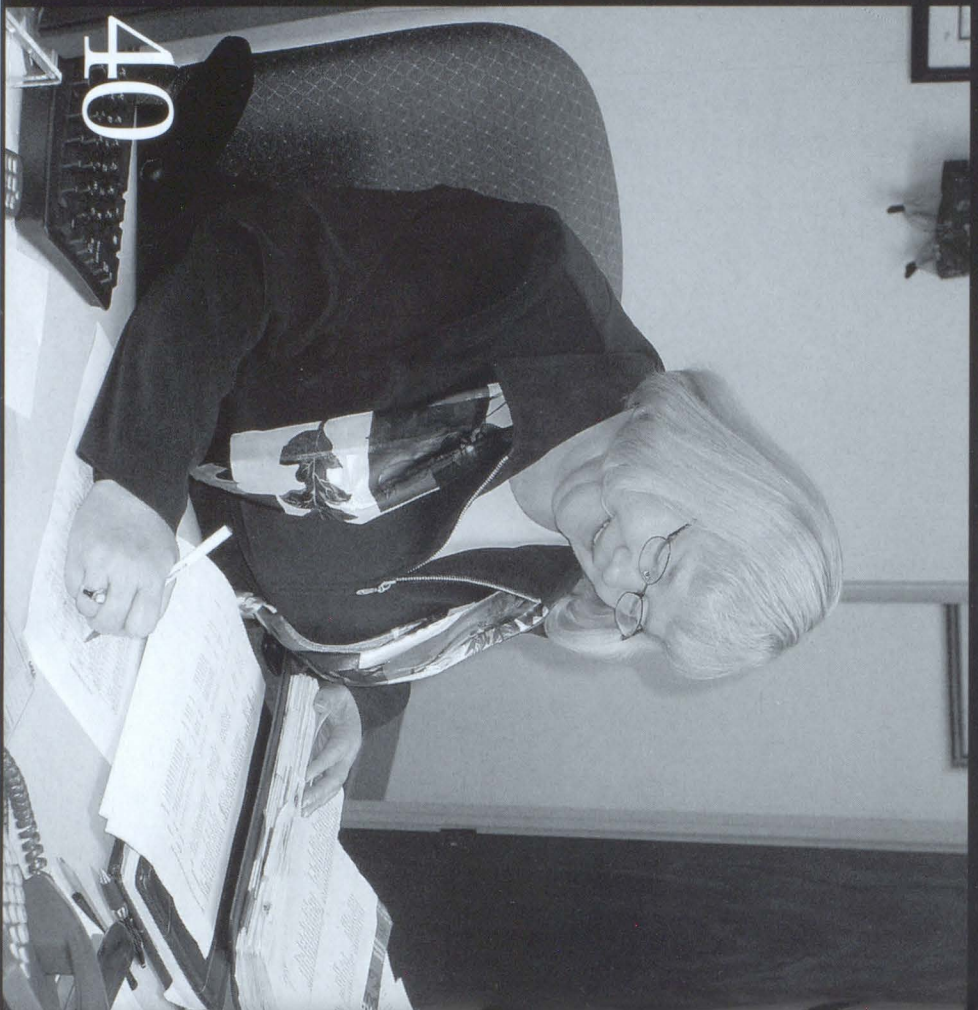
Adrian Steffan

The thing I will miss most about being in America is the American people because they are mostly kind, helpful, and courteous. Most of them became my friends. I'm having a great time with them. It will be hard to leave them, almost as hard as it was to leave my friends in Germany, where I am from. I hope I will be able to stay in contact with them for the rest of my life and that there will be a chance to visit Capax again.



Academic Divider

"If you stand for nothing, then you'll fall for anything." Thomas Jefferson



36

The staff and students of Capac are all working together to learn, but also have fun doing it. We are all A's Academics, Activities, Arts and Athletics. Mr. Lengemann is in front of his class demonstrating a project the students have to do. Courtney Biggs is in deep thought in Algebra II class.

38

36-37 CLASS TIME

38-39 TEC

40-41 CENTRAL OFFICE &
OFFICE ADMN.42-43 SPECIAL SERVICES
& TEACHER AIDES44-45 BUS RIDES & MEDIA
CENTER

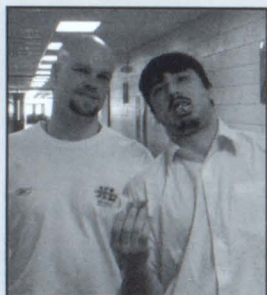
46-47 STAFF & FACULTY

46

37



Above: Aaron Dickens tries his best to impersonate "The Amazing Spiderman" by suspending himself in the middle of a hallway.



Above: Coach Forti shows off his new haircut while Primus Bugar enjoys a donut in honor of "Fat Tuesday".



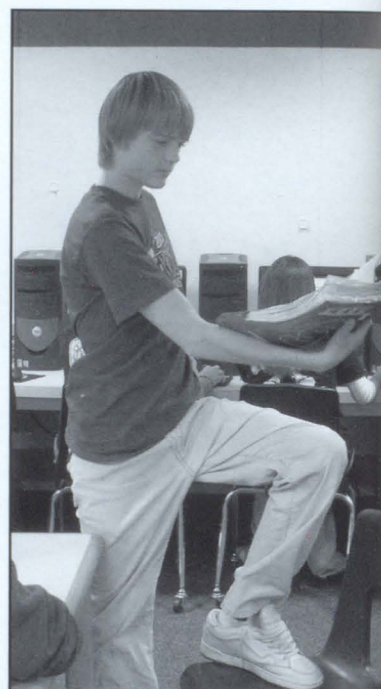
Above: Mike Blackstock slowly slips into a day-dream about being the world's greatest super-hero while Ms. Fionda discusses the class novel.



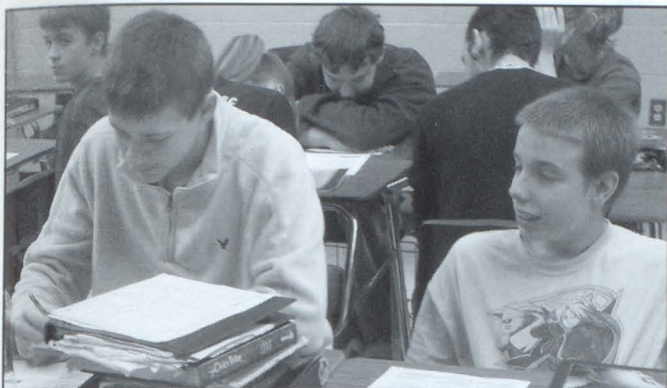
Class Time



Above: Jake Hoover takes time out of his day to relax on the school's heater and warm up after a long hard session of Spanish IV. **Right:** Josh Murphy strikes a regal pose for his classmates while studying for his CP English 11 class. **Below:** Students in Mr. Schneider's 8th Grade gym class compete in a high stakes game of floor hockey.

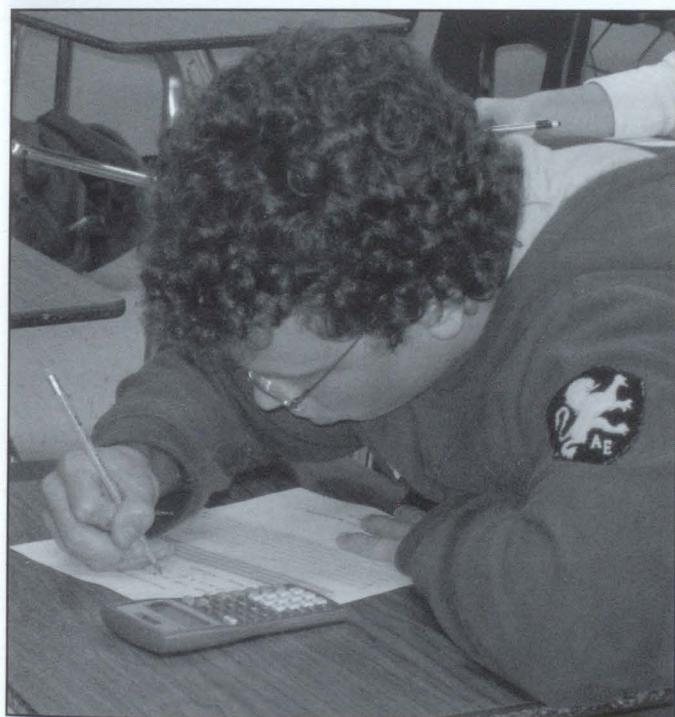


Above: Phong Her barely breaks a sweat hoisting 95 pounds to his shoulders working out in his early morning Adv. P.E. class. **Left:** Elizabeth Brownlie exhausts all of her resources to write the best research paper that Mr. Sampson's CP English 11 class has ever seen.

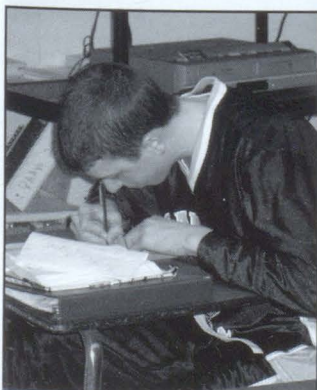


Above: John Richards and Andy Waggoner work together on their "8 Parts of Speech" crossword puzzle.

Right: Sara McConnell shows the determination it takes to be a photojournalist while putting together her photoessay.



Above: Phil Chalabian gazes into the calculator hoping it will unveil the deep complexities of mathematics to him so he can ace his exam.



Left: Karl Hummel racks his brain in an attempt to figure out the answers on his math homework, enabling him to concentrate on his game during basketball practice without worrying about his studies.

What do you like to do most during class?



Kelly Frost - 8th Grade

She enjoys doing homework with her friends and "talking with all of them on her cell phone."



Hannah Bosch - Freshman

She gets a kick out of Geography/Civics class because she enjoys "hanging out with [her] friends and goofing around in class."



Alyssa Miller - Sophomore

She takes joy in "causing trouble, and disrupting the learning process of [her] classmates" because she is a liberal instigator.



Carl Leonard - Junior

He often finds himself "beat[ing] up Mike Hull with a light saber", a past time that he loves wholeheartedly.



Jon Paluch - Senior

He says that there is nothing quite like "talking about the latest south bridge architecture" while he is supposed to be learning.

TEC



Senior TEC Bus

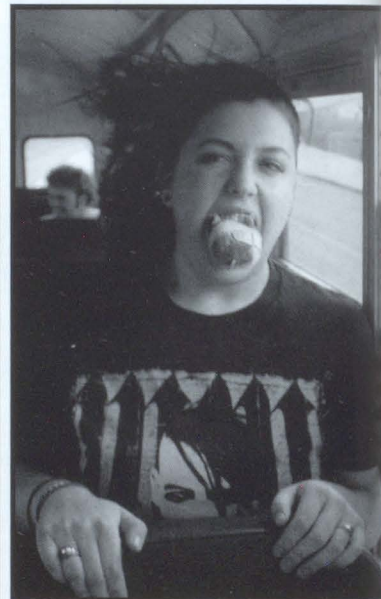
Below: Alex Mosely, Brian Godo, Jen Sirovey, Jon Paulch, and Jackee Barbier having loads of fun on the way to TEC.

Right: Kendra Cook feels the wind in her hair on the way to TEC. She can't wait to show everyone her new pet mouse.



"I love messing with bootstrap loaders, it's the best part of TEC."

- Jon Paluch
Senior



"The best thing about TEC is that I was able to get a job."

-Tony Ortenburg
Senior



Left: Joey Klocke reading the instructions for the next steps of his welding project.

Above: Keeley Stewart and Stephanie Smith patrolling outside of TEC for her public safety class.



CLASS TIME

Above: Jessica Gundlach and her buddy from her Health Course.

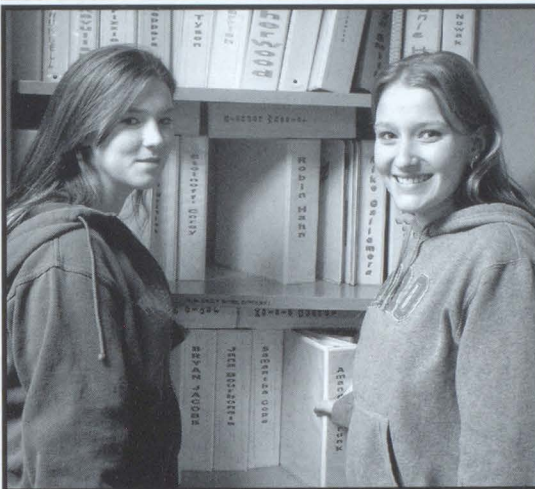
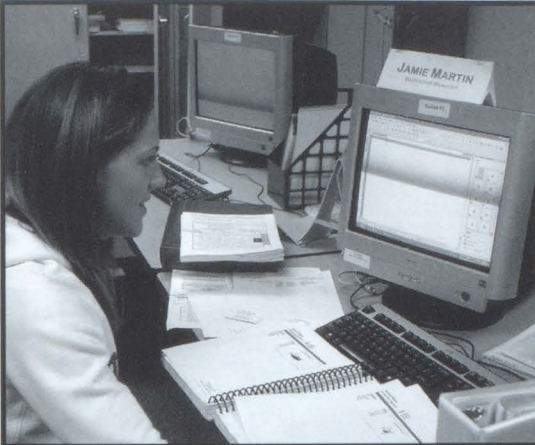
Above Right: Jamie Martin bombarded with her business jobs sheets.

Right: Kelsie Quandt and Amanda Strunk grab their binders for BMA class.

Far Right: Mike Roy working hard in welding class.

Below Right: Robert Patton, Justin Palmateer, Stephanie Smith, and Keeley Stewart taking a break from their hard day of police work and public safety.

Below: Jon Paluch and Zack Parker work on computers in their information technology class.

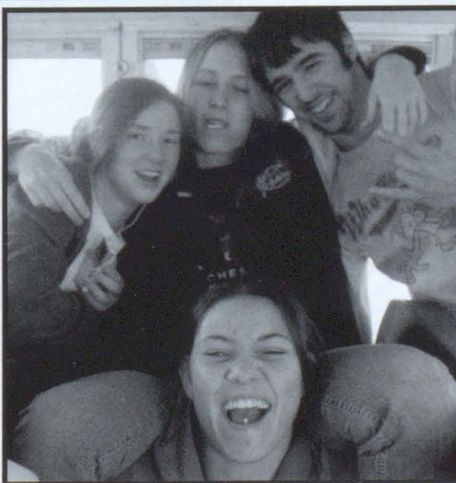
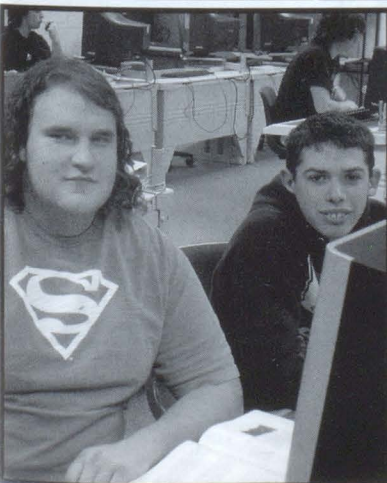


Below: Amanda Strunk, Amanda Kaltz, Jamie Martin, and Kelsie Quandt take a break from their business, management, and administration course.



Above: Jennifer Sirovey advertising the t-shirt that someone will win for donating blood.

Left: Kelsie Quandt, Amanda Kaltz, Adriano Bonfiglio, and Stephanie Smith fooling around on the TEC bus.



CENTRAL OFFICE



Mrs. Stier - Internal
Accountant



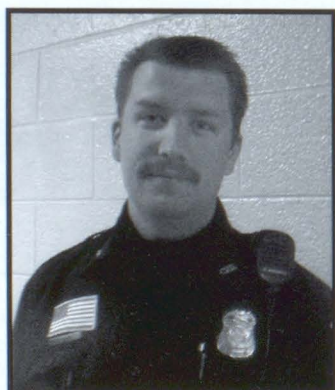
Mrs. Kathy Lewis -
Business Office



Above: All the ladies in the Central Office.



Mrs. Deb Lewis - Business
Manager



Officer Doan



Mr. Jennex our Superintendent

What their job is...



Mrs. Sonner

Superintendent Secretary



Mrs. Cavelry

Curriculum Director



Mrs. Coon

Payroll

C.H.S. ADMINISTRATION



Mr. Mineau - 11th-12th
grade Counselor



Mrs. Hutchinson - 9th-
10th grade Counselor



Mr. Vandemark - Athletic
Director



Ms. Kish - Assistant
Principal



Above: Mrs. Peak, Mrs. Malburg and Mrs. Palmateer
the cutest Office Secretaries.



Mr. Mrozinski - Principal

What their job is...



Mrs. Malburg

Attendance Secretary/ AD Sec.



Mrs. Palmateer

Office Manager



Mrs. Peak

Secretary

How do *Special Services* contribute to CHS?

Mrs. Emmons: "We keep your energy up so you can perform in athletics."



Mrs. Niemi: "We are the nutritional building blocks of today's youth."



Mrs. Allen: "I start your day off right with a healthy breakfast."



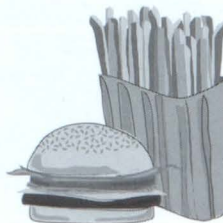
Mrs. Steece: "I try to make something that everyone will like, but it is hard to please everybody."



Mrs. Thacker: "You wouldn't eat lunch without us."



Keep on Cookin'!



Right: Mrs. Thacker prepares for lunches at "Sandwich Central."

Below: Megan fills the plastic ware containers for the kids at lunch.



Above: Mrs. Allen and Mrs. Steece are busy wrapping chicken patties for lunch.

Right: Lelia Dudley washes dishes inbetween lunches for her fellow students.





Left: Steve Owsen- Mr. Muldoon's 5th hour aide and John Paulch- Mr. Sampson's 2nd hour aide. Doesn't John look good in the new teacher aide pass.

Below: Amanda Koshak is being yelled at by Mr. Sampson for skipping out on her work once again.



What is being a *Teacher's Aide* all about?



Karl Hummel- Mr. Lengemann's 1st hour Aide: "It's all about making sure Mr. Lengemann's lunch gets into the refridgerator."



Danielle Scott- Mr. Vangel's 5th hour Aide: "It's all about getting an easy A in a class. How can you pass that up?"



Nate Kilgore- Mr. Schneider's 5th hour Aide: "It's about being able to go in the weight room and show off my massive muscles."



Lindsey Victor- Mrs. Hutchinson's 4th hour Aide: "It's all about sitting in the chairs in the office and doing nothing, except flirting."



Brandon Stringer- Mrs. Gillespie's 5th hour Aide: "It's about being able to help teachers out becuase I know they are very busy."

Above: Josh Murphy and Melena Felbarth help out Jake Hoover, another office aide, with some heavy lifting.

Left: Renee Czarnecki is Mrs. Osentoski's 2nd hour aide and Kayla Finn who is Mr. Mineau's aide 2nd hour in the office. Both of them are chilling in the office because they have nothing to do.



Bus Rides

What's your favorite part about being a bus driver?

Gladys Burlison

Right: "I love working with the kids because it makes me feel young."



Cheryl Martin

Left: "I enjoy being a bus driver because I have the same route every year and I get to see the kids grow up."



Ann Failer

Right: "I love driving a bus because the high schoolers are fun to be around and always make me laugh."



What is the funniest thing that happened on your bus?

EMILY

SCHWARTZKOPF

When we found green underwear on a seat in the bus.



JESSICA BOSTIAN

When the bus was stopping and this kid went running to get off and he went sliding down the aisle after he tripped.



AARON SAWICKI

When a kid was walking down the aisle and his brother tripped him and he fell flat on his face.



SAM KAUFMAN

When the bus was really loud so the bus driver stopped in the middle of the road for like 5 minutes until we were quiet.



Left:

Ashley Ferret punching Cassie Ferret on the bus.



Media Center



MIKE RILEY

I like reading the books in the library and it's a quiet environment to do homework.

AARON RANSOM AND STACEY CHARBENEAU

We love being able to come in the library and work on the computers for homework



REBECCA CRANE

I love coming in the library it is a quiet environment to read and do homework.

LEE PETERS

My favorite part in the library is the helpful librarians.



What is your favorite part about the Media Center?



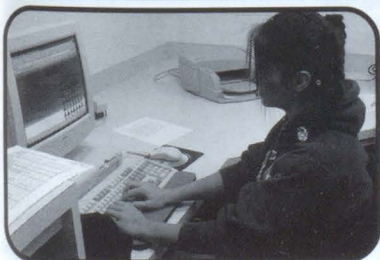
Linda Prendergast, Librarian

Left: "I love to work with the kids who enjoy reading."

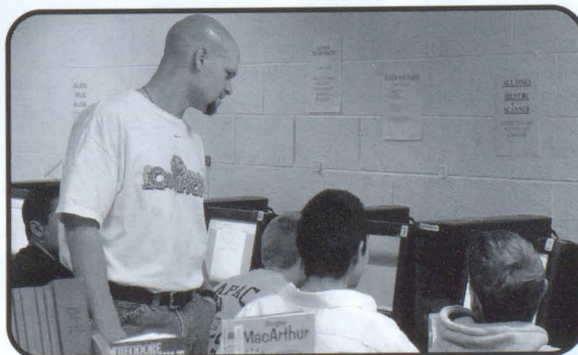


Wanda Behnke, Librarian

Left: "I get to work at all the schools so I get to watch the kids grow, and I love that."



Above Left: Sam Kaufman working on a project in the library. **Above Right:** Jessica Teslek intensely reading her book. **Right.** Mr. Forti with his Life Management class in the library.



Staff and Faculty

What is the most positive quality of Capac High School students?



Mrs. Sulkowski Math Teacher: I think the most positive quality of the students at Capac High School is their willingness to help others.



Miss Fionda English Teacher: I think the most positive quality of our students is that they are kind to one another and always willing to help others out.



Mr. VanLoon History teacher: I think the most positive quality of Capac students is their desire to work hard and succeed.

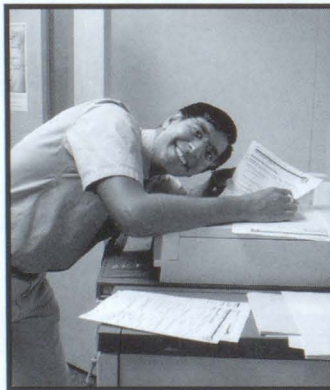


Mrs. Gillespie Geography Teacher: I feel the most positive quality of Capac High school students is their compassion and concern for other students.

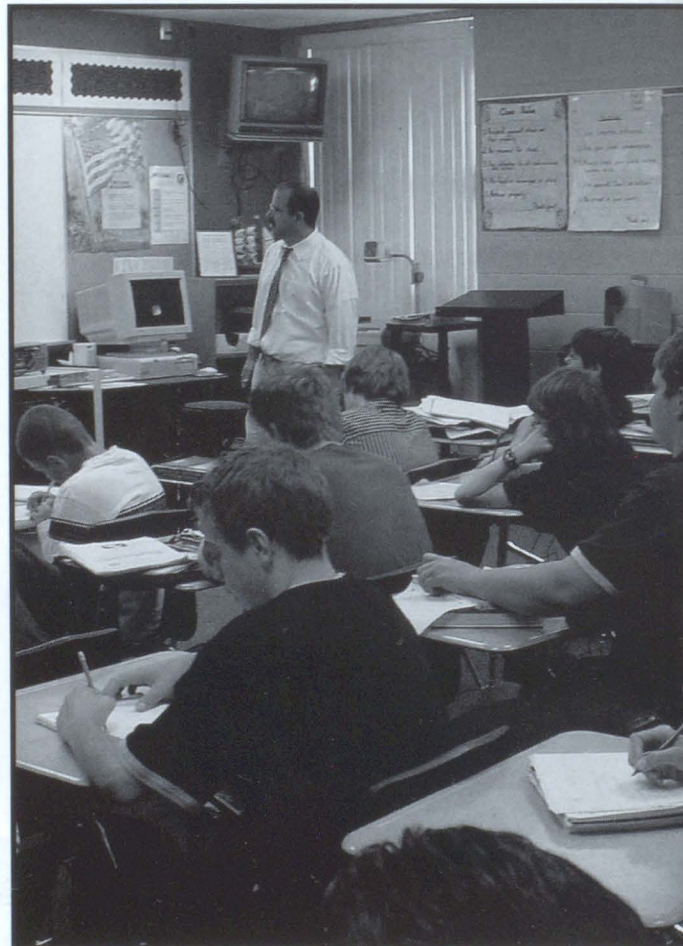


Above: Mrs. Laing, Jacob Richey and Olivia Kolaczynski are having a blast in art class.

Right: Mr Cutler loves his copier.



Left: Mr. Ray is having fun during his prep hour.



Right: Mr. Vangel's class listens intently as he explains their lesson.

"Only the educated are free" -Epictetus



Allen, Carol
Amstutz, Lorraine
Anspaugh, Roger
Balla, Tammie
Behnke, Wanda
Bennett, Jessica
Caughel, Lori

Christensen, Wendy
Cutler, Chris
Failer, Ann
Fionda, Lena
Forti, John
Fox, Steve
Fuller, Rand

Gillespie, Pam
Hamilton, Marsha
Hitchcock, Mike
Huss, Chris
Hutchinson, Melissa
Joy, Heather
Kish, Kathy

Kluger, Denise
Kurelich, Kathy
Kotermanski, Chistine
Laing, Sarah
Lengemann, Bill
Leonard, Denise
Lloyd, Paula

Malburg, Coreena
Manney, Tom
Martin, Cheryl
Mawer, Angel
Miller, Ben
Mineau, David
Morris, Sheryl

Mrozinski, Mike
Muldoon, Tim
Niemi, Kristal
Osentoski, Leigh
Prendergast, Linda
Palmateer, Denise
Parker, Stacy

Pouliot, Sue
Pike, Nadine
Ray, William
Roehring, Gerred
Sampson, Steve
Schneider, Troy
Shurat, Janette

Stoldt, Tracy
Sulkowski, Rachael
Thacker, Beth
Vangel, Ryan
VanLoon, Dan
Watt, Paul
Winiarski, Teresa

Inspiration to Students



Ms. Palmateer: The kids can be charming, funny and wise, as well as silly and frustrating. You've got to love them.



Ms. Malburg: The students of Capac High are great, respectful, and courteous.



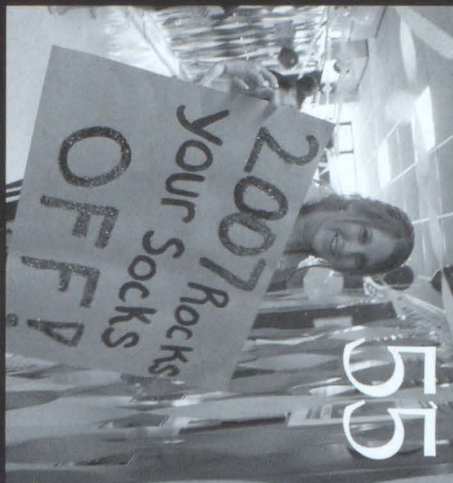
Peak: The students at Capac High School are awesome.



Athletic director Arnie VandeMark: Athletics taught us to always put our team first and to push ourselves both mentally and physically for what ever adversity might come our way.

UNDERGRAD DIVIDER

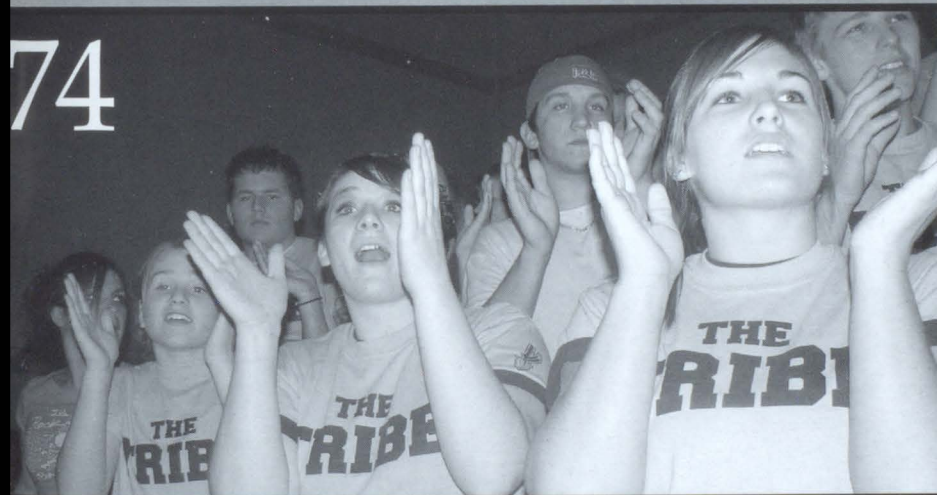
"Any fact facing us is not as important as our attitude toward it, for that determines our success or failure."





62

The 2005-2006 school year may have seemed long, but the memories that filled the days will forever be cherished. In the eyes of a Junior, they will be challenged with becoming a Senior, and in the eyes of an 8th grader this year started them off on either the right or wrong foot for the rest of their high school years.



74



50



56

50-55 Junior Mugs

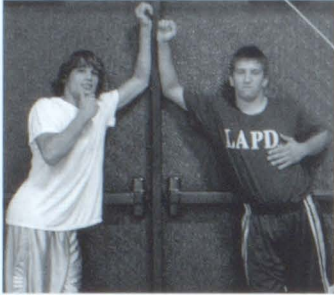
56-61 Sophomore Mugs

62-67 Freshman Mugs

68-73 8th Grade Mugs

74-75 Undergrad Collage

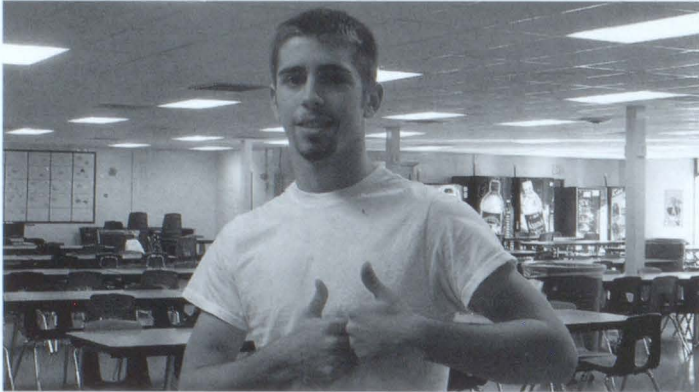
Juniors Class of 2007



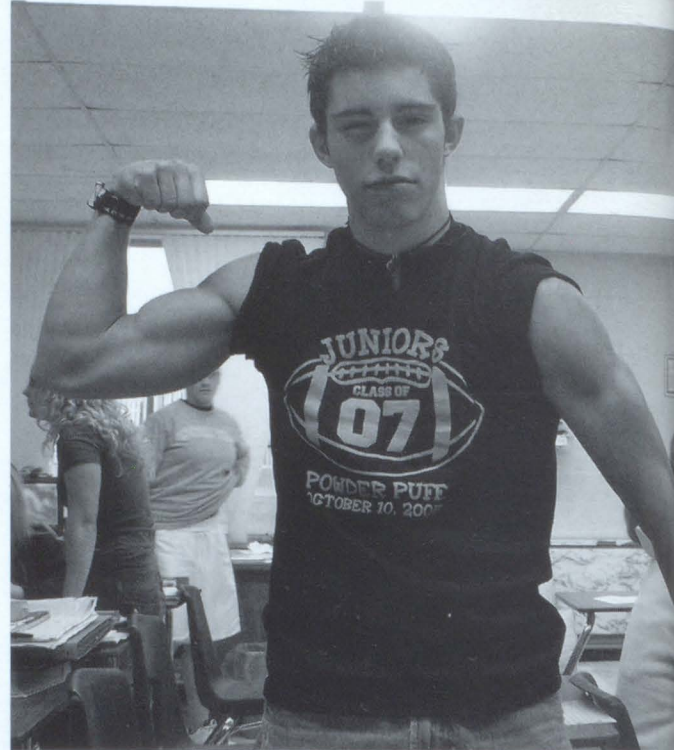
Above: Matt Walker and Brian Pietrzak are showing their girly side.



Above: Katie Hlubic is chillin with her homies.

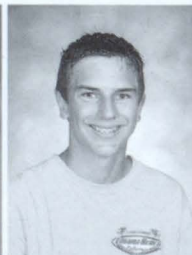


Above: Levi Spalding is giving the camera a two thumbs up for the wonderful yearbook staff.

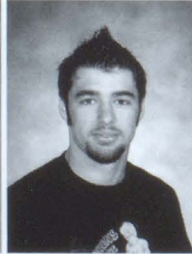


Above: Jake Nemecek is showing off his sexy muscles to everyone who will look.

Tiffany Aguinaga
Matthew Anglebrandt
Michael Bainbridge
Jason Barkley
Chelsea Bednarski
Jessica Blackstock



Jessica Boggess
Christina Bolda
Adiano Bonfiglio
Patrick Braun
Alan Browning
Elizabeth Brownlie



Melissa Bullock
Michael Burkel
Christopher Burns
Wade Burns
Joseph Camire
Thomas Carter





Khristyna Catalina
Raymond Caughel
Jessica Chambe
Stacey Charbeneau
Jennifer Chetosky
Jacqueline Clark

Ashleigh Colwell
Samantha Compton
Rebecca Crane
Jaclyn Decker
Anthony Delorenzo
Jazmin Diaz

Aaron Dickens
Chelse Edgerton
Samantha Folan
Bryan Forton
Kristy Frantz
Joseph Furby

Justin Gides
Steven Gilbert
Matthew Glombowski
Amanda Gonzalez
Jessica Gundlach
James Hansen

Kong Her
Kylie Hill
Katie Hlubic
Michael Hull
Karl Hummel
Maureen Hunter

Amber Jacques
Robert Johnson
Jeffrey Judd
Michael Justice
Michael Kammerer
Shawn Kavanagh

Nicholas Kegler
Amanda Kenny
Joseph Klocke
Anthony Klug
Andrea Kluger
Felicia Knop

Katelynd Koning
John Kotermanski
Kaitlyn Kowalewski
Leif Kowalewski
Scott Kulman
Amy Lauwers



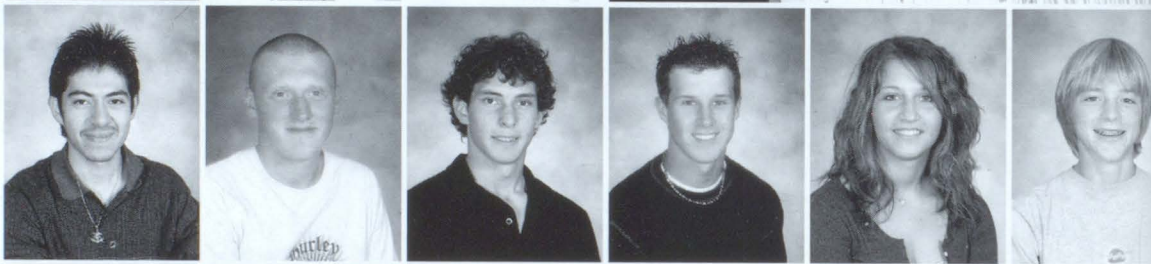
Todd Lawrence
Lacey Lemier
Carl Leonard
Christina Lockhart
Trisha Makurof
Candice Marshall



John Marth
Abby McConnell
Jessica Mcmann
Jessica Medrano
Stephen Meharg
David Moore



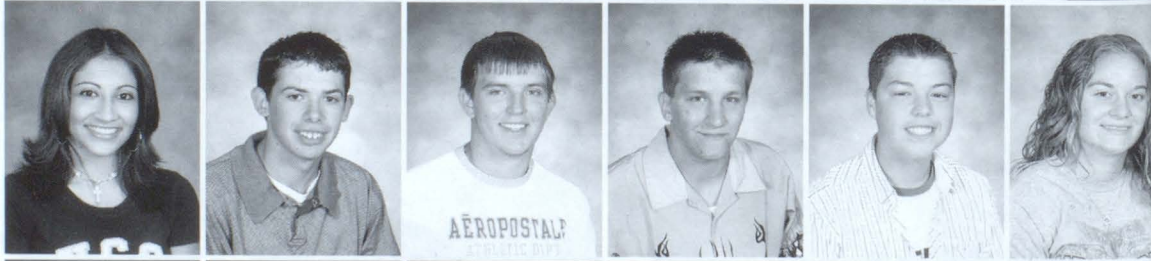
Juan Morales
Tyler Morley
Alex Moseley
Duane Mousseau
Katie Mowery
Joshua Murphy



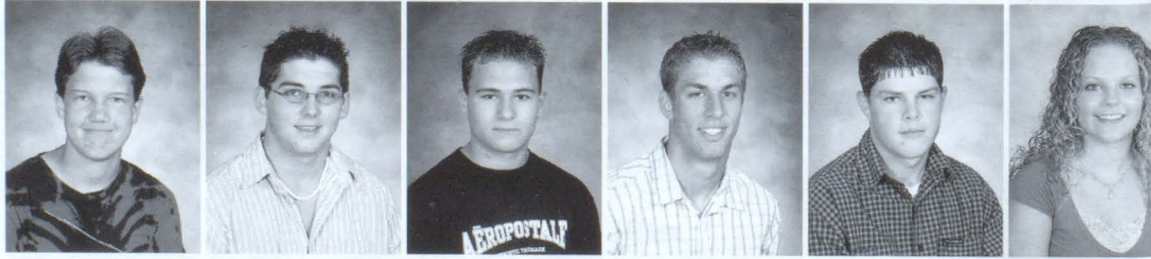
Benjamin Nelson
Jacob Nemecek
Therese O'Brien
Danielle Osentoski
Samantha Owsen
Elfrieda Pack

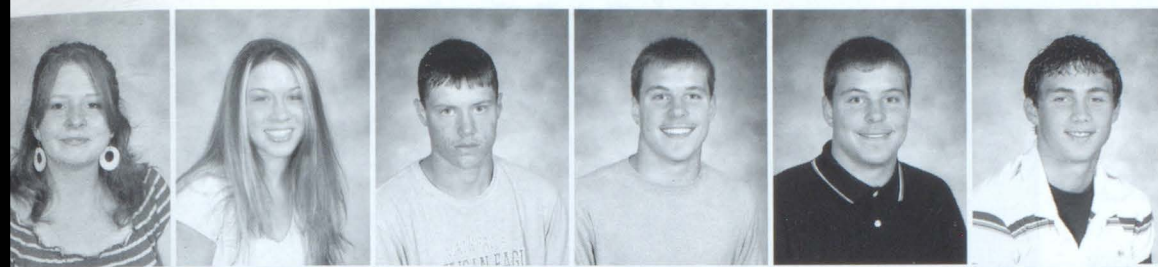


Jessica Padilla
Zachary Parker
Blaise Pewinski
Brian Pietrzak
George Pittenturf
Heather Porter



James Pouliot
Wesley Randall
Aaron Ransom
Jacob Rawlins
Robert Ringle
Carisa Rinke





Deborah Rybicki
Claudia Saccoia
Christopher Sarnowski
Brian Sass
Christopher Sass
Andrew Schrader



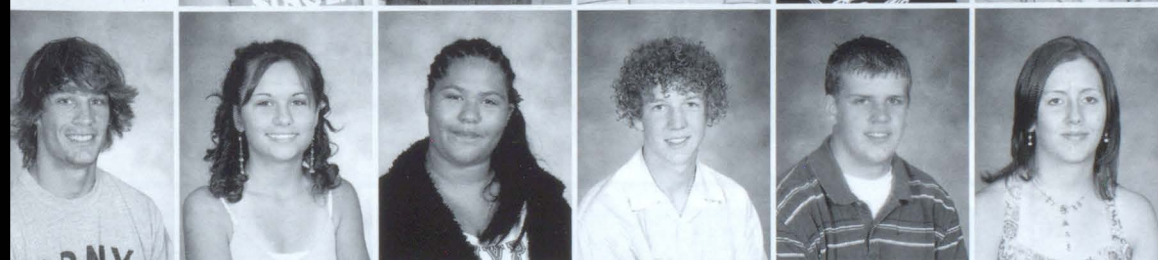
Ashley Scott
Deanna Shpilia
Timothy Shurat
Jessica Siewert
Christopher Simms
Shane Sinda



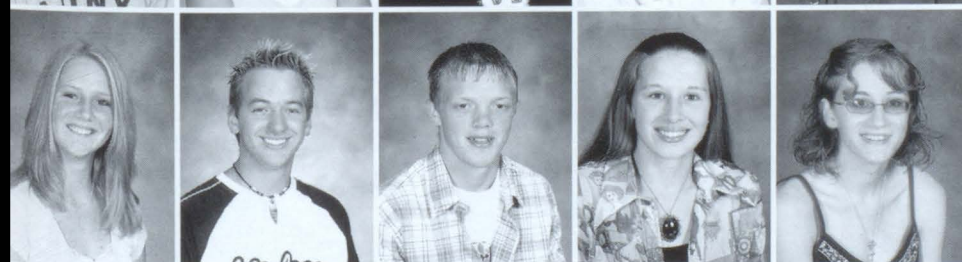
Jennifer Sirovey
Kimberly Smith
Scott Smith
Levi Spalding
Stephen Spencer
Shane Stroup



Hannah Thornhill
Amanda Tobian
Jennifer Tyckowski
Chelsea Urbanek
Marcel Vandam
Lindsey Victor



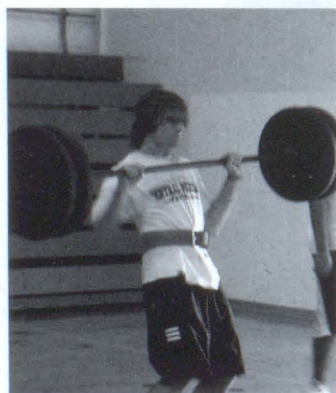
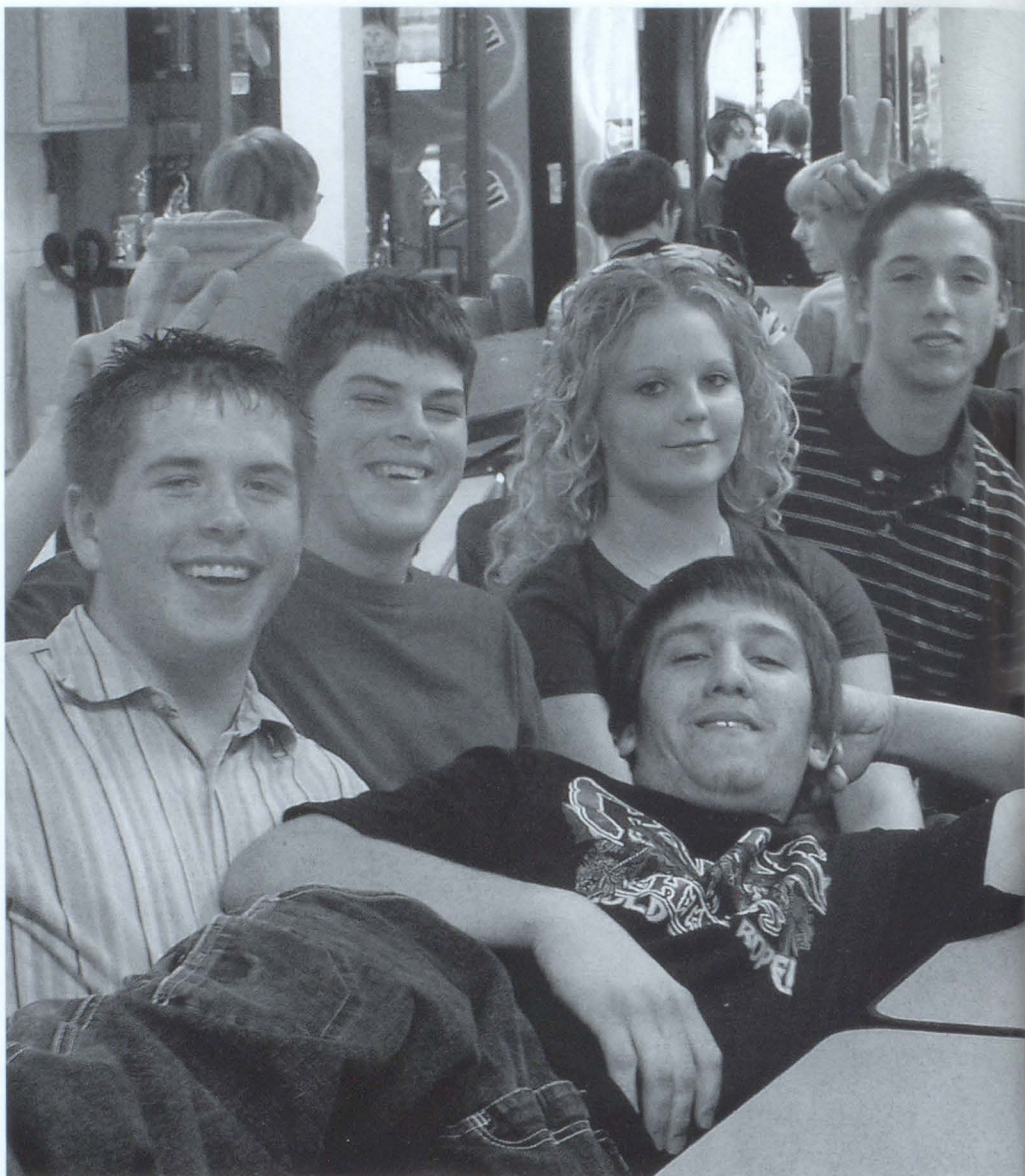
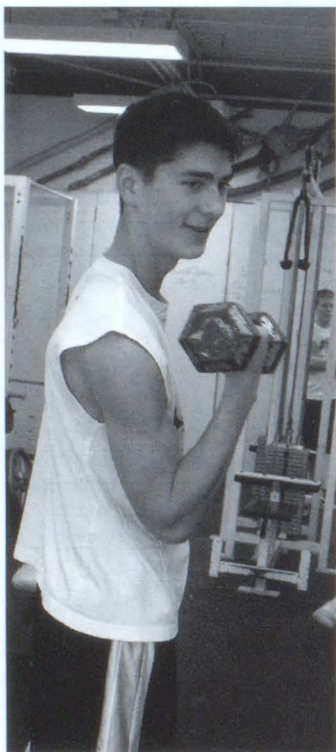
Matthew Walker
Amanda Watson
Dawn Wcislo
Steven Welch
Sean Wendt
Kristie Wheeler



April Wilcox
Andrew Williams
Franklin Williamson
Cortney Wojcik
Sarah Zak

Right: Carisa Rinke, Robbie Ringle, Leif Kowelewski, Nick Kegler and Brian Pietrzak are lounging comfortably, and hanging out in the cafeteria during "B" lunch.

Below: Shane Sinda is pumping some iron, trying to get huge muscles, during Advanced Physical Education. By the looks of it, he doesn't have much farther to go.



Above: Matt Walker is showing how easy it really is to lift those heavy weights. It doesn't even look like he is breaking a sweat. I think he might be setting a new record.

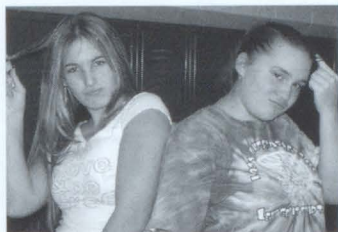


Above: Tim Shurat is letting Adi Bonfiglio know that he is the boss and if things don't go the way he wants them to go, things are going to get bad.

JUNIORS

Left: David Moore and Karl Hummel are sitting against the wall waiting for their turn to play basketball during "B" lunch.

Below: Katie Hlubic and Amanda Gonzalez show off their bad attitude in the glory days of their Junior year!



Juniors

Class Government Class of 2007

President: Chris Mousseau
"I'm glad to be a part of this class because we work really hard."

Vice President: Jessica Gundlach
"Our class has a great attitude and I'm glad to be the Vice President."

Secretary: Kylie Hill
"It is such an honor to be the secretary of such a wonderful class."

Treasurer: Michael Hull
"This class never accepts nothing but the best."

Advisors: Mrs. Hutchinson and Mrs. Malburg
"This is a great class and they work hard all year long."

Above: Aaron Ransom is excited that he got all his homework done so he doesn't have to take any of it home with him. Now he can go watch the football game.

Left: Jake Nemecek is hiding in the garbage can so he doesn't have to go back to class. Little does he know, he is going to stink like garbage for the rest of the day! And he wonders why nobody wants to be by him.

Super Sophomores



Above: Sydney Bowser dishing out a peace sign.



Above: Joe Frazier and Falecia Trendy showing their love.

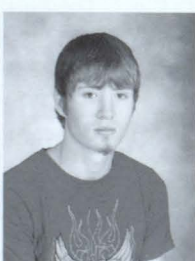


Above: Chris Bruce, Ruben Nino, Anthony Theel, and Billy Ogden showing how light Andrew Bollaert is during lunch.



Above: Megan Spencer, Lauren Pelc, Brittany Friendenstab and Courtney Biggs smiling big at "B" lunch

Michael Aguinaga
Katherine Allemon
Samantha Batchelder
Kevin Bearce
Jaimie Beischer
David Berlin



John Blake
Brandy Bly
Andrew Bollaert
Eric Bollaert
Kevin Bollaert
Angelina Bonino



Zachary Boseak
Paul Bourgeois
Carlee Bowerson
Nichole Boyd
Kayla Bringard
Alexis Brovage





Christopher Bruce
Thomas Brys
Ashly Burk
Kenneth Burk
Anthony Burkel
Nicole Burton



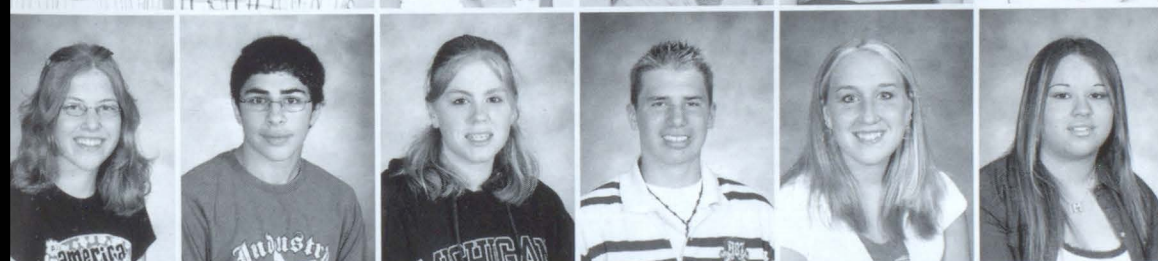
Jonathon Carroll
Nathan Carver
Kimberly Collins
Nicole Cook
Justin Craft
Anna Cyrus



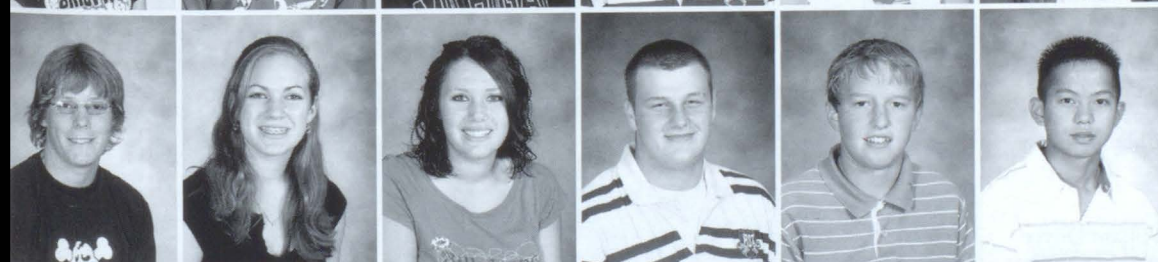
Niles Czekiel
Kristen Dewitte
Samuel Dodes
Sarah Dove
Chad Dudley
Ashley Early



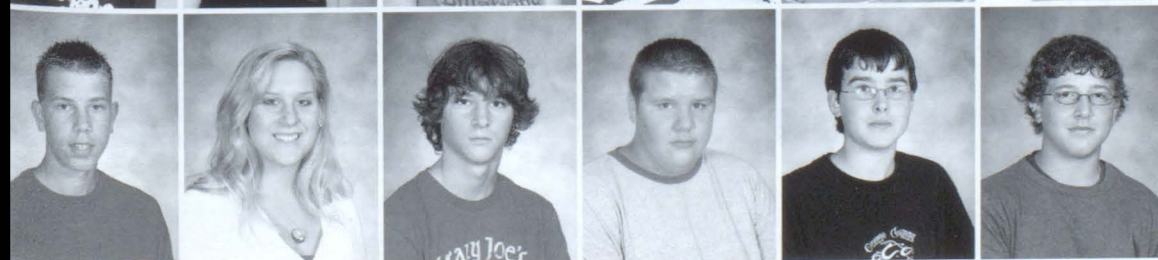
Sarah Ensley
Andrew Erikson
Veronica Ezyk
Michelle Failer
Courtney Ferdinande
Ashley Ferrett



Cassandra Ferrett
Jesse Fielitz
Tiffany Foster
Joseph Frazier
Brittany Friedenstab
Maria Gonzalez

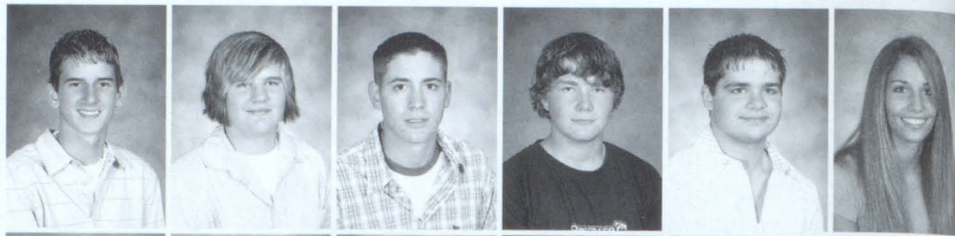


Corey Green
Mackenzie Hackelberg
Sharleen Hagel
Joseph Harvey
Brandon Heiden
Phong Her



Jacob Hill
Megan Hoeft
Michael Hoeft
Ryan Holmes
Leland Horan
Anthony Hoskey

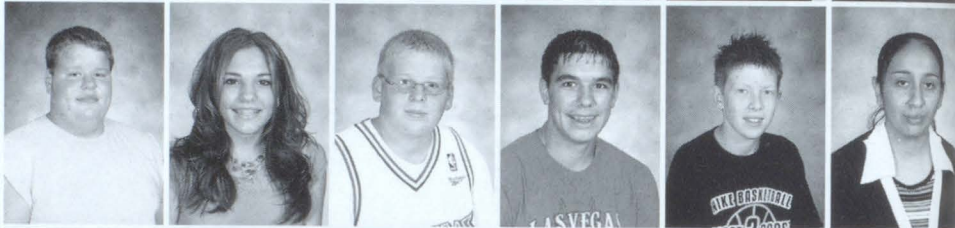
Gregg Hulett
Brett Ide
Daniel Jackson
James Jordan
Brian Jozlin
Samantha Kaufman



Kimberly Kidle
Anthony Klobnock
Nichole Kluger
Emily Koning
Janelle Konkolesky
Jordon Konyha



Nicholas Kowalewski
Alyssa Kozak
Nicholas Krauss
Kye Kurtzhals
Justin Kurzynski
Yuliana Leon



Amanda Lucido
Brittiany Ludington
Lindsey Manning
Ashley Martin
Andrew Maul
Mitchell May



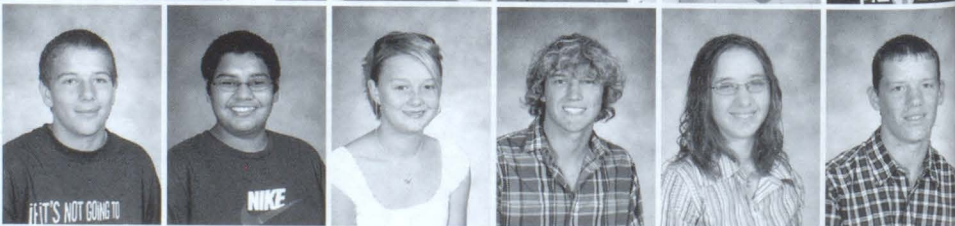
Kaitlin McDonald
Heather McLaughlan
Alyssa Miller
Stacy Miller
Brandon Mirling
Marissa Moore

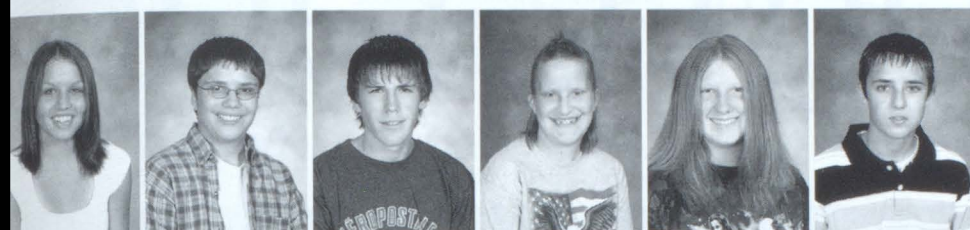


Vanessa Morales
Anthony Morgan
Tara Mustaffa
Michelle Nalezty
Ashley Nyquist
William Ogden



William Oliver
Fernando Padilla
Bethany Palmateer
Jeremy Paluch
Cristal Panutich
Daniel Patton

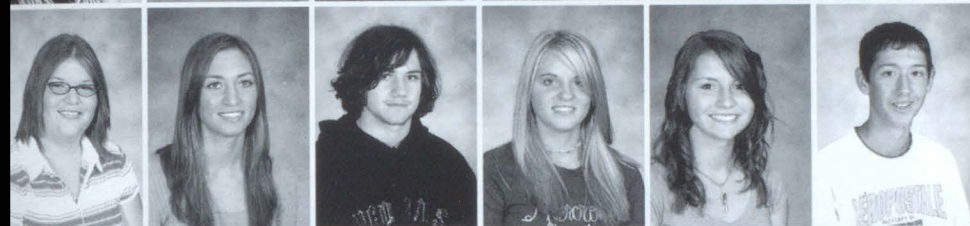




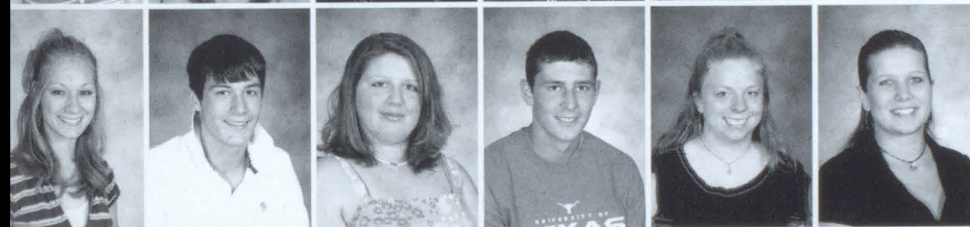
Lauren Pelc
Grant Pentecost
Brendan Pfeifer
Kayla Porrett
Sarah Pouliot
Joseph Printz



Keisey Pywell
Kenneth Randall
Anton Rank
Jesse Raska
Travis Rice
Michael Rilley



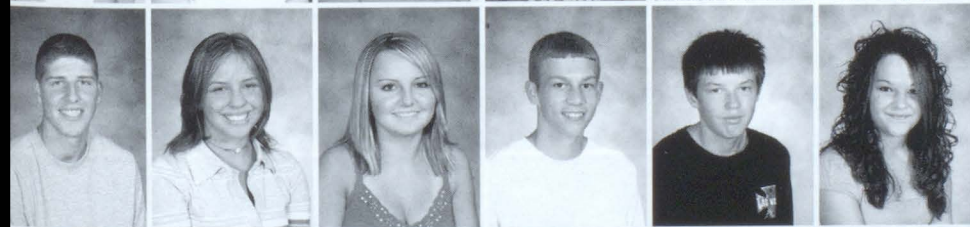
Katlyn Ringle
Jessica Roberts
Zachary Ruddock
Natalia Santi
Melissa Sawicki
Nicolas Schofield



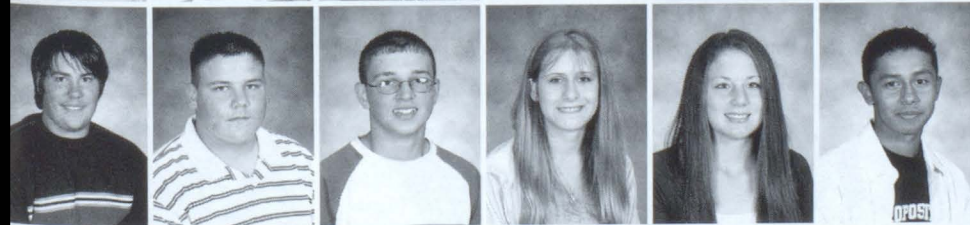
Krystal Schram
Christopher Schroeder
Samantha Schultz
Konstantino Siewert
Danielle Smith
Ashley Spencer



Megan Spencer
Tonya Stern
Chelsea Stoddard
Benjamin St Onge
Ronald Strunk
Christina Taylor



Anthony Theel
Sara Tomeo
Falecia Trendy
Justin Vanbibber
Kevin Vansickle
Cassandra Veryser

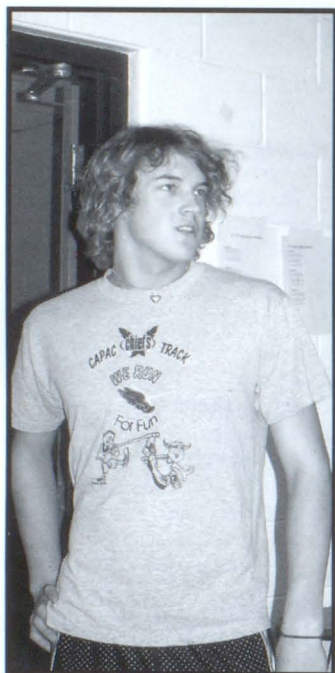


Alexander Wegner
Michael Withun
Travis York
Teshia Zabik
Rebecca Zarkowski
Michael Zuniga

10th Grade

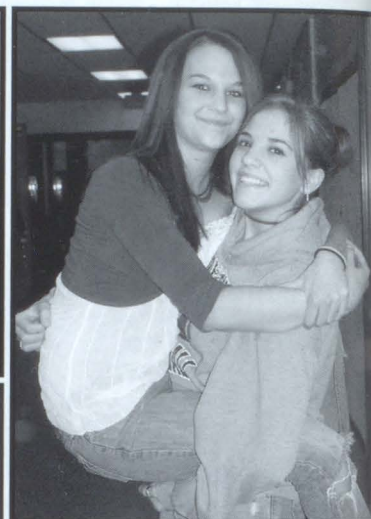
Attention All Models

Below: Jermy Paulch strutting his stuff on the gym runway. Watch out Calvin Klein!!



Break Dancing

Above: Mike Walker showing of his sweet dance moves by breaking out his head spin!



Sophomore Time

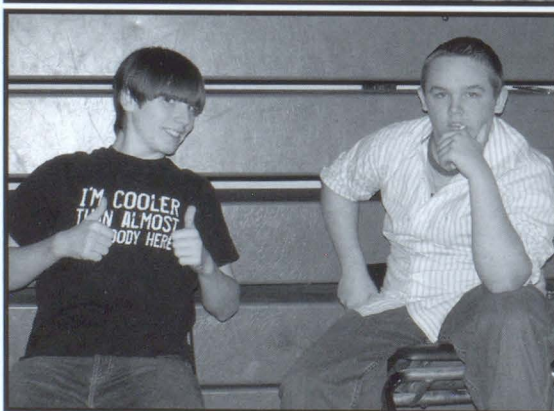
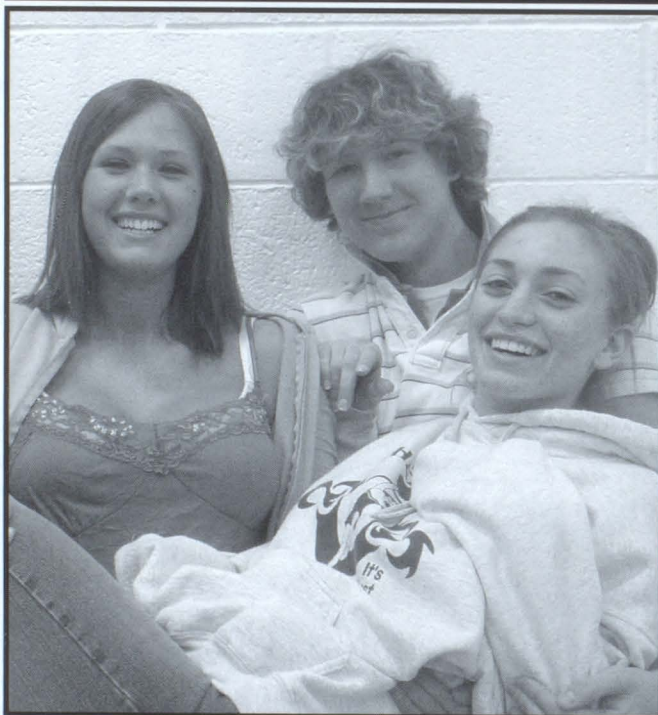
Above Left: Sara Tomeo and Veronica Ezyk showing their sophomore love towards each other.

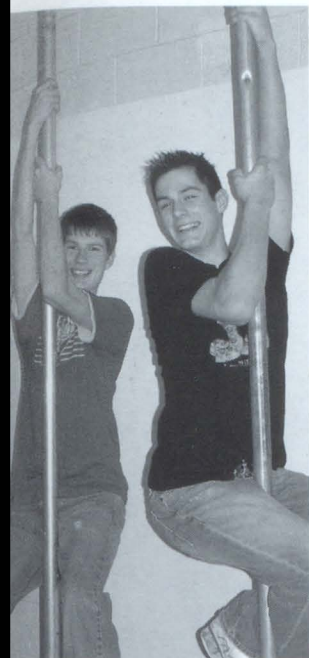
Above: Alyssa Kozak showing her power by carrying her best friend Cassy Veryser.

Left: Sharleen Hagel and Mitch May holding their classmate Jessica Roberts during lunch.

Below Left: Tony Morgan and Jessie Raska relaxing during gym class.

Below: Kristen Dewitte showing people that being a sophomore is awesome.





Just Hanging Around
Left: Kevin Bollaert and Chris Schroeder showing their manly strength by climbing poles during their lunch time.

Chilling In The Halls
Below: Ashley Early and Sarah Pouliot taking time off of their busy schedules to relax in the hallways.



Taking The Trash Out
Above: Sam Kaufman taking care of business and throwing away all the trash around the school. Good job Sam!!

Get In My Belly
Left: Mike Withun taking a huge bite of his morning sandwich. You know you can't think on a empty stomach!!



Sophomore's Government

First Ladies



President: *Alyssa Miller*
 "As I look into the future I can see a bright year ahead for my class and classmates."



Vice President: *Tara Mustafa*
 "I enjoy being on Student Council and look forward to be Vice President next year."



Secretary: *Anna Cyrus*
 "I truly, truly do love being on student government!"



Treasurer: *Lauren Plec*
 "I would have to say being my class Treasurer is pretty sweet, I love it!"



Advisor: *Mr. Stodt*
 "I enjoy working with these kids. These girls put a lot into their class."

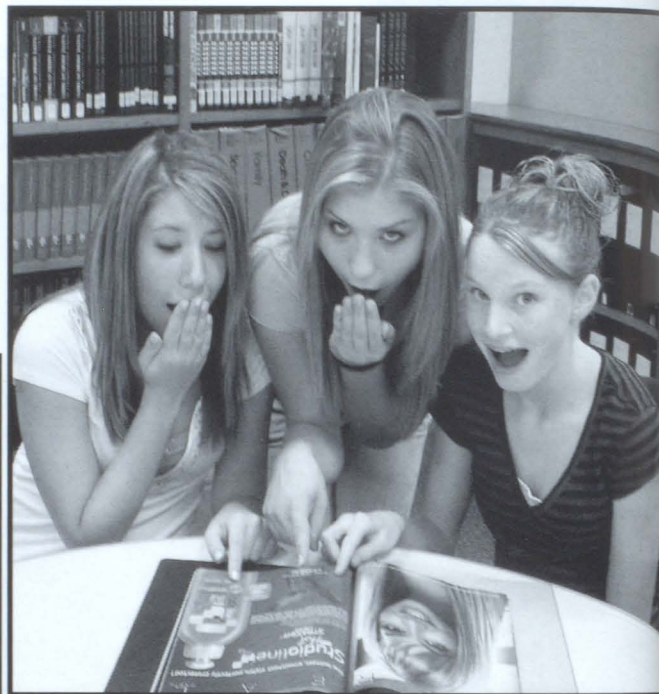
Class of 2009



Above: Catherine Haemelinck.
Below: Emily Schwartzkopf
and Stephanie Burke.



Above: Robert Marsack
Below: Cassey Szymanski



Above: Jenna Kammerer, Stephanie Burke, Christina Burns



April Aguinaga
Paul Baird
Courtney Baldwin
Tyler Barkley
Sarah Batchelder
Megan Beischer

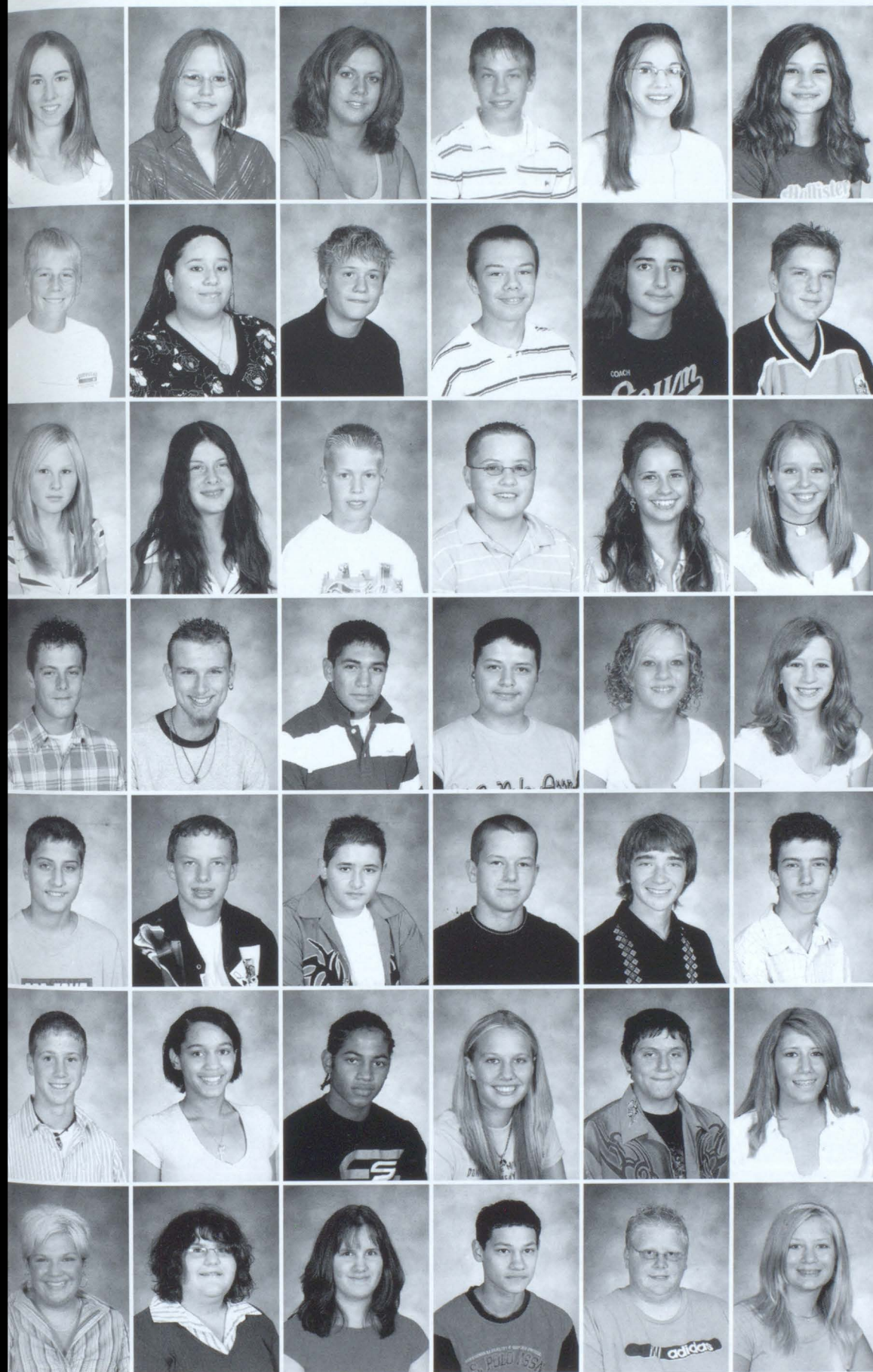


Jessica Berger
Brett Boadway
Kevin Bolday
Hannah Bosch
Jessica Bostian
Jonathan Botwin



Stephanie Burke
Christina Burns
Joshua Burton
Kayla Carrie
Caitlyn Carrier
Ronnie Casillas





Jessica Chetosky
Samantha Christensen
Charlotte Clark
Clayton Colwell
Renee Crane
Tabitha Czekiel

Mark Czerwinski
Angelica Dominguez
Matthew Edgerton
Remington Elliott
Julia Fitzgerald
Bruce Flannigan

Kristina Frost
Samantha Furby
Thomas Girten
Daniel Gonzalez
Jacquelyn Gonzalez
Hayley Greenia

Patrick Gresell
Donald Grubbs
Andrew Gutierrez
Joshua Gutierrez
Catherine Haemelinck
Jessica Hall

Robert Hall
Anthony Hargis
Steven Hart
Thomas Harvey
Glenn Hill
Kyle Hulett

Darren Hunsucker
Denee Jamison
Joseph Johnson
Kathryn Judd
Shawn Kaiser
Jenna Kammerer

Kaitlyn Keller
Sarah Kenny
Kayla King
Steven Kmetz
Steven Kniseley
Michelle Kotermanski

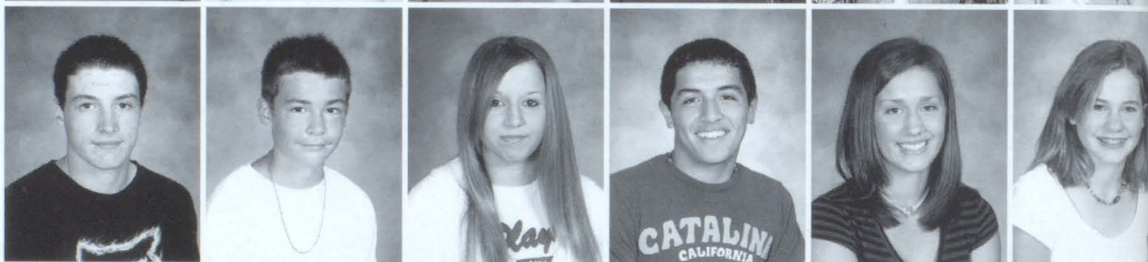
Mary Kreft
 Kyle Krotak
 Erika Ladas
 William Laeder
 Jonathon Laroche
 Cameron Lauwers



Anthony Lee
 Juana Leon
 Katie Mailloux
 Thomas Manney
 Robert Marsack
 Derek Matthews



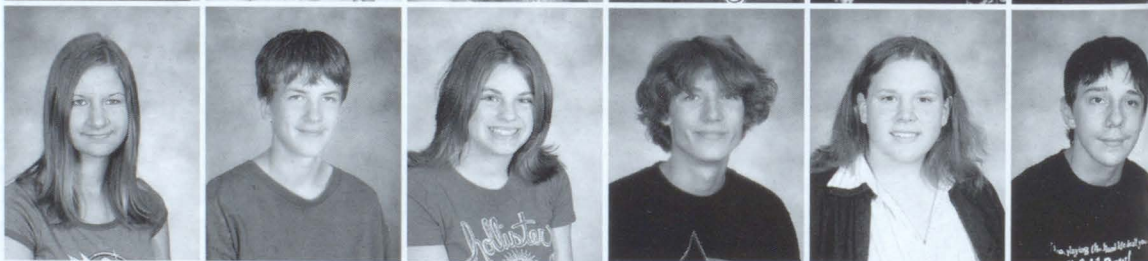
Ethan Mayer
 Michael McDonald
 Kayla McKay
 Tony Medrano
 Kylie Miller
 Kami Misch



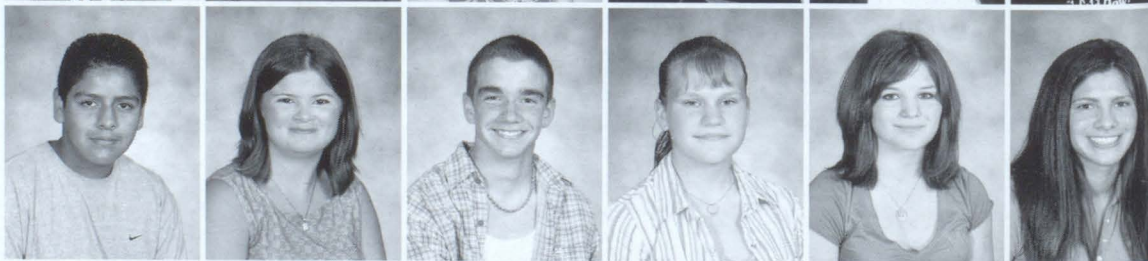
Raul Morales
 Sarah Morley
 Tracie Motyka
 Brandon Mowery
 Bryant Murphy
 Michael Murphy



Julia Naeyaert
 Edward Nahorodny
 Danielle Nieman
 Shane O'Connor
 Courtney Osborn
 Derrick Osentoski



Alberto Paramo
 Danielle Parker
 Michael Parks
 Jessica Patton
 Laura Pewinski
 Gloria Polzin



Todd Randall
 Bradley Ransom
 Megan Rawlins
 Cassidy Rey
 John Richards
 Samuel Rico





Gabriela Sabatino
Anthony Saccoia
Elizabeth Schaefer
Joseph Schram
Michael Schultz
Emily Schwartzkopf



Justin Schwendenmann
Colin Scott
David Shindak
Jonathan Shurat
Scott Simms
Taylor Sinda



Kortney Smith
Michael Smith
Renee Smith
Taylor Smith
Nicholas Soucek
James Sowers



Christopher Spry
Cassandra Szymanski
Jessica Tesluk
Kathryn Thacker
Matthew Theel
Thomas Tobian



Gaston Tomeo
Donald Tompkins
Michael Torres
Emily Troop
Michael Tyckowski
Chee Vang



Richard Vielhaber
Andrew Waggoner
Kristen Walkowski
Kayla Weber
Austin Wegner
Vernon Wilson



Not Pictured:
Kiss, James
Manke, Crystal
McClelland, John
Mead, Anna
Myers, Emily
Nyquist, Robert
Thompson, Keith
Zorn, Kayla

Mark Wittstock
Michael Ziats
Jacob Zuby

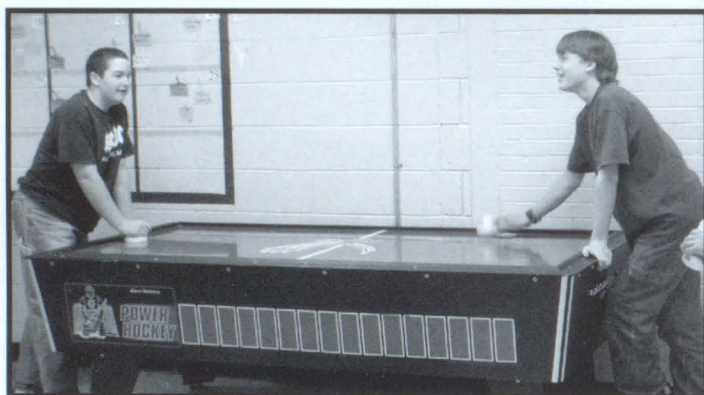
CLASS *of*

2000-2001

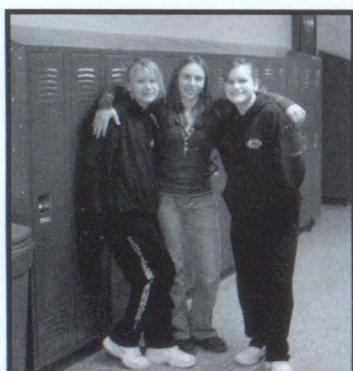


Left: Danielle Parker sneaking in the hallway.

Below: Bryant Murphy and Edward Nahorodny enjoy playing air hockey at lunch.



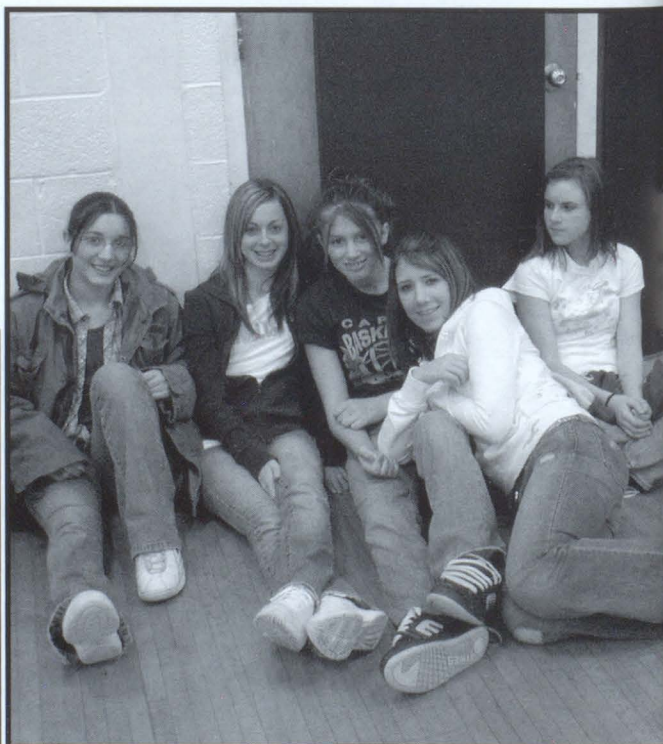
Above: The Freshman Class at the snow coming pep assembly yell as loud as they can to try to win the screaming contest.

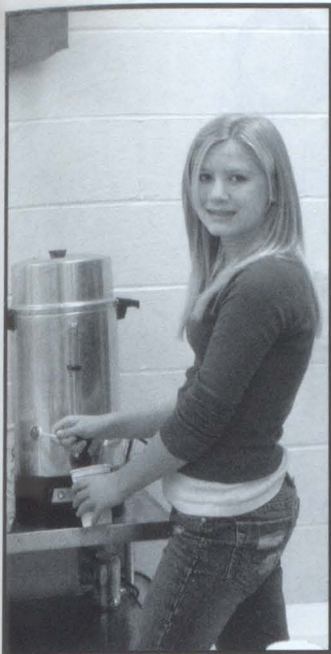


Left: Michelle Kotermanski, Jessica Chetesky, and Jessica Patton hang out during lunch.

Right: Cassie Szymanski, Kortney Smith, Sarah Batchelder., Jenna Kammerer, and Jessica Bostian, hang out in the Gym.

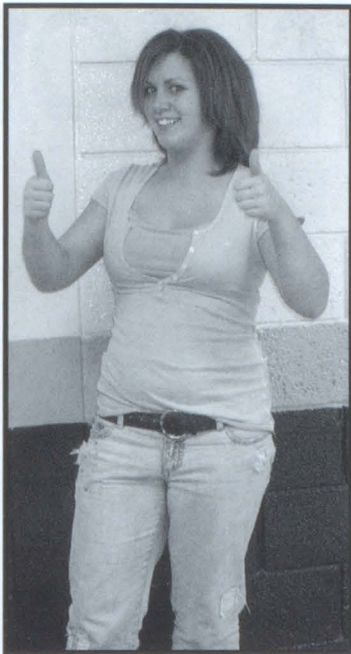
Below: Tracie Motyka, Katie Thacker, and Elizabeth Schaefer hang out during lunch.





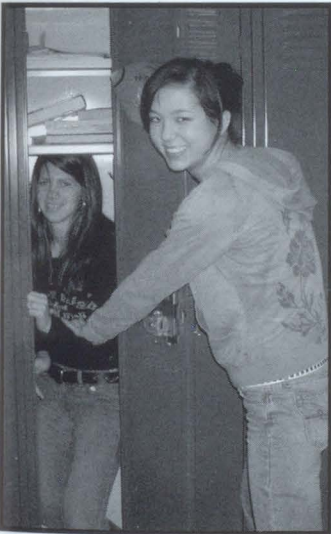
Giving a Helping Hand

Above: Michelle Kotermanski a representative serving hot chocolate at the Capac 2005 Craft show.



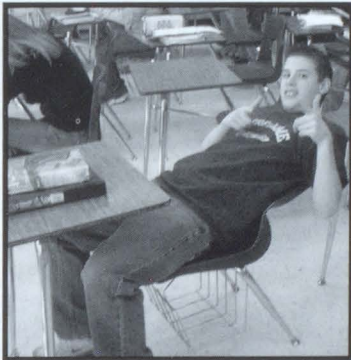
Having Fun

Above: The 2009 class President Charlotte Clark having fun between classes.



Caught Red Handed

Above: Taylor Sinda shoves Gloria Polzin into a locker.



Kick-back and Relax

Above: Cameron Lauwers relaxes in class.

Below: The 2009's class officers Charolette Clark, Taylor Sinda, Tabitha Czekiel, Tom Manney, Gloria Polzin, Michelle Kotermanski, and Cameron Lauwers.



Class of Class Government 2009



President
Charlotte Clark



Vice President
Cameron Lauwers



Secretary
Taylor Sinda



Treasurer
Tabitha Czekiel



Representative
Tom Manney



Representative
Gloria Polzin



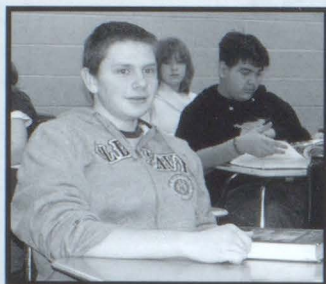
Representative
Michelle Kotermanski



Advisor
Mr.
Hitchcock

Future Leaders

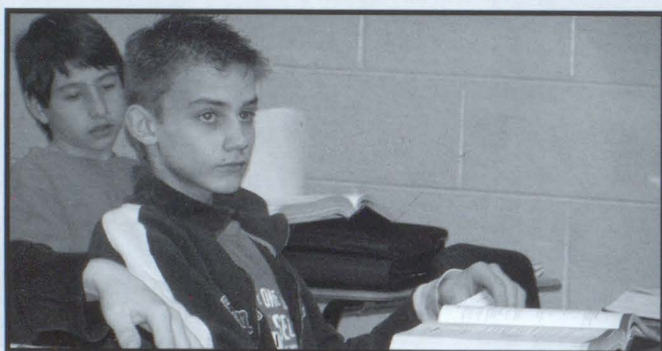
Class of 2010



Above: Justin Boroff happy to see the camera in social studies.



Above: Aaron Sawicki giving the thumbs-up.



Above: Nicholas Parks paying close attention in English class.



Top: Whitney Weston **Middle:** Katelyn Kain, and Jenna Welch **Bottom:** Ashley Moussou, Kelly Frost, and Jenna Swatsell. All goofing off in the hall.

Thomas Aguinaga
Arthur Andrade
Chelsea Antilla
Kyle Arthur
Ashley Atchison
Christopher Bly



Rachel Bond
Justin Boroff
Tyler Brys
Larry Bullock
Matthew Burgess
Michael Burgess



Sarah Butterfield
Ashley Callewaert
Ryan Carter
James Carver
Jaylene Castle
Shelby Coffee





Jeffrey Connell
Sabrina Connell
Travis Cornell
Marnie Daniel
Rosemary Day
Harlee Deaton



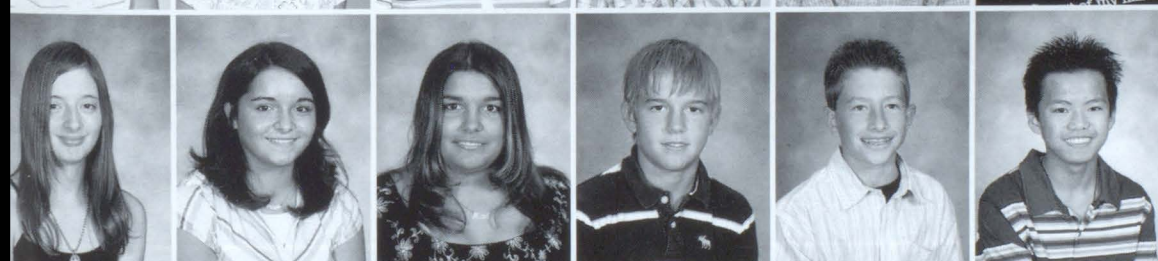
David Debouvre
Carrie Doucette
Shelby Erikson
Jeremy Farley
Megan Ferrett
Alexis Folan



Jacob Foster
Julie Fox
Alexandria Frangedakis
Kelly Frost
Alyssa Gerrick
Derek Gottschalk



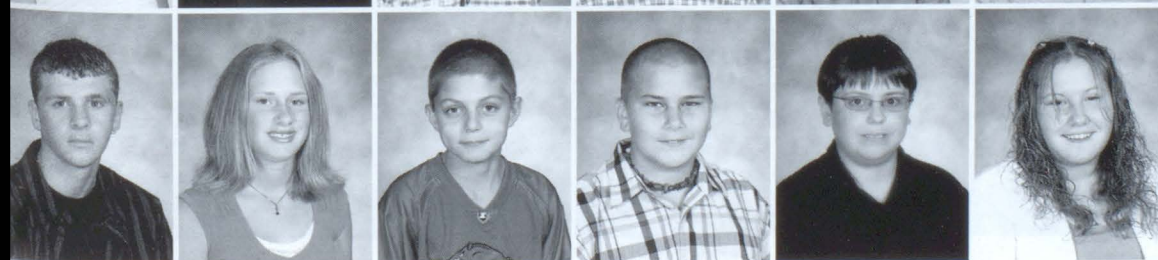
Jamie Green
Kaylee Green
Elizabeth Griffin
Angela Grone
Shawn Hall
Nicole Hansen



Christin Harris
Brittany Hart
Maria Harvey
Jordan Heiden
Robert Hellebuyck
Tony Her

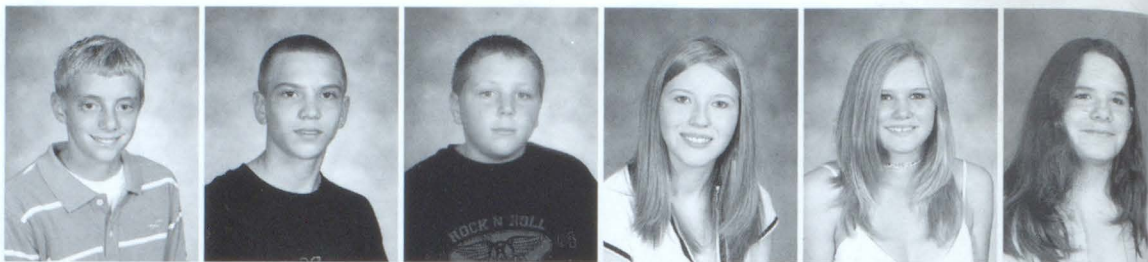


Coty Herfert
Joshua Hill
Robert Hilla
Joshua Irish Black
Robert James
Thomas Jordan

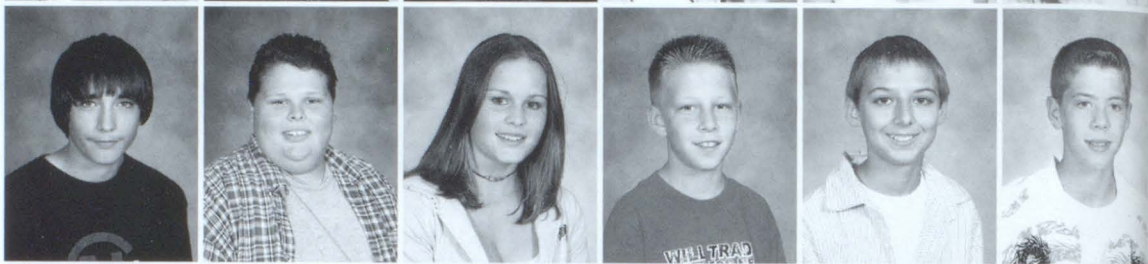


Adam Jozlin
Katelyn Kain
Joshua Kaiser
Jacob Kiss
John Kloc
Brigette Kohler

Bradley Kosto
 Brian Kulman
 Kyle Lach
 Martha Lafrance
 Meghan Lauderbaugh
 Jessica Lintecum



Joshua Majewski
 Frederick Mardlin
 Maria Matthews
 Brandon Maul
 Eric Maul
 Torrin McDonald



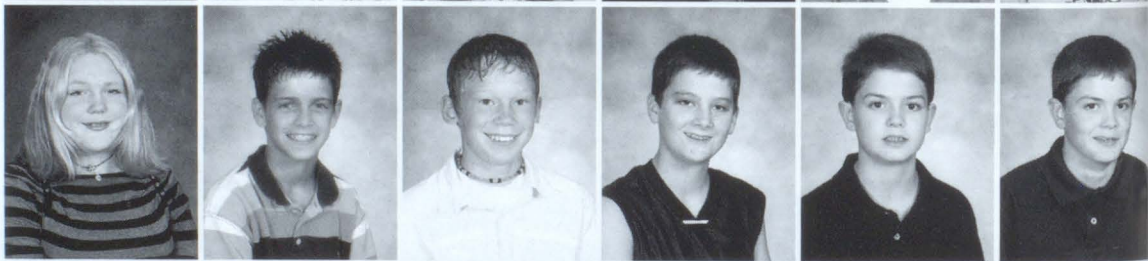
Andrew McDunnah
 Michael McLaughlan
 Samantha McNabney
 Ethan Messing
 Joshua Messner
 Alexandra Miller



Kyle Miller
 Jeramie Mirling
 Dayana Mora
 James Morgan
 Ashley Mousseau
 Michael Mullaly



Kaitlynn Murphy
 Joshua Nemecek
 Edward Niemi
 Shaun O'Brien
 Matthew Opificius
 Michael Opificius



Nicholas Osborn
 Jaime Padilla
 Mercedes Page
 Christopher Paluch
 Katelyn Parent
 Mitchell Parks



Nicholas Parks
 Curtis Patton
 Ashley Pelshaw
 Felicia Poirier
 Makayla Porter
 Frank Potyczka





Elizabeth Pruitt
Cheyenne Pywell
Morgan Ramirez
Colton Randall
Megan Rank
Christopher Reeves

Kyle Rice
Karlee Ringle
Stephanie Roach
Sandra Rosillo
Cody Rosseau
Gianna Sabatino

Shelbie Santi
Aaron Sawicki
Tyler Sawicki
Ian Schaefer
Brandon Schalm
Eric Seavey

Scott Sharrow
Douglas Slayton
Aaron Smith
Briann Smith
David Smith
Robert Smith

Cassie Spencer
Catherine Steece
Rachel Stevens
Brandon St Onge
Zackery Stringer
Blanca Sustaita

Jenna Swatsell
Todd Tasker
Shelbi Taylor
Luceldi Vergara
Cody Walker
Michael Wallace

Jenna Welch
Whitney Weston
Patrick White
Caitlin Williams
Cody Williams
James Xiong

Joseph Zak
Nickolas Zelinski



Not Pictured: Marylou Dudley, Steffi Gaiter, Elizabeth Hallums, Casey Klobnock, Angel Nyquist, Jesse Sanden, Michael Sanden, and Patrick Wilson.

8th grade

Who is Your Favorite Teacher and why?



Sabrina Connell

Mrs. Winiarski is my favorite teacher because she is very nice, funny, and polite.



Bradley Rosto

Mr. Vangel is my favorite teacher because we always do projects in his class and he is very outgoing.



John Kloc

Mr. Muldoon is my favorite teacher because the last 10-15 minutes of class we get to do nothing, it's great.



Above: Joshua Irish Black paying close attention in class.

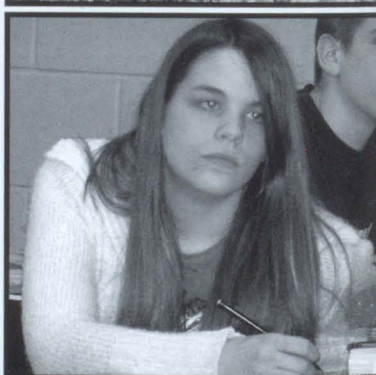


Right: Christin Harris raking leaves on Make a Difference Day.

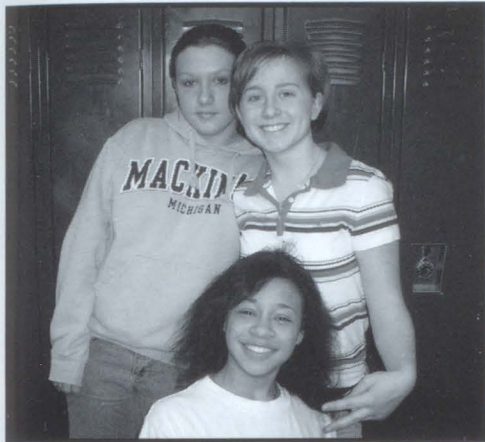
Below: Sam McNabney dozing off during her math class.

Below Right: Julie Fox taking some notes.

Far Below: Students doing some homework in Mrs. Winiarski's class.



Below: Friends Ashley Pelshaw, Makayla Porter, and Steffi Gaiter stop in the hall to take a picture. **Below Middle:** Maria Harvey, Brieanne Smith, and Kaitlynn Murphy showing off their rockets they made in Tech. **Far Bottom:** Kelly Frost, Maria Matthews, and Brandon St. Onge with their cars in Tech class.



8th Grade Government

President:
Megan Rank



Vice President:
Jamie Green



Secretary:
Ashley Mousseau



Treasurer:
Ian Schaefer



Representative:
Bradley Rosto



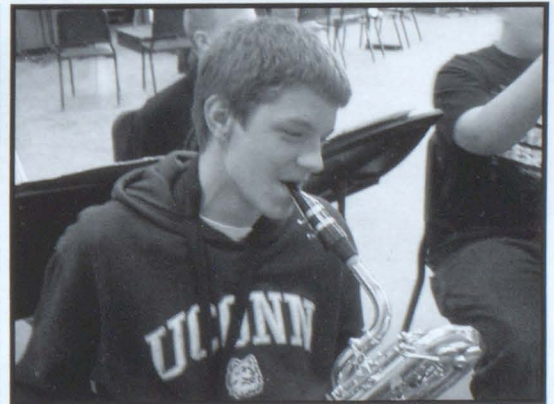
Representative:
Chelsea Antilla



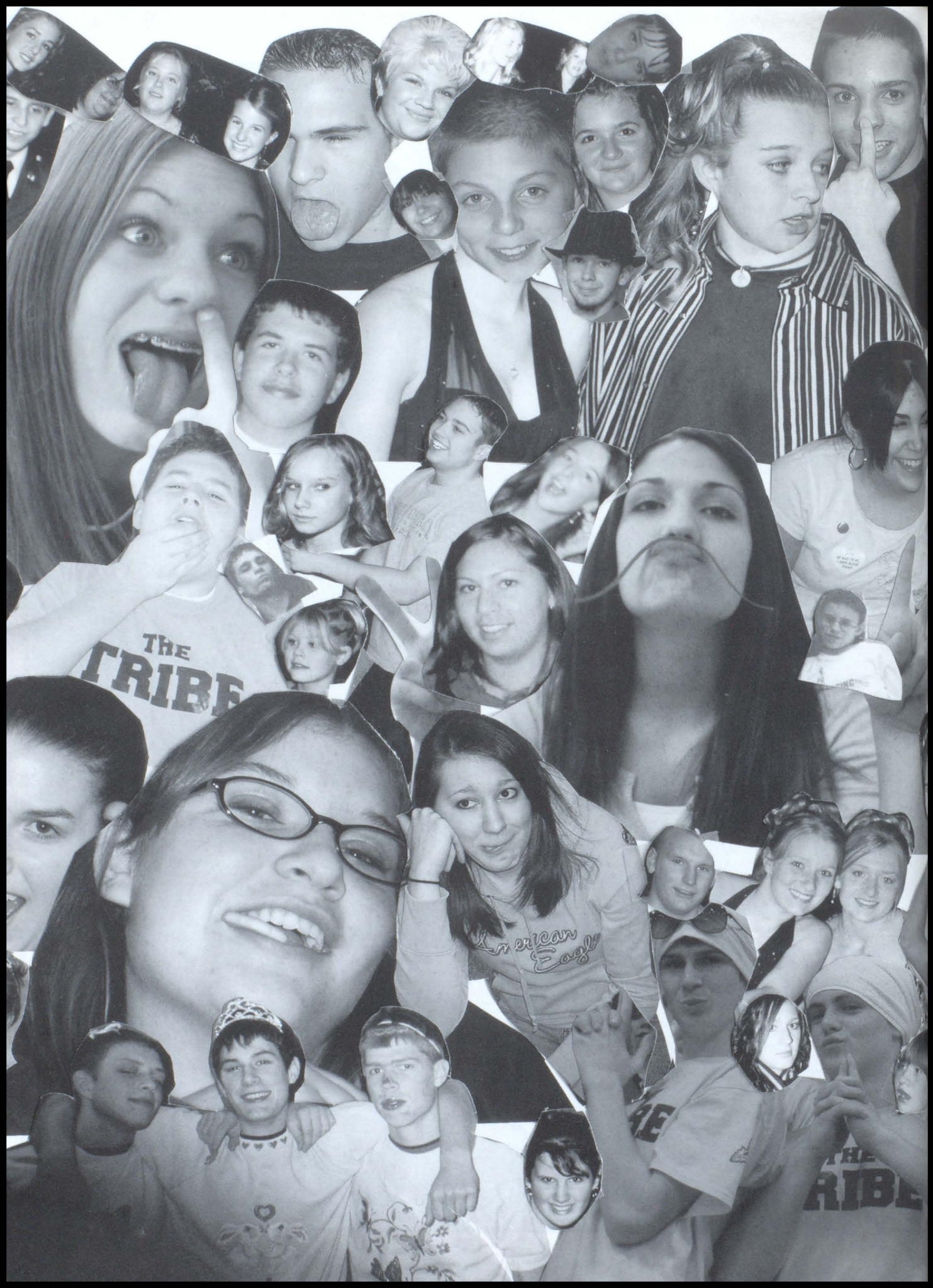
Representative:
Brieanne Smith

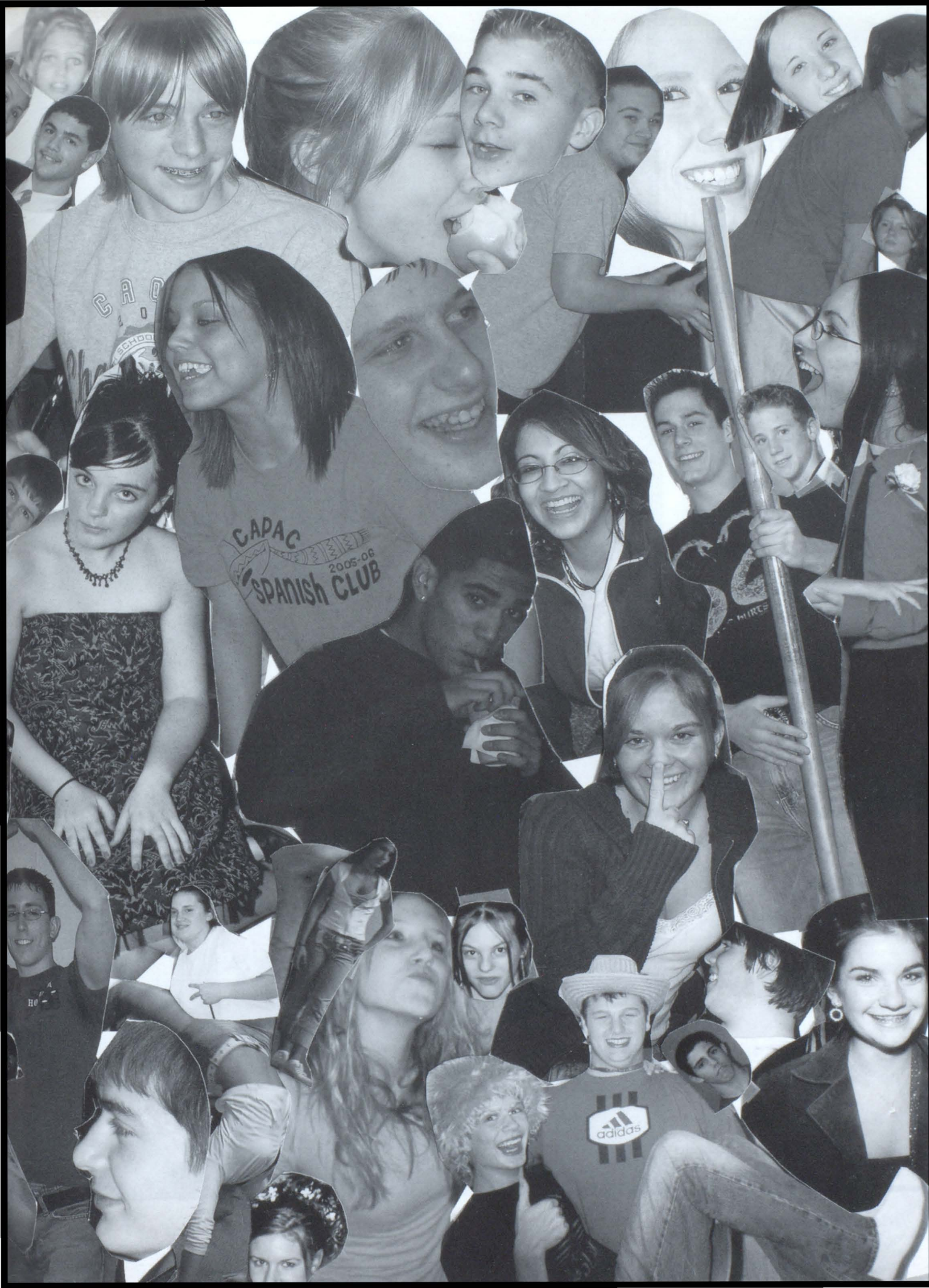


Advisor:
Mr. Ray



Above: Mitchell Parks playing his saxophone in band class. **Above Left:** Sarah Butterfield doing some homework in the hallway. **Left:** Friends Mike Opifius, Derek Gottschalk, Mike Burgess, Patrick White, and Mitch Parks, take time out of practicing their instruments to take a picture.





CLUBS & ORGANIZATIONS

"Success is the ability to go from failure to failure without losing your enthusiasm."



82



Here at Capac High School we not only value academics but we also encourage our students to participate and have fun in the clubs and organizations that we provide. The fun that you experience with your friends is unforgettable. It's important to stay on top of everything and to not give up. Even more so, to stay true to yourself. It will all be worth it when you finally get your diploma and the freedom to pursue all that high school has prepared you for.

97



83

93



- 96 FRENCH CLUB
- 97 SKI CLUB
- 92 QUIZ BOWL
- 93 SPANISH CLUB
- 80 CHOIR
- 82 JAZZ BAND
- 83 SADD
- 88 BPA



MARCHING BAND



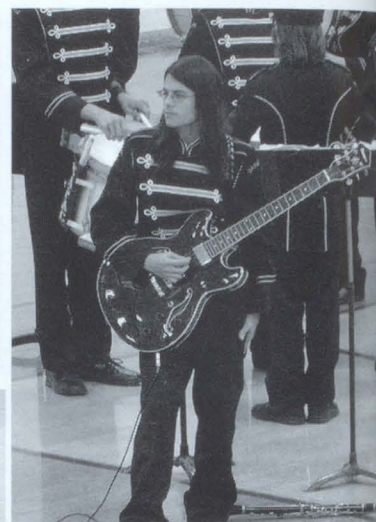
Dance to the beat

Above: Charlotte Clark, Amanda Kenny **Far Above:** Danielle Osentoski performing at a concert



Proud of his Students

Above: Mr. Fox tells the band how much he appreciates all their hard work and effort and all the extra practice on Monday nights.



Can you hear the music playing!

Above: Jon Boyd getting ready to play the guitar.

Above Left: Michelle Failer, Sam Schultz, Jessica Boggess, Jon Boyd, Erin Kluger, Sarah Kenny and Alexis Brovage are excited to be at the football game.

Left : The band playing at the October Fest concert.

Below Left: Danielle Smith, playing the clarinet at the football game.

Below: The drum Majors Kylie Hill, Jeff Pelc and Lindsey Victor at a football game.





Practice makes Perfect

Above: The Band gets ready for the Homecoming pep assembly.

Above Right: The drum majors lead the band at a concert

Right: The band Marches in the Homecoming parade.

Below: The percussion section parading through the hallway.

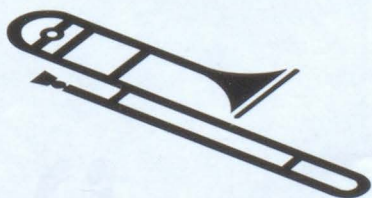
Below right: The Clarinet section marching to the beat.

Below far Right: The percussion section in the Homecoming parade.



Marching in Line

Above: The Marching Band is going out with a bang as they perform at the last home football game.



Senior Recognition

Above: The senior band members Stephanie Gray, Erin Kluger, Theo Thomas, Kristen Nahorodny, Andy Sawicki and Jeff Pelc stand in front of the rest of the band as Mr. Fox thanks them for a good four years.





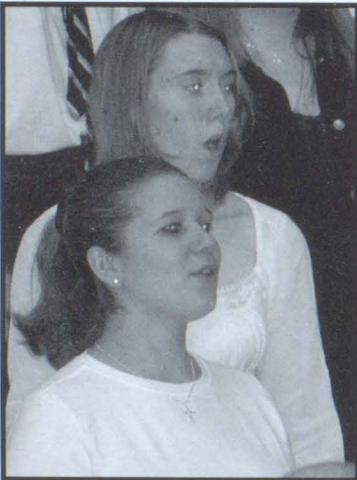
Delicate Music

Below: The choir singing with their angel like voices at their first concert.



Choir

SING IT LOUD SING IT PROUD



Amazing Voices

Above Right: The High School choir delightfully sings simultaneously at the Middle School.

Left: Ashley and Kate are having a blast singing at their first concert this year.

Middle Right: The 8th grade choir wows the crowd at their Winter Choral concert.

Below Right: Matt, Jeremy, Primus, James C., James X., and Brandon's incredible voices charm the audience.

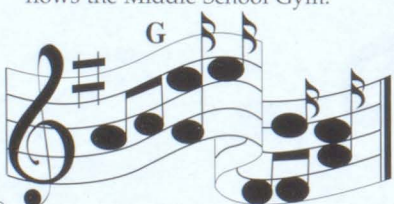


Faithful Fans

Above: The Capac High School Choir is a hit as the audience overflows the Middle School Gym.

Awesome Beginners

Right: The 8th grade choir was a knockout at their first concert.



Select Ensemble

TOGETHER AS ONE



Outstanding Voice

Above: Khrystyna Catalina wows the crowd with her beautiful voice as she sings her solo.



Sing to your heart's content

Above: The Select Choir (**Back:** David Moore, Jen Smith, Khrystyna Catalina, Santa, Jeremy Paluch, Ms. Joy, Primus Bugar, Debbie Rybecki, Brandon Bonkowski, and Jackie Horan **Front:** Kristi Burk, Melissa Sawicki, Jessica McMann, Mackenzie Hackelberg, and Jon Boyd.) with Santa .



Top Left : The Guys Group, Mike Riley, Lee Peters, Ms. Joy (covering for a person who couldn't make it) Jeremy Paluch, Brandon Bonkowski, and David Moore are performing at the empty soup bowl charity event.



Middle Left : The sopranos, Kendra Cook, Melissa Jane Sawicki, Jessica McMann, Kristi Burk, and Jen Smith singing at the soup bowl Fundraiser.

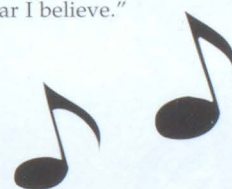


Left Bottom : The Altos, Khrystyna Catalina, Debbie Rybecki, Mackenzie Hackelberg and Jackie Horan sing at the soup bowl event.



A Singers Motivation

Above: Ms. Joy says "You won't achieve if you don't believe. This year I believe."



Magnificent Music

Left- Jeremy Paluch gloriously playing the piano.

Far Left- Kendra Cook, Jessica McMann, Jen Smith, Melissa Sawicki, and Kristi Burk voices enlighten the town at the first Capac Christmas Tree Lighting ceremony.



Jazz Band

HEAR THE MUSIC PLAY

Playing The Blues

Below: Kristin Nahorodny creates a great melody with her trumpet.



Winter Concert

Above: Glen Hill is playing the xylophone.

Above Right: The Jazz Band plays at the Winter Concert.

Right: Danielle Smith blows on her clarinet.

Far Right: Andy Williams plays the trumpet for The Winter Concert.

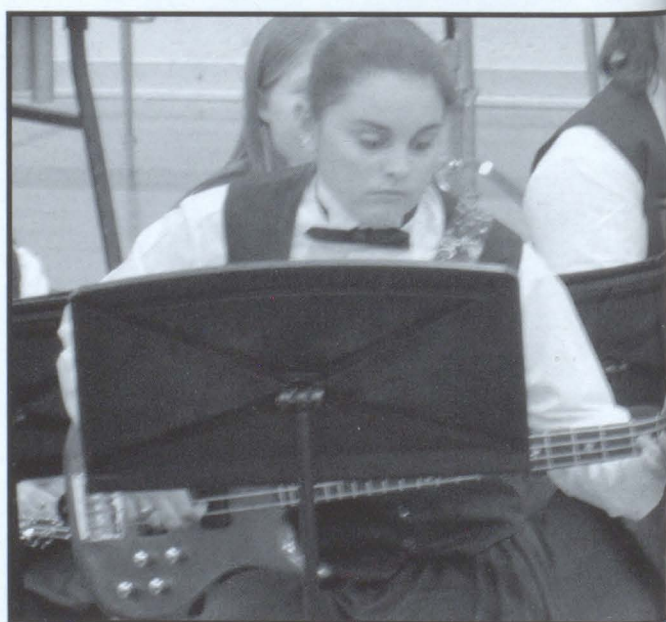


Mozart In The Making

Above: Kylie Hill strumming her fingers along the keys of the piano.

Rockin On The Guitar

Right: Lindsey Victor is performing with her guitar during the concert.



S.A.D.D.

STUDENT AGAINST DESTRUCTIVE DECISIONS



FIRE-RESCUE



Mock Crash

Above Left: All of the SADD members at the Mock Crash assembly.

Above: Samantha Schultz, Stephanie Carrier, Ashley Burk, Joanne Daoust, Bethany Palmateer, Brandon Bonkowski, Maureen Hunter, Deborah Rybicki, and Matt Brownlie after the Mock Crash.

Left: Deborah Rybicki laying in front of the Prom car.

Right: Joanne Daoust in the non-prom car for the Mock Crash.

Below Right: Brandon Bonkowski playing his part to remind Prom goes to think before they drink.



Preparing For The Mock Crash

Far Left: Maureen Hunter getting situated before the Mock Crash begins.

Left: Maira Aguilar putting make-up on Stephanie's face to help her look bruised.

STUDENT COUNCIL

Representatives

Below: Melissa Sawicki sitting at the Student Council meeting. She is a Student Council Representative for the 10th grade class.



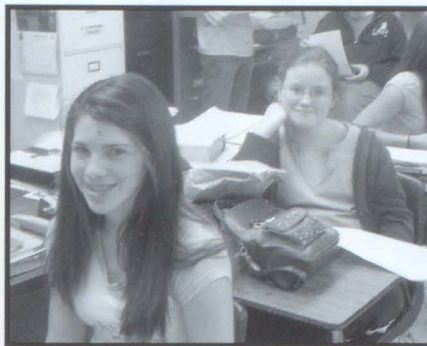
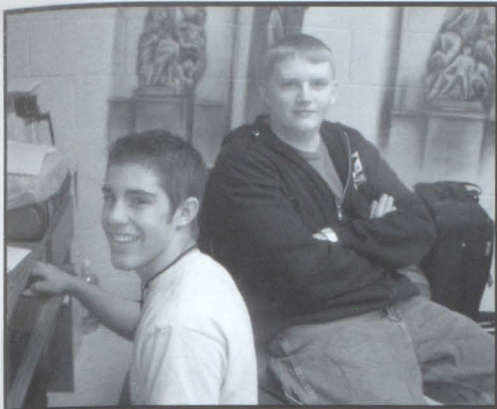
Above: Amy Lauwers taking important notes at the Student Council meeting but has a minute to take a beautiful picture.



Student Council

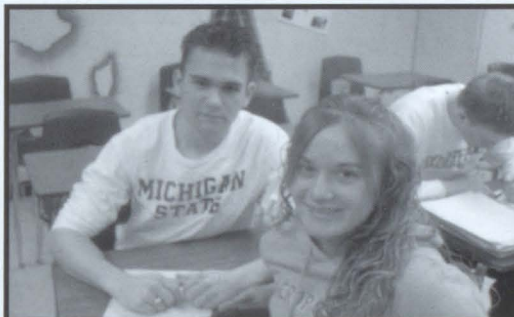
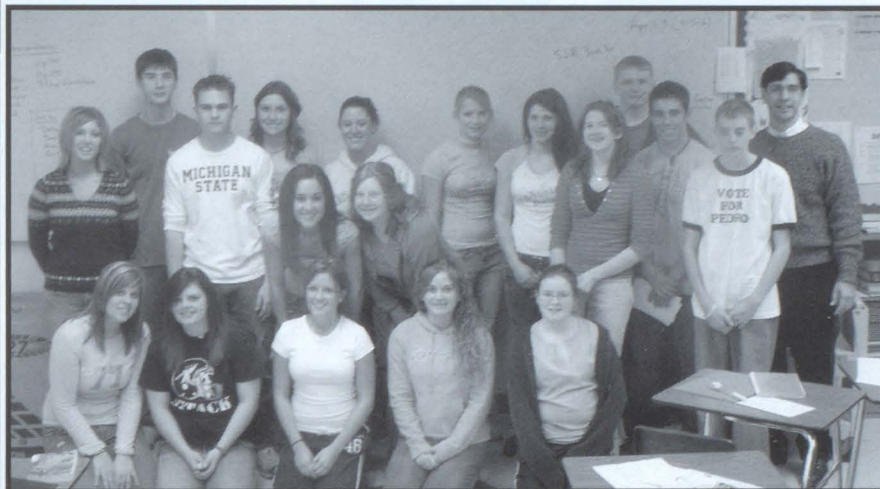
Above : Ashley Sheldon writing information down at our Council meeting. **Above Left:** Jamie Martin and Amanda Strunk taking time from our meeting to take a beautiful picture. **Left:** Amanda Veryser, Kyleigh Konyha, Amanda Koshak, and Jacqueline Gresell taking time from learning to decorate the birthday wall. **Below Left:** Shane Sinda sitting at the Student Council meeting. He is an 11th grade Student Council Representative. **Below:** Kyleigh Konyha and Amanda Koshak taking time from talking to take a picture.





Student Council

Above: Jake Nemecek and Tom Manney sitting at the computer listening to the meeting. **Above Middle:** Gloria Polzin and Chelsea Antilla are new comers to Student Council this year they are both 8th grade Student Council Representatives. **Above Right:** Bradley Kosto and Brieanne Smith also new to Student Council. They are the other two Student Council Reps. **Right:** All the members of Student Council. **Below:** Amanda Verysier and Megan Spencer looking cute for the camera during the meeting. **Below Middle:** Aaron Ransom and Heather Porter they both are 11th grade Reps but running next year for officers.



President



Kyleigh Konyha

Vice President



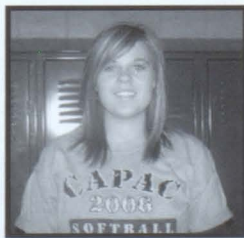
Jacqueline Gresell

Secretary

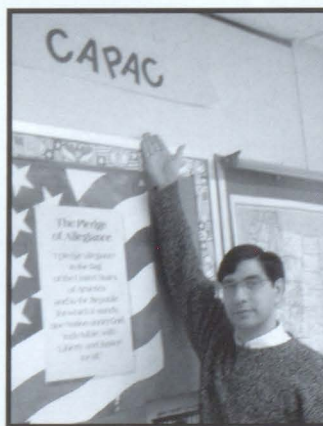


Amanda Strunk

Treasurer



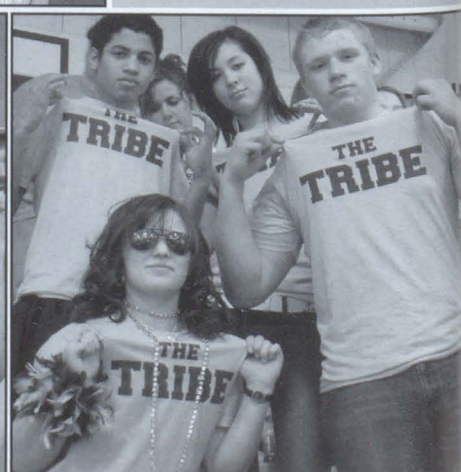
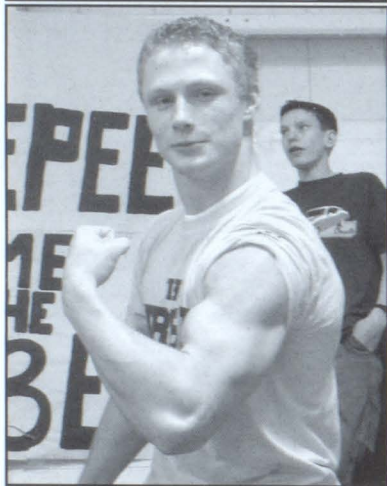
Amanda Koshak



Above: Mr. Cutler- "The business of a leader is to turn obstacles into stepping stones, weakness into strength, and disaster into triumph"

Above: Michelle Kotermanski looking at a magazine during our meeting. **Left:** Amy Lauwers taking important notes during the meeting.

2008



The Tribe:

The most controversial cheer group in Capac history!

This extraordinary group of young people have become known around the BWAC as "The Tribe". The Tribe has struck fear into the hearts of rival teams and fans alike, along with redefining the term "homecourt advantage". Although thier glory has been shrouded with controversy, The Tribe has helped shape and define the Capac Chiefs basketball team.

24/7



Left: Several members of 24/7 take a break from their exhausting game of bowling to stop and think about what 24/7 is really all about.

Below Left: Mackenzie Hackelberg and Melissa Sawiki relive a moment from their youth as they race a pair of wild mustangs on the carousel.

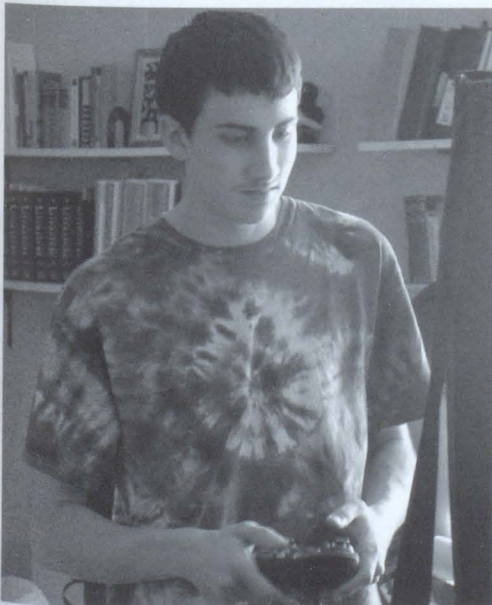
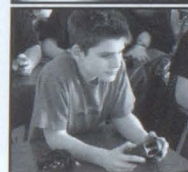
Below Right: Kristin Naharodny gives her friend Amy Kidlle a hug while they ride on the carousel at the mall.

A Pinnacle of success in today's "politically correct" world!

24/7 is a milestone for those who rely on their faith to get them through the day. In today's world being able to pray in school is not socially or politically acceptable, but this club has gone against the flow of society by praying openly in our school for not only their friends and family, but for the student body and the staff as a whole. The goal and purpose of this club is to build people up and make the school a more enjoyable place for everyone. Who says you can't have fun and pray at the same time?



THE GAMERS CLUB



Let the games begin!

With a tight grip, hands tired and sweaty, blistered thumbs, and bloodshot eyes, these galant heroes trudge on. They are all fighting a different battle, some are fighting in a ring, some are battling it out from behind the wheel of a racecar, some are meeting their opponent on a playing field, and still others are fighting a battle of strategy in a war so close to reality its frightening. They are the gamers, and we salute you!



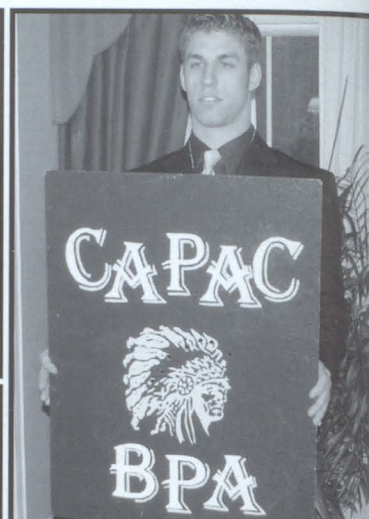
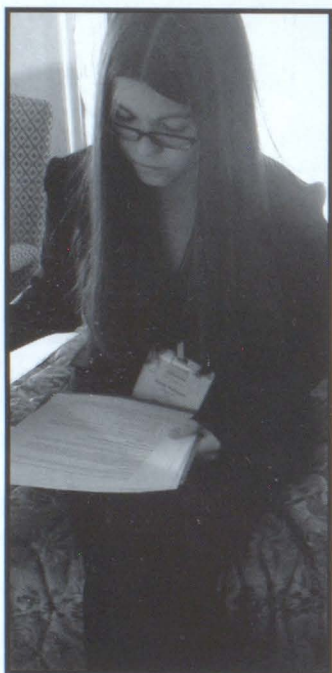
B P A

BUSINESS PROFESSIONALS OF AMERICA

We are met in a spirit of friendship and goodwill as we prepare for productive lives in business and office careers. We work together to develop professionalism and leadership through Business Professionals of America and pledge our loyalty to our nation.

Preparing for Competition

Below: Ashley Mackenzie prepares for her event at the state competition by reviewing materials and memorizing notes.



State Leadership Conference

Above Left: Melena and Jacqueline stop on their way to an event to take a memorable picture. *Above:* Jake Rawlins shows off the Capac Chapter's sign used in the Parade of Presidents. *Left:* Members of BPA sit together for the opening ceremonies. *Below Left:* Matt and Debbie look like they're enjoying themselves at the formal. *Below:* Heather Porter stands in front of more than 1000 students and gives her campaign speech to become the Region 2 Vice President.



Hard Work Pays Off

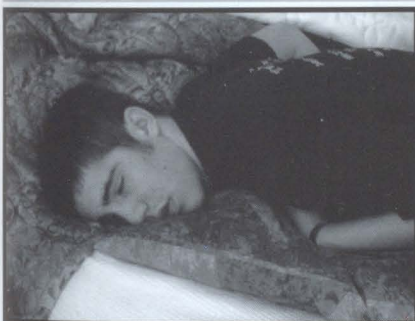
Above: Maira Aguilar and Jessica Medrano are all dressed up for the formal dinner event after a hard day of competition.





Business Professionals

Above: Jessica helps Heather set up her campaign table before the voting delegates arrive. Above Right: Kim, Kaitlyn, Veronica, and Andrew slide together for a picture at Mongolian Barbecue. Right: BPA members. Below: Jake Nemecek falls asleep after a long day. Below Middle: Andrea, Ashley and Jennifer can't wait for dinner to be over and the dance to begin. Below Right: BPA advisors Mr. Hitchcock and Mrs. Winiarski.



MASQUERADE

Left: Veronica Ezyk smiles for the camera while masquerading at the formal event.

GOOD TIMES

Left: Brandon Stringer, Jake Hoover, Melena Felbarth, and Jacqueline Gresell enjoy dinner together.



Clubs and Organizations
Melena Felbarth

NATIONAL HONOR SOCIETY

The N.H.S. members represent the four pillars of this organization: character, service, leadership, and scholarship.

Becoming A Member

Below: The new members of NHS are reciting the promise to become a certified member



"If you have a bad day sing a sad song just to turn it around."
Brandon Stringer and Sara McConnell



The Big Night

Above: Kim Smith holding on to the candle during introductions.

Above Left: Jake Hoover congratulates Josh Murphy on being elected president.

Left: The NHS officers showing their love with a big farewell group hug.

Below: Amber Craft and Kylie Hill showing off their pearly whites.

Below Left: Jessie Blackstock and Brien Klein help to introduce Courtney Biggs into NHS.





Doing The Right Thing

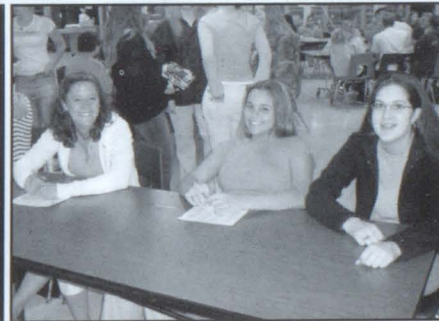
Above: Ashley Kruger and Dan Engelhardt cleaning the town up by raking up leaves.

Above Left: Heather Porter, Jessie Blackstock, Mike Hull, Aaron Ransom, Lindsey Victor, Kylie Hill and Josh Murphy accepting officers during the NHS ceremony.

Left: Kylie Hill, Brandon Stringer, Amber Craft, Sara McConnell, Jake Hoover and Elizabeth Smith enjoying their last time as NHS officers.

Lower: Calvin Smith taking a big bite of his NHS honor roll cinnamon bun.

Lower Left: Brandon Stringer and Kylie Hill smiling bright for the camera at their ceremony.



Ms. Kish - Advisor

"This group of kids are really great. They go above and beyond what is expected of them, and they all have bright futures ahead of them."

Taking Charge

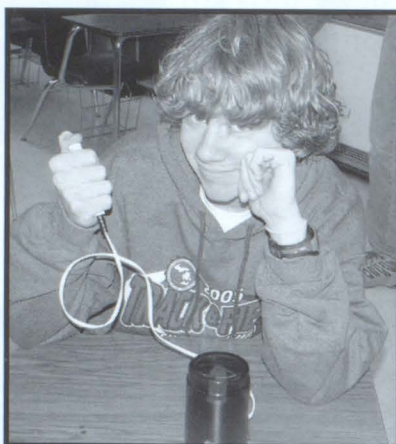
Above: Amy Lauwers, Lindsey Victor and Rebecca Crane taking charge and making sure no one enters unless they are on the list.

Being a Gentleman

Far Left: Karl Hummel helping Kaitlyn Ringle go through the induction by escorting her.



Above: Quiz Bowl advisor Mr. Cutler. **Below:** Joe Furby takes a break from competing and fools around during a lunch break at McDonalds.

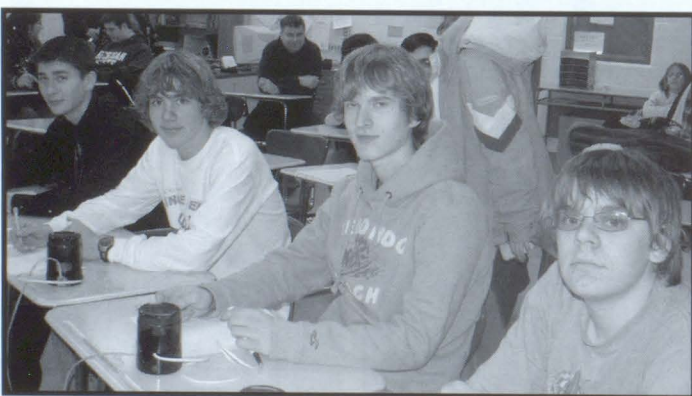
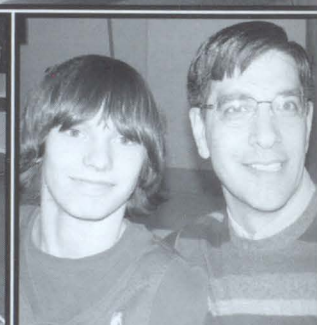
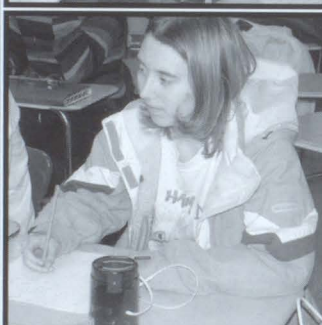
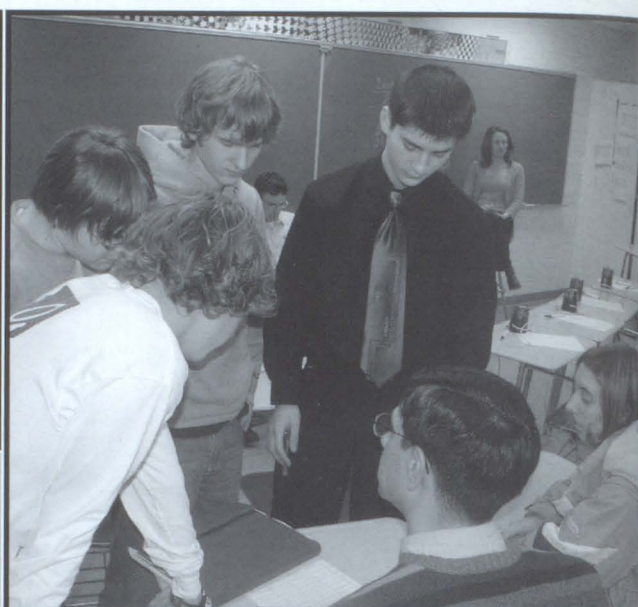


Above: Jake Hoover takes a minute to think of an answer before buzzing in at practice.

Top Right: Jake, Cody, Adrian, Matt, and Kate gather around Mr. Cutler for a meeting to decide their next move.

Bottom Left: Kate Koning works out a problem, hoping to come up with the right answer.

Bottom Right: Mr. Cutler and Ben St. Onge get together for a picture while waiting for their next match to start.



Above: Matt Sinda, Jake Hoover, Adrian Steffen, and Cody Laeder have a team contest to see who can answer the most questions in the next round.

Right: The Quiz Bowl Team: *Top Row:* James Pouliot, Kate Koning, Adrian Steffen, Mr. Cutler, Joe Furby and Knud Nielsen. *Bottom Row:* Cody Laeder, Matt Sinda, Jake Hoover, and Kylie Hill.



Spanish Club

¡ SOMOS LOCOS !



Above: Brittany Walsh, Amber Craft, Jake Hoover, and Brandon Hackelberg take time for a photo after a delicious meal at Peppers.

Left: Casey Veryser and Lauren Pelc discuss how remarkable the "churros" tasted for desert.

¡ The piñata extravaganza of Spanish Club !

Above: This years Spanish Club braves the cold while out to lunch at Pepper's in Romeo.

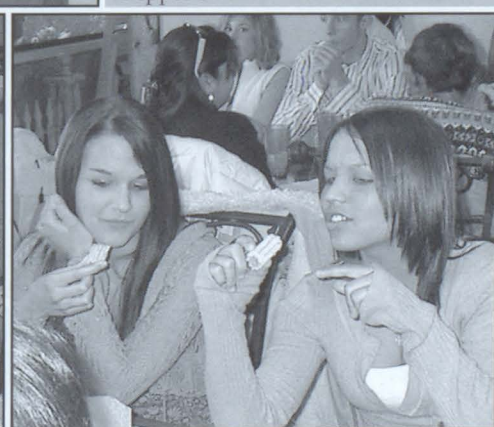
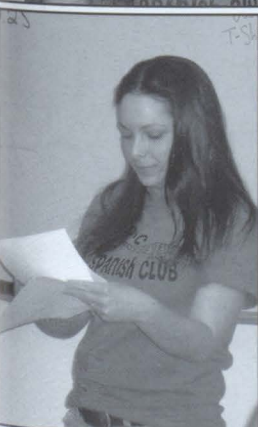
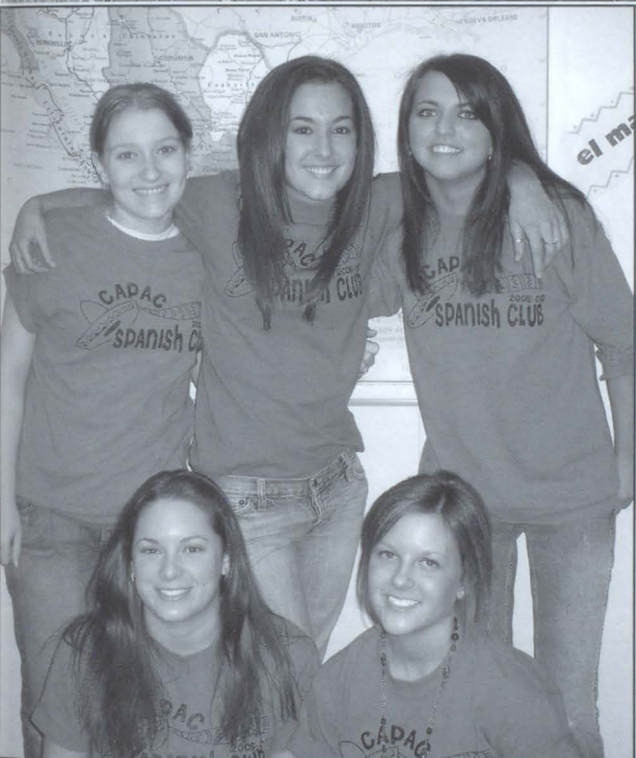
Left: This years Spanish Club Officers; President Karey Miller, Vice President Kyleigh Konyha, Secretary Amanda Strunk, Treasurer Tara Eberling, and Student Council Rep. Amanda Veryser.

Top Right: Adam Porter gives his approval to the chef for the fabulous meal he is devouring.

Middle Right: John Kotermanski tries to determine the best way to eat his beans and rice.

Bottom Left: Karey Miller gets down to business at a Spanish Club meeting over which she is presiding.

Bottom Middle: Katlyn "Acorn" Ringle seems to be enjoying the scrumptious food she ordered at Pepper's





Proud Artist

Above: Jen Smith and Stacey Charbeneau show off their papiermaches.

Below: Ashley Early's reflection art work on display during a band concert at the High School.



Creators at Work

Far Above: Jessica Martin's acrylic painting on display at the school.

Above: Mrs. Laing and Mrs. Kolaczynski make the Soup Bowl charity event a huge success.

Right Above: Kim Kidle practices a steady hand as she works on her acrylic painting.

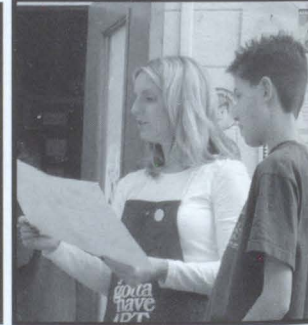
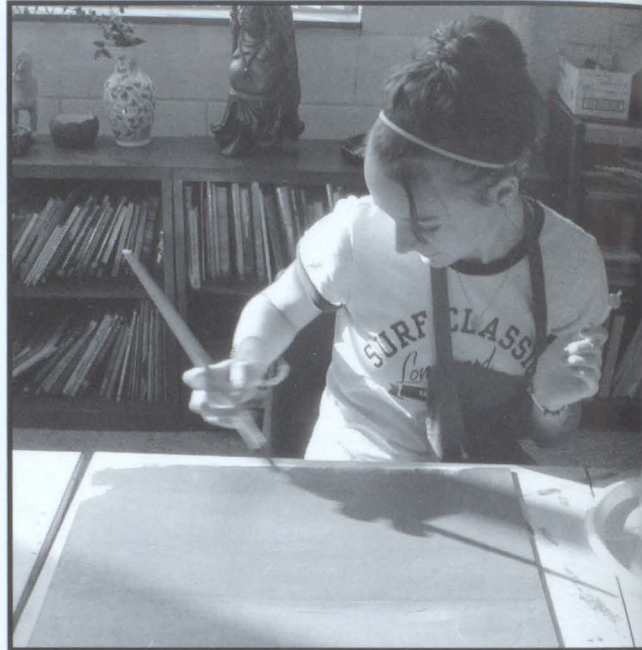
Right: Julia Fitzgerald fitfully erases a mistake while working on her frustration sketch.

Far Right: Mike Rilley getting help on his map project.

Left: James Pouliot painting his papiermache turtle.

Art

THINKING OUTSIDE OF THE BOX



Landscape Art Sketch

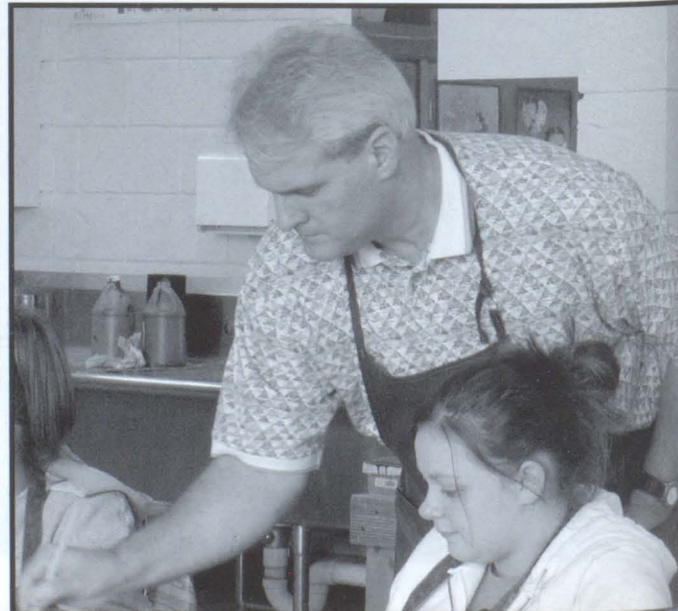
Above: Matt Edgenton's charcoal sketch on display during a Band Concert at the High School.



Artistic Perfection

Above: Kendra Cook's scratch art work on display at the High School.

Right: Steve Wood helping Jaimie Beischer with her water scene painting.



Woodshop

CREATORS HARD AT WORK



Watchful Eyes

Above: Mr. Ray keeps an eye on his hard working students, in case any of them need his help with their projects.

Carefully Working

Below: Jackie Barbier carefully works on her creation.



Hard at work

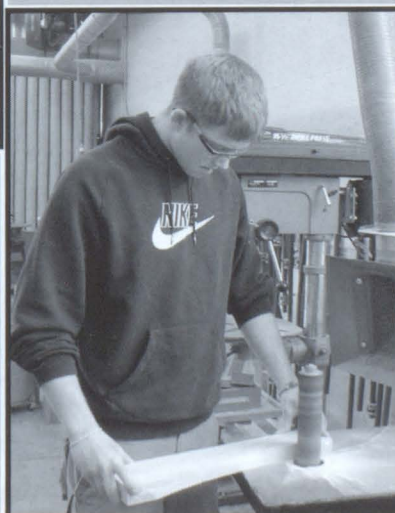
Left: Steve Meherg sanding his wood again to make sure it is just right.

Determined Workers

Above: Derek Krauss and Ryan Protasiewicz working together to start a new project.

Left: Derek Krauss hard at work creating a frame.

Below Left: Nick Kowalewski carefully sands each piece of wood to make sure they are smooth.





Below: Mr. VanLoon talks to the club members about where they are going to "voyager" next.



French Club

Je suis francais

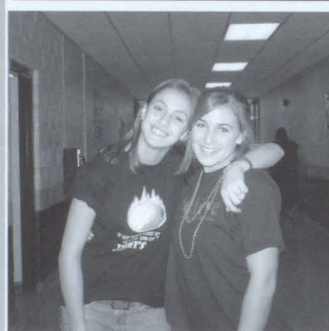
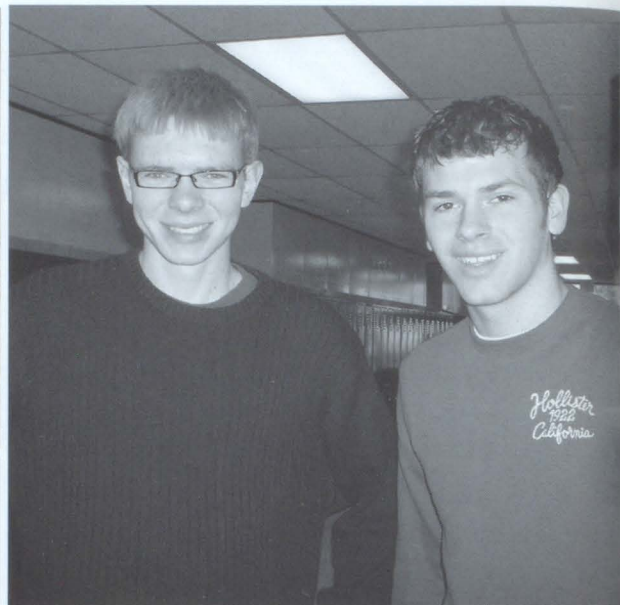


Above: Ashlee Heilig and Amanda Koshak are showing each other their Frenchship.

Top right: Knud Nielsen and Kyle Palmateer talk about their French political views during one of their short meetings.

Far Right: Amanda carries her good friend Olivia to their French Club Meeting.

Right: Katie lends Jackie a helping hand in the hall which is one thing that is very important to the French.



Above: Ashlee Heilig, Amanda Gonzalez, and Amanda Koshak put on their mustaches during a French meeting to think of a word Mr. VanLoon wouldn't know how to say in French!!

Right: The French Club members all gather together during one of their meetings deciding which French cuisine would be best to try next.



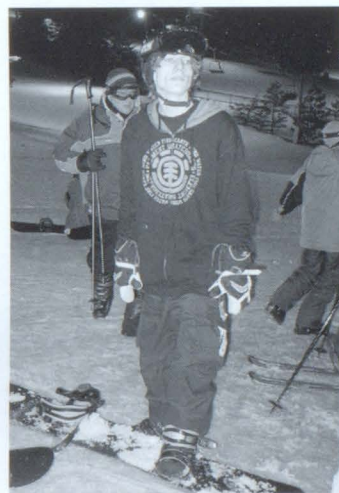
Ski Club

Let's hit the slopes



Left: Kyle Hulett and Glenn Hill are getting ready to snowboard down a huge hill and are kind of scared.

Below: Shane O'Connor gets ready to choose which hill he will conquer next!!



Above: Andy Williams and Kate Koning just got off the slopes and are warming up while they wait for some hot chocolate.



Top Left: Kylie Hill, Andy Williams, and Glenn Hill just got off the ski lift and are getting ready to head down the slope for another run.

Left: Shane O'Connor, Tom Manney, Sara Tomeo, and Taylor Smith share their feelings for each other.

Bottom Left: Mrs. Osentoski and Ms. Joy hang out in the ski lodge after hitting the slopes.

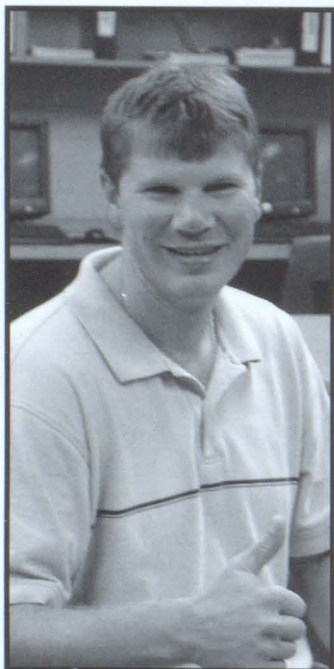
Below: Ms. Joy, the advisor of the Ski Club says she loves being the head of this club because they have so much fun.



YEARBOOK

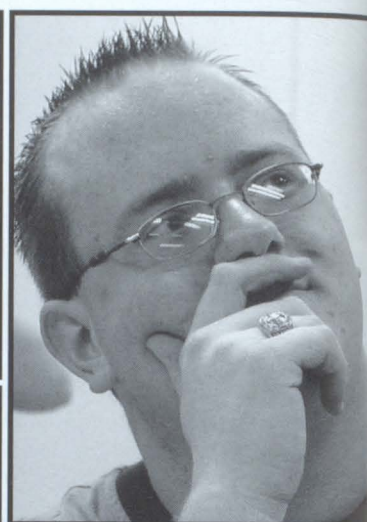
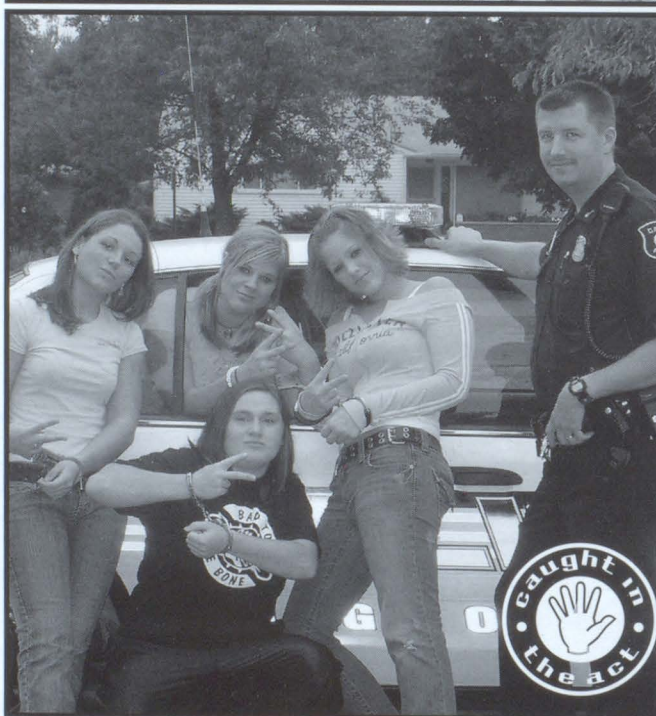
"I said no 'Mission M' today, but as long as you are going -- get me a large coffee with two creamers, a sausage McMuffin no egg and hash browns." - Mr. Lengemann

Below: Lengemann shows how much he loves yearbook class with a thumbs up!!



Above: Jamie Martin pondering on new creative ideas.

Right: Abby McConnell and Sam Kaufman showing off their pearly whites.

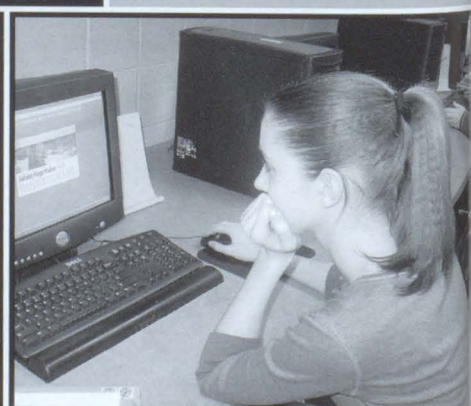


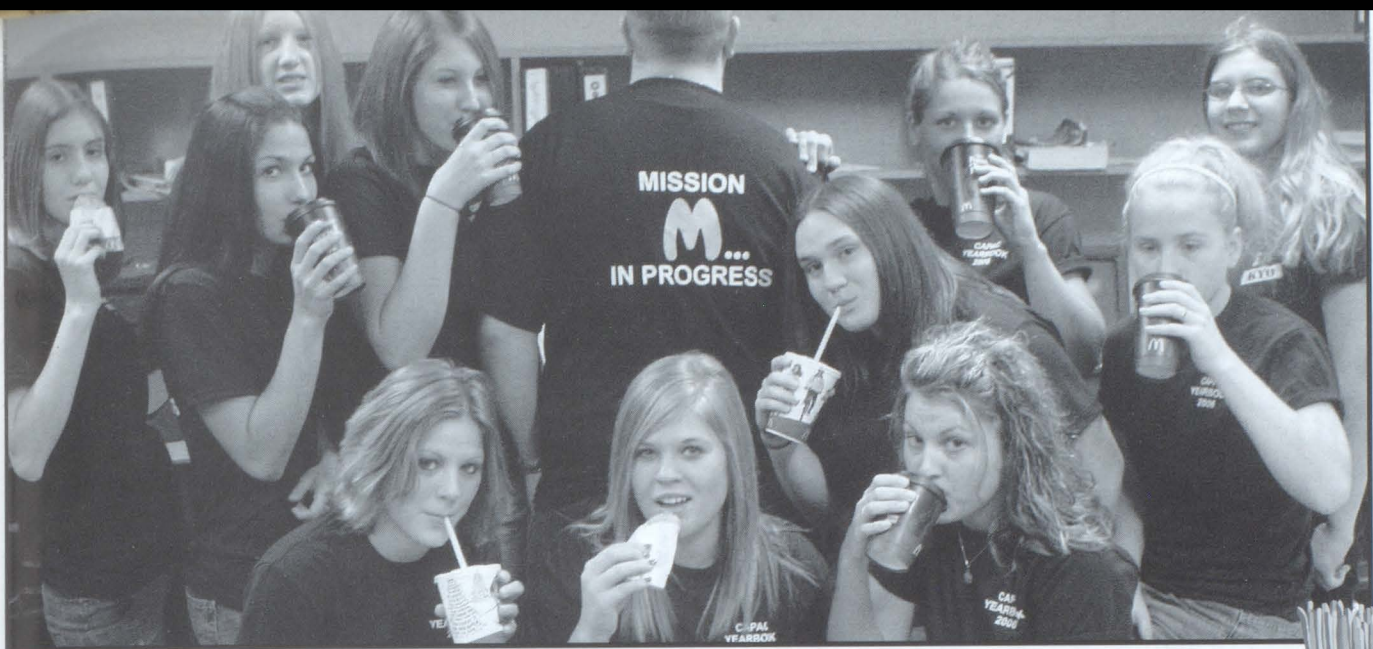
Above: What is it Brandon Stringer? Did you get another new amazing idea?

Above Left: Ahhh...Gonzo admiring her unfinished yearbook pages.

Left: These girls are rebels. Jamie, Amanda, Melena, and Gonzo get caught trying to steal the cop car.

Below: Hannah Bosch working diligently on her yearbook page.

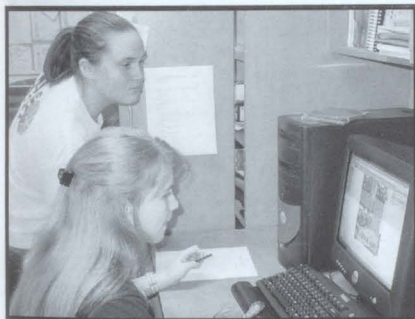




MISSION "M" IN PROGRESS



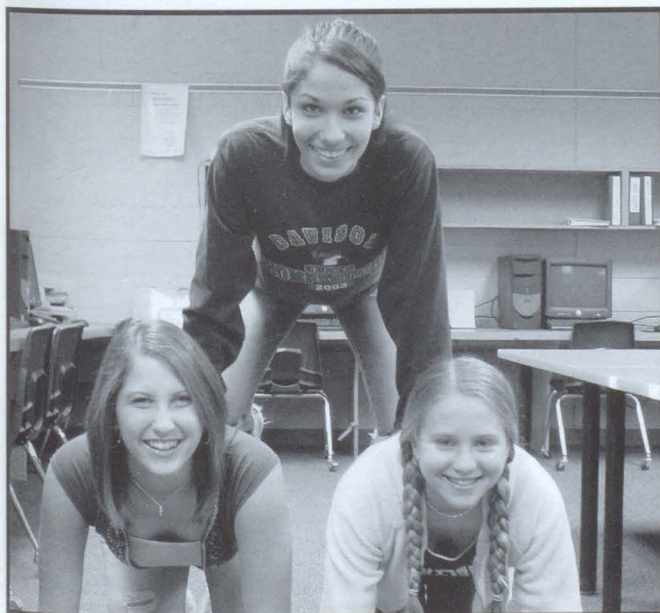
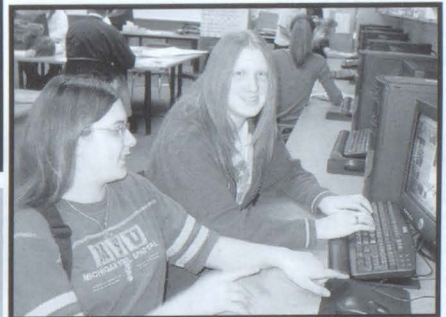
Below: Amanda Gonzalez takes a peek at Ashlee Heileg's cheerleading spread.



Above: Jamie showing her love for Sara McConnell.

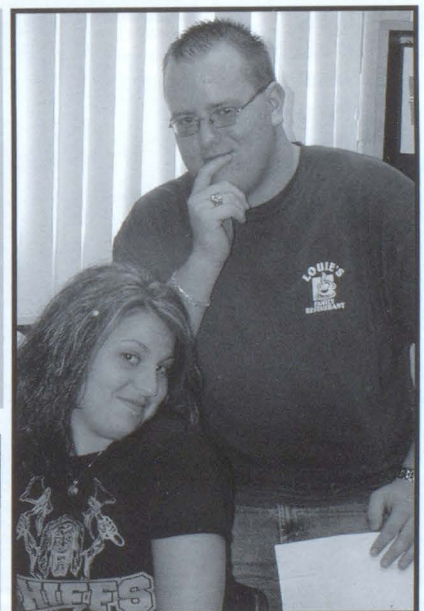


Below: Sarah and Ashley work together to meet the deadline for their spreads.



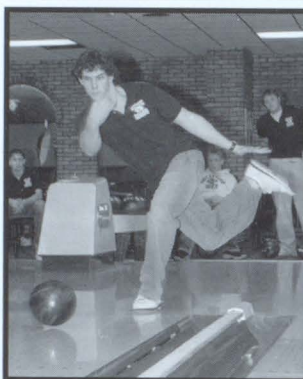
Right: Uh oh Sara, what did you do this time? Take care of her Brandon!!

Left: You sure can tell these girls were cheerleaders, Abby, Ashlee, and Sam form a pyramid for the picture.



Home Of The Chiefs

Football	102
Girls Basketball	110
Cross Country	116
Golf	118
Boys Basketball	120
Cheer	128
Wrestling	130
Volleyball	132
Baseball	138
Softball	140
Track	144



Sports in Action

Left: Jerrica Polzin goes up strong for the layup during her district game

Below Left: Alex Moseley bowls a strike during his perfect game this bowling season.

Below: Katie Turner sprints for the finish line during Cross Country.



Capac excels in the arena of athletics - District Champs, State Titles, exuberant victories, and crushing defeats - we have it all.

Together They Did!!

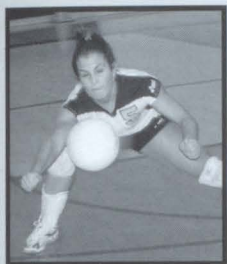
Right: The Varsity Softball team celebrates their second only district title in school history. Defeating Almont and stopping Sandusky from repeating this year. **Front:** Katie Hlubic, Amanda Gonzalez, Amanda Koshak, Stephine Smith. **Middle:** Jessica Gundlach, Jamie Martin, Ashley Sheldon. **Back:** Coach Bennett, Laura Pewinski, Anna Cyrus, Sara McConnell, Ashley Scott, Melissa Bullock, Jessie Blackstock, Kristie Wheeler and Coach Schultz.



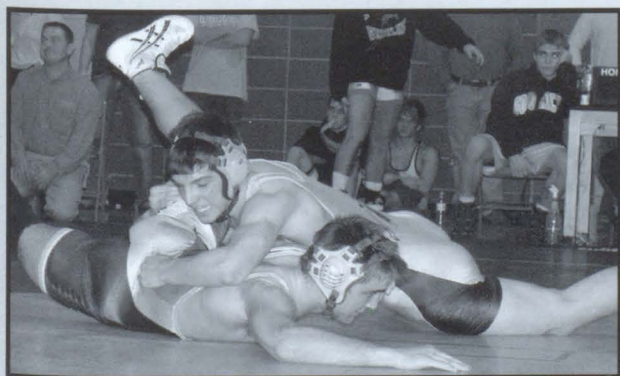


Blue 48, Blue 48, Hut, Hut!

Above: Quarterback Kyle Palmateer calls the play at the line as his team members poise their energy to explode off the offensive line and knock their opponents to the ground. Capac Football improved this year to 3-6, and are looking forward to next season.



Above: The Varsity Wrestling Team celebrates after they win the District Championship.



Above: Scott Kulman goes for a pin in the tournament. Unfortunately, the opponent has some other ideas.



How Do You Do That?

Above: Carissa Rinke does some amazing stunts for the Cheer Team in order to get the team pumped. She was a Varsity Cheer member this year, and is looking forward to her Senior year and winning Leauge.

What was most memorable about your high school sports career?



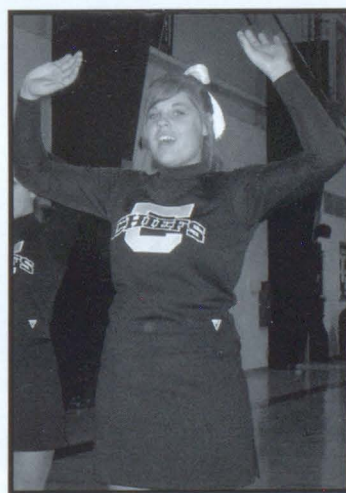
Sara McConnell
The highlight of my life was my Junior year. We won basketball districts and I never had a better softball season.



Kyle Palmateer
I would have to say when we won the baseball disticts back in Junior year. It was an exciting game and turn out to be in our favor.



Nate Kilgore
I remember when I made it for States and Scott Kulman and I dyed our hair bleach blonde. Also when we won our district championship.



I'm Innocent, Really!
Above: Amanda Koshak shoots the crowd her "I'm a goody, goody two shoes" look during sideline cheer at a home basketball game.

Bring On The Heat
Below: Chris Mousseau gets signal from the catcher to throw that old speedball by him.



CHIEFS

FOOTBALL



The "Chiefs" of the Tribe

This year's football captains consisted of:

Nate Kilgore #10

Bryan Sivec #44

Lee Peters #66

Kyle Palmateer #11



"
*Losing is only temporary,
but giving up is what
makes losing permanent.*
-Kyle Palmateer "



THE ATTACKING "O-LINE"

Above: Chris Mousseau (a.k.a. Moose) runs the ball as Bollaert #3 blocks for his skinny little behind.

ALL ON A FRIDAY NIGHT

Top Right: Rawlins goes air born after the opposing QB. **Middle Right:** Coach Nestle draws out the secret play for his O-Line. **Bottom Right:** Murray is on the prowl for a Raider carrying the ball. **Far Right:** Delo carries the ball up the field looking for sweet taste of that TD.

HOLD THE ROPE!



All Hail the Chiefs of Capac
Kyle Bollaert and Mrs. Palmateer take a quick shot during teacher appreciation week next to our awesome "chief-head" picture in the office.

Oh say can you see...

The guys are listening to the national anthem before the last home game of the season.



Spear 'Em

The fearless mascot Gonzo looks for her next object to spear. FEAR THE SPEAR!





The Fighting Chiefs

Top Left: Steve Meharg makes a miraculous catch while falling "heels over head" for QB Palmateer.

Top Right: Palmateer hands off to #26 DeLo while the rest of the offense blocks for him.

Right: Lee Peters, spear heads the Chiefs offensive attack.

Bottom Left: Palmateer hits Bollaert, the open receiver in the midst of a close game.

Bottom Right: DeLo shows his strenght by reaching the first down while Almont opponent tries to bring him down.



The Chiefs in ACTION



2005 Season Score Board

	Us	Them
B. Atherton	20	0
Richmond	14	29
Armada	39	22
Algonac	21	0
Yale	27	13
Almont	44	13
Cros-lex	33	8
I.C.	25	20
N. Branch	35	14



■ We should have won a few more close games this year. But the guys worked hard and we will definately miss our seniors next year.

- Coach Nestle



Top: Blaise Pewinski, Kyle Bollaert, Sean Wendt, Jake Rawlins, Brian Godo, Steve Meharg, Mike Blackstock, Kyle Palmateer, Matt Glombowski **2nd Row:** Brian Klein, Alex Wegner, Chris Botwin, Shane Sinda, Bryan Sivec, Steve Owsen, Ben Nelson, Anthony Delorenzo, Andy Schrader **3rd Row:** Matt Godbold, Leif Kowelewski, Chris Sass, Coach 40, Coach Peiterzak, Coach Nestle, Coach Klink, Coach Baker, Brian Peiterzak, Brian Sass, Neil Murray **4th Row:** Steve Welch, Andrew Guterrez, Nate Kilgore, Matt Walker, Scott Kulman, Adam Porter, Frank Williamson, Steve Spencer, Bryan Forton, James Watson **Bottom Row:** Jake Richey, Jake Nemecek, Lee Peters, Anthony (H2O), Chris Mousseau, Curt Chalabian, Adiano Bonfiglio

JV Football

JV Football

	Us	Them
Atherton	21	6
Richmond	14	13
Armada	7	21
Algonac	36	14
Yale	18	7
Almont	14	26
Cros-Lex	6	24
Imlay City	18	8
North Branch	12	21



Top Row From Left to Right: Gregg Hulett, Kevin Bollaert, Joe Fraizer, Chris Schroeder, Joe Harvey, Tino Siewart, Anthony Theel, Billy Ogden **Middle Row:** Coach Pilgrim, Brian Jozlin, David Berlin, Tom Brys, Nick Koweleski, Chirs Bruce, Coach Rosas, Dan Patton, Mike Withun, Jon Carroll, Justin Craft, Ruben Nino, Patrick Gresell **Front Row:** Andrew Bollaert, Jesse Raska, Travis York, Eric Bollaert.



Above: Joe Fraizer is sprinting his way through the defensive players.



Upper Right: Jon Carroll is making his way past the defensive line to get a first down.

Far Right: Joe Harvey has a powerful kick as he is kicking off to the other team hoping that this could give them an advantage.

Right: Our defense is tackling every person that they can, stopping anyone from getting through to gain yards.



Below: The offensive line is wonderfully positioning themselves so that they can protect the quarter back so he can make that beautiful throw that they all know he can do leaving them to score a touch down.

Freshman Football



"The boys did great this season. They all came into this with a great attitude and left with a little more. Great things will come of these guys." -Coach Pilgrim

"Our season outcome was outstanding, we couldn't have asked for a better year." -- Coach Wright, Coach Murphy, Coach Smith, and Coach Manney.



Left: The boys are doing everything they can, taking down all of the other team's offensive players.

Above: Darren Hunsucker is embracing the running back preventing him from continuing forward on the field.

Below: Everyone is getting ready for the hike to be called, ready to win the game!



Freshman Football

Us Them

Marine City	2	17
Richmond	6	24
Armada	18	7
Algonac	0	13
Yale	21	6
Clintondale	36	18
Cros-Lex	0	24
Imlay City	18	6
North Branch	21	7



Top Row: Jon Botwin, John Richards, Tom Manney, Richard Vielhaber, Dylan Hughes, Sean Kaiser **Middle Row:** Chee Vang, Tom Tobian, Tony Medrano, Don Tompkins, Chris Spry, Mike Murphy, Mike Smith, Anthony Saccoia, David Shindak, Anthony Hargis, Raul Morales, Collin Scott, Bryant Murphy, Kevin Bolday, Darren Hunsucker, Matt Edgerton **Front Row:** Jon Laroche, Clay Colwell, Joe Johnson, Mike Parks, Mike Ziats, Cameron Lawers, Scott Simms, Jake Zuby

Varsity Cheerleading

2005



Coach Robinson- "This season has been a good year. All my girls had great attitudes. They worked hard and all got along."

Captains

"Amber Craft"

"Shelby Nahernak"

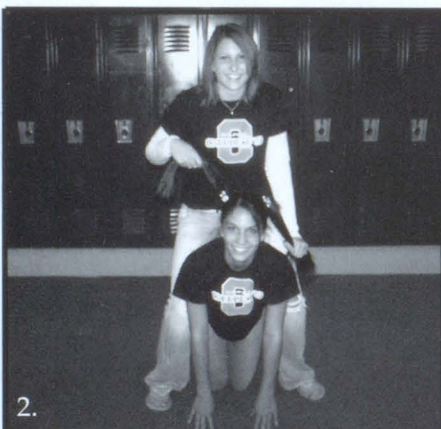


Back: Becky Zarkowski, Lauren Pelc, Jessica Roberts, Sharleen Hagel, Sam Kaufman, Heather Macclauhan, Anna Cyrus, and Coach Robinson. **Middle:** Heather Porter, Jessica Siewark, Abby McConnell, Sam Owsen, and Carissa Rinke. **Front:** Amber Craft, Shelby Nahernak, and Kim Bolday.



1.

1. Amber Craft posing for a picture at a football game.



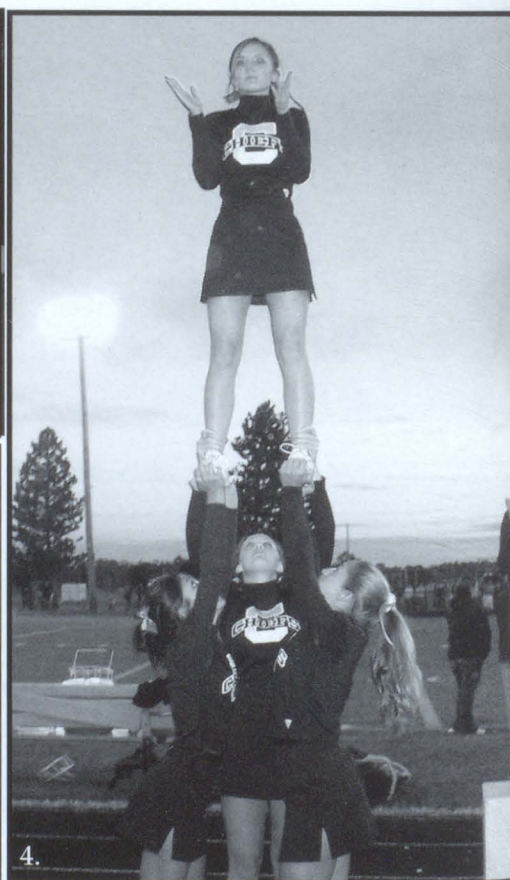
2.

2. Abby McConnell and Sam Kaufman are excited for their game tonight.



3.

3. Sam Owsen, Amber Craft, and Crystal Schram doing a cheer to pump up the crowd.



4.

4. Sam Kaufman, Sharleen Hagel, and Amber Craft putting Anna Cyrus in a stunt to get the crowd going.

Below: Michelle Kotermanski, Kami Misch, Taylor Smith, Christina Burns, Courtney Smith, and Renne Smith cheering for their football team.



JV Cheer



Above: Taylor Smith and Michelle Kotermanski cheering for the offensive line while cheering the crowd on.



Above: Megan Beischer doing a back-hand-spring to show off her perfect form.

Go Blue!!



Left: The Junior Varsity Cheerleading team is cheering Megan Beischer on while their cheering on the crowd to get the football team pumped up so they can win their game.

Above: Katie Mailloux, Michelle Kotermanski, Catherine Haemelinck, Kami Misch, Renee Smith, Taylor Smith, Megan Biescher, Jessica Chetoski, and Cristina Burns taking time from cheering to take a picture.



Back: Michelle Kotermanski, Katie Mailloux, Coach Mayer, Nicole Cook, Catherine Haemelinck. **Middle:** Taylor Smith Renee Smith, and Courtney Smith. **Front:** Kami Misch, Jessica Chetosky, Christina Burns, and Megan Beischer.



Above: Katie Mailloux



Coach Mayer- "I am glad that for my first year of coaching I had some great girls. They all worked hard and together."

8th Grade Football

2005 Scores

"Future Stars"

	Us	Them
Armada	22	28
Almont	0	6
Yale	14	30
Richmond	14	28
Imlay City	38	40
Algonac	38	20



First: Patrick White, Robert James, Mitchell Parks, Matt Burgess, Curtis Patton **Second:** Coach Schneider, Jacob Kiss, James Carver, Arthur Andrade, James Xiong, James Morgan, Nick Osbourne, Chris Bly, Justin Boroff, Coach Vagara **Third:** Erin Smith, Eddie Neimie, Derek Gottschalk, Mike Borgeous, Cody Rossow, Eric Seaby, Jeff Connell, Fred Mardlin, Ryan Carter **Fourth:** Joe Zack, Andrew McDunnah, Ethan Messing, Chris Reeves, Shawn O'Brian, Brandon Shalm, Nick Parks, Kyle Lache, Cody Williams, Cheyenne Pywell **Fifth:** Casey Klobnock, Cody Walker, David Debouvre, Jordan Heiden, Jeremy Mirling, Doug Slayton, Brian Kulman.

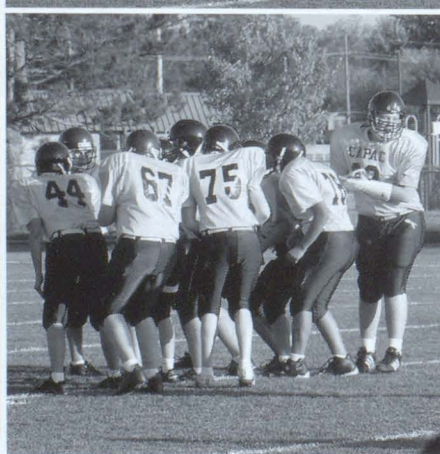


Above: Kyle Lache backs up and looks for an open receiver to make the pass for a touchdown.

Top Right: The boys take down the offending team by tackling the quarterback.

Right: The Capac defensive line get together in a huddle to discuss the next play.

Far Right: Capac boys go head to head with the Almont Raiders, getting ready to tackle the quarterback as soon as the ball is snapped.



8th Grade Cheer

Below: The 8th grade cheerleaders encourage their boys to get a winning touchdown.



Coach Schneider:

"The players have worked hard this season and improved every game."



Coach Smith:

"My cheerleaders showed their spirit all season and tried their hardest at everything we did."

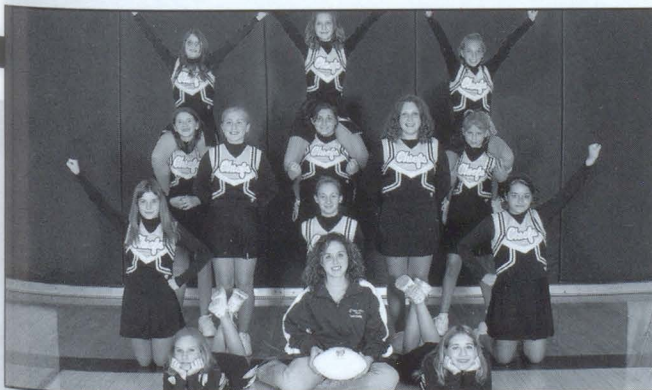


Left: Alex slowly lifts her leg for a liberty in a stunt, during a timeout in the second quarter of the game.

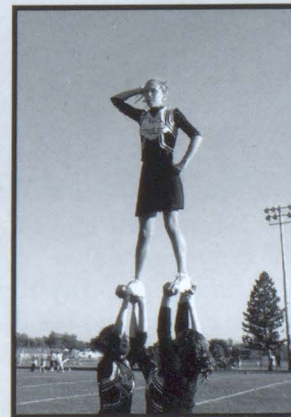
Above: Alex, Sabrina, and Angel clap their hands to "gimme a C" and they try to get the crowd pumped about the game.

Below: Karlee sticks her high "V" while doing a stunt at the end of the 1st quarter.

Below: Sabrina and the rest of the girls in her stunt practice for their half time cheer.



First Row: Karlee Ringle, Shelby Taylor, Alex Miller **Second Row:** Brianne Smith, Alyssa Gerrick, Angel Nyquist **Third Row:** Makayla Porter, Ashley Pelshaw **Fourth Row:** Alexis Folan, Sabrina Connel, Brittany Hart **Fifth Row:** Megan Ferrett, Coach Smith, Rachel Stevens.



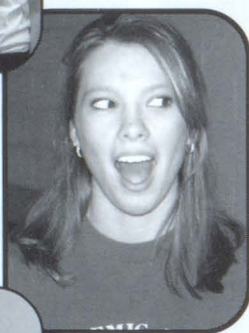
Varsity

Basketball



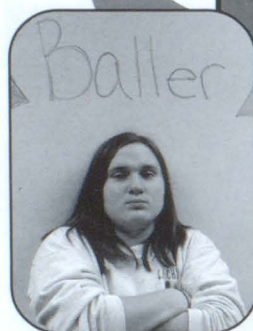
"Nothing but net...under the rim!"

-Ashlee Heilig.



"BALLER number 1!"

-Jerrica Polzin



"Next time you foul...you better make it worth it!"

-Amanda Gonzalez



Above: Brandy Bly looks for a way around the defender so she can take the shot, giving them a better chance of winning the game. **Top Right:** Ashlee Heilig is dribbling the ball around her defenders taking it to the hoop. **Right:** Sara Tomeo is taking it all the way with this shot.

Bad to the Bone



Below: Amanda Gonzalez, Ashlee Heilig and Jerrica Polzin are all trying to fit on the miniature bike waiting for their game to start.

Above: Gloria Polzin takes a shot and by the looks of things this shot could make a game winning difference.



Left: Jessie Blackstock has perfect form as she is shooting the ball. There is no way that she is going to miss with a shot like that!





Above: Jerrica Polzin is driving to the basket with a picture perfect layup.

Top Right: Taylor Sinda is guarding with everything she has left.

Right: Sara Tomeo is making a great pass even with defenders all over her.

Below: Capac's defense is boxing out making sure they get the rebound.

Bottom Right: Jessie Blackstock goes up strong for 2 points.



K.Smith-11th
Is thinking of a new strategy to make this game a good one, hopefully the best one of the season.



J.Blackstock-
Swishes a game winning free throw.



T.Sinda-9th
Watches her shot as she awaits to see if it will drop in right.



A.Gonzalez-11th
Getting a little tired out, from the fast pace game that is taking place.



J.Polzin-12th
Looks a little discouraged in the call that the referee made.



S.Tomeo-10th
Is lining herself up for a shot that could change it all.



A.Heilig-12th
Making her way down the court thinking about what she needs to do tonight.



Top row left to right: Sara McConnell, Taylor Sinda, Coach Lee, Brandy Bly, Kim Smith. Middle row left to right: Gloria Polzin, Ashlee Heilig, Jessie Blackstock, Amanda Gonzalez. Front row left to right: Ashley Scott, Jerrica Polzin, Sarah Tomeo.

	Us	Them
Millington	57	54
Brown City	34	71
Lapeer West	42	59
Richmond	47	58
Armada	52	68
Lapeer East	26	38
Almont	31	54
Algonac	48	58
Cros-Lex	35	56
Imlay City	47	31
Richmond	44	51
Wesleyan	60	45
Armada	37	48
Algonac	54	56
Yale	35	38
North Branch	38	49
Almont	34	57
Yale	45	31
Cros-Lex	35	50
Imlay City	46	54
Overall Record	5-15	



"The girls improved a lot over the season. We started out rocky at first, but we started to pull together at the end and it really showed."

-Coach Lee

JV Basketball

	Win/Loss
Millington	L
Brown City	L
Lapeer West	L
Richmond	L
Armada	L
Lapeer East	L
Almont	L
Algonac	L
Cros-Lex	L
Imlay City	L
Richmond	L
W.C.A.	W
Armada	L
Algonac	L
Yale	L
North Branch	L
Almont	L
Yale	L
Cros-Lex	L
Imlay City	L

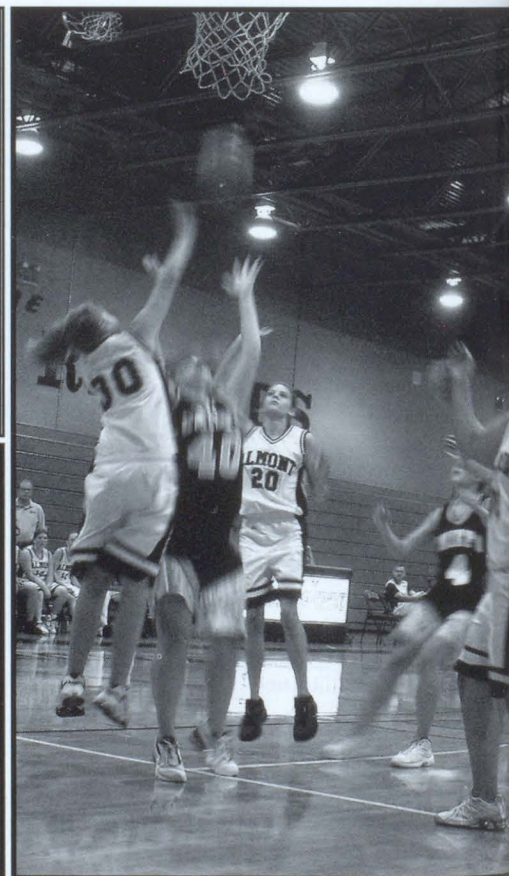


Front Row (L to R): Marissa Moore, Falecia Trendy, Kristin Dewitt, Lindsey Manning
Middle Row: Courtney Baldwin, Brittney Ludington, Coach Jen Abel, Sam Batchelder, Chelsea Stoddard
Back Row: Jessica Patton, Charlotte Clark, Ashley Burke

Right: Charlotte Clark looks for an open teammate down the court.

Far Right: Sam Batchelder goes up strong for a rebound.

Below: Courtney Baldwin goes up hard to draw the foul.



"The girl's effort was great. They worked hard even though only winning one game. I'm proud of them no matter what the score says."





Freshmen Basketball

"Defense Wins Games -- We proved this to be true."-Joan Bastianelli



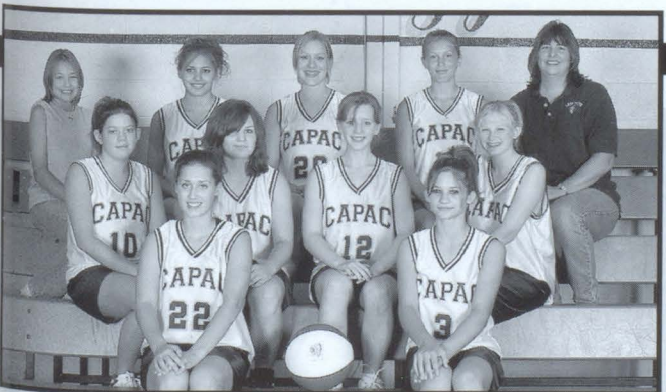
Above: Kristina Frost taking The Muskrat to the basket for two.
Left: Gabby Sabatino dribbling into the paint for an easy bucket.



Above: Sarah Batchelder tries to box out her opponent while the shot goes up.



Above: Tabitha Czekiel slides past the defender for a breakaway lay up.
Left: Laura Pewinski swishing the jump shot over the defender.



Front Row(L to R): Kylie Miller, Tabitha Czekiel **Middle Row:** Gabriela Sabatino, Laura Pewinski, Jessica Hall, Kristina Frost
Back Row: Manager Sam Bastianelli, Kayla Webber, Megan Rawlins, Sarah Batchelder, Coach Joan Bastianelli

	Us	Them
Lapeer West	14	46
Richmond	19	26
Armada	23	21
Lapeer East	18	21
Algonac	30	32
Cros-Lex	22	31
Imlay City	41	28
Richmond	24	31
Armada	26	34
Algonac	27	18
Yale	56	21
North Branch	27	30
Yale	56	17
Cros-Lex	32	31
Imlay City	41	7



We had a terrific year. Everyone was able to play and worked very well together. We concentrated on ball handling and defense, and that proved to be key.

8th Grade Girls Basketball

	Us	Them
Armada	14	17
Almont	19	26
Yale	12	32
Richmond	25	36
Imaly City	14	32
Algonac	21	22
Armada	22	28
Almont	21	25
Yale	15	27
Richmond	17	38
Imaly City	24	33
Algonac	22	21



Top Left to Right: Coach Redding, Gianna Sabatino, Whitney Weston, Shelbie Santi, Kristin Harris, Jenna Swatsell, Jenna Welch, Julie Fox **Middle:** Kaylee Green, Shelby Erikson, Harlee Deaton, Jamie Green, Megan Rank, Sara Mousseau **Bottom:** Ashley Mousseau and Kelly Frost



Above: Kelly Frost and Julie Fox practice before the game.



Above Right: The girls show Capac's good sportsmanship even to the very end.

Right: Coach Redding takes a quick break to review and make new plans for the upcoming quarter.

Far Right: Kelly Frost takes her time to aim her shot perfectly.



Equestrian

Below: Adam Porter and April Wilcox smile for the camera in their equestrian team attire.



Jumboliah

An Assortment Of Different Sports



Above: April Wilcox shows what Capac is made of with her prize winning horse Taylor!



Above: Adam Porter and his horse, Thunder, take a break from competing to smile for the camera!



Athletic Trainers

Above: Capac Athletic Trainers Kim Wasenbaugh, Sara McConnell, and Jennifer Sirovey all smile for the camera.

Left: Sara McConnell and Ashley Kruger from Capac's Athletic Trainers taking a picture with the spirit stick.



Top Left To Right: Tyler Glomboski, Tyler Sawicki, Chris Paluch, Ian Schaefer, Coach Vangel, Bottom: Grant Hulett, Ashley Callewaert, Katie Schmidt

Jr. High Cross Country



Above Right: Amanda Gonzalez takes time from being Capac's mascot to pose for a picture.

Boys Cross Country



Carl Leonard



Mike Hull

Varsity Boys

Standings

Brown City	3 rd
Muskrat Classic	6 th
BWAC Jamboree	2 nd
Holly Invitational	7 th
Lapeer Co. Press	1 st
BWAC Jamboree	2 nd
Harbor Beach	3 rd
Marysville	4 th
BWAC League	2 nd
Caro	1 st
Regionals	1 st



Top Row: Coach Lindsey Murphy, Coach Steve Sampson. **2nd Row:** Andy Williams, Knud Nielsen, Jeremy Paulch, Aaron Dickens, Brenden Pfeifer, Theo Thomas, James Kiss, Tyler Morley. **3rd Row:** Kyle Hullet, Shane O'Conner, Glen Hill, Mike Hull, Wade Burns, Tom Carter, Timmy Shurat. **4th Row:** Jesse Felix, Mike Hoeft, Todd Lawrence, Jake Hoover, Adrien Steffen, Brandon Hackelberg, Ben McKay. **Bottom Row:** Niles Czekiel, Ben St. Onge, Josh Murphy, Edward Nahorodney, Joe Camire, Carl Leonard.

Girls Cross Country



Kylie Hill



Jackie Clark

Varsity Girls

Standings

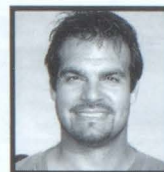
Brown City	6 th
Muskrat Classic	10 th
BWAC Jamboree	6 th
Holly Invitational	20 th
Lapeer Co. Press	1 st
BWAC Jamboree	7 th
Harbor Beach	10 th
Marysville	13 th
BWAC League	6 th
Caro	5 th
Regionals	4 th



Top Left to Right: Coach Lindsey Murphy, Coach Steve Sampson. **2nd Row Left to Right:** Stephanie Gray, Sara Morley, Jackie Clark, Kylie Hill, Melissa Sawicki. **3rd Row Left to Right:** Mackenzie Hackelberg, Olivia Kolaczynski, Sam Furby, Kristin Nahorodney. **Bottom Row Left to Right:** Bethany Palmateer, Jessica Medrano.



1. Katie Turner is pacing herself for a strong finish. 2. Olivia Kolaczynski is showing the girl next to her that she will beat her at the finish line. 3. Jake Hoover is running a great race all the way to the end. 4. Josh Murphy is getting a great start and showing everybody they have to work hard to catch him. 5. Mike Hull is pushing himself to the limit to show everyone what he is made of. 6. The girls are off to a good start.



"We worked really hard and had loads of fun."- Coach Sampson

Left: Jessica Medrano is pushing herself trying to get her personal best at Algonac.

Below: The girls team is in a huddle to fire each other up before the race.



Above: The Boys varsity team has a ritual they do every meet. It is the chicken dance. It helps them focus and have a good race. Joining in on the fun is Josh Murphy, Brenden Pfeifer, Mike Hull, Jake Hoover, Joe Camire, CJ Leonard, Mike Hoefft, Jeremy Paulch, Aaron Dickens.

Varsity Golf



Get In The Hole!



Above Left: Senior Captain, Mike Roy.

Left: Coach Young.

Bottom Left: Sophomore Captain, Kenny Randall.



“ We are a young team with a solid core of sophomores who carried the team this year. We should contend for the league championship in the next few years.

~Coach Dave Young ”



Above: Mike Roy displays great technique with his backswing before teeing off on the first hole at Holly Meadows Golf Course.

Right: Kenny Burk reads the putt perfectly and sinks it for par.

SOPHOMORE SENSATIONS



Reading The Green

Left: Jordan Konyha does an imitation of Tiger Woods as he lines up his put on the 18th green. Get in the hole!

Swinging out of the Marshes

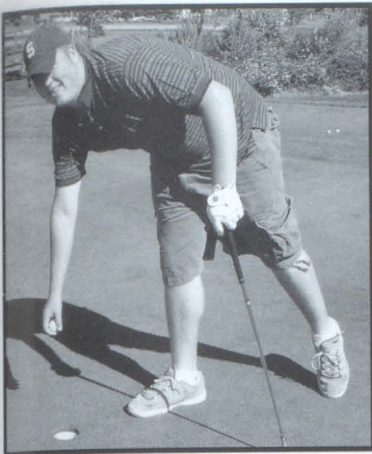
Right: Anthony Hoskey drives his ball out of the marshes and into the green.



Into The Fair Way

Above: Mitch May looks like a pro as he swings in hopes of getting an "Eagle."





ON THE GREEN

Above Left: Andy Sawicki sinks a putt at practice. *Above Right:* Jordan Konyha and Mike Roy seriously scope out the competition as A.J. Rank laughs at their absence of skill. *Right:* Kenny Randall practices teeing off while using Jordan Konyha as a human tee. *Below:* Mark Czerwinski, Anthony Hoskey, and Jordan Konyha look dismal as they act as their own caddy. *Below Right:* Mitch May and Corey Green daydream about green jackets and PGA wins.



Back Row: Coach Young, Kenny Burk, Andy Sawicki, Mike Roy, A.J. Rank, and Mitch May. **Front Row:** Zack Parker, Jordan Konyha, Corey Green, Anthony Hoskey and Mark Czerwinski

BWAC

10-11

5TH place

OVERALL

11-11

TEAM	Score	Place
Mayville Tourn.	382	5 th
Imlay City	171	WON
North Branch	171	WON
@ Algonac	176	LOST
@ Cros-lex	193	LOST
Richmond	170	LOST
@ Richmond	166	LOST
B. City Invit.	337	2 ND
Imlay City	156	WON
Algonac	167	WON
Cros-Lex	168	LOST
Peck Invit.	362	5 TH
@ Almont	191	LOST
@ Yale	178	LOST
Armada @ Yale	178	LOST
Almont @ Yale	178	LOST
Armada	165	WON
Yale	175	LOST
Districts	379	7 TH
League	36	6-1

J.Konyha • Soph

"GOT GOLF?"



A.Sawicki • Sr.
"Golf is not life and death, it's much more than that--- Seriously, though, it's just a game."



A.Rank • Soph.
"Golf is harder than baseball because you have to play your foul balls."



A.Hoskey • Soph.
"I have a tip that can take five strokes off anyone's golf game: its called an eraser."



Mark C • Frosh.

"It's not over until it's in the hole."

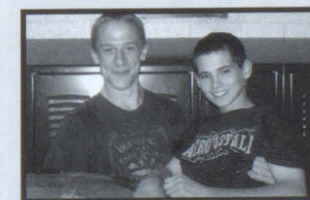


M. May • Soph.

"Golf is like a divet, dig it."



C.Green • Soph.
"That would have been a good shot... if it was straight."



"This year was a rebuilding season with a lot of young prospects that will hopefully help lead us to a win at regionals next year." Captains: Mike and Kenny

Capac Chiefs



2006 Captains

This years captains were seniors **Kyle Bollaert** a 2 year varsity player and **Kyle Palmateer** a three year varsity player and second year as captain.



We had a great season and I hope the guys will have a great one next year too. -KP

A Trip to the Palace was sure to please... Everyone!

This year we played Marysville at the Palace with an unfortunate loss. They still had a great time. Even the waterboys enjoyed themselves during the action in Detroit.

Team Spirit off the Court



Cheering on the Team with a little "Class"

Bryan Sivec cheers for a good show from his fellow teammates still on the floor while Alan Browning and Joe Harvey admire Sivec's team spirit.



Coach's Little Helpers! Coach Lengemann, Sara, and Chief Gonzo take a quick shot at the Imaly City game.



A time out from the excitement on the hardwood.

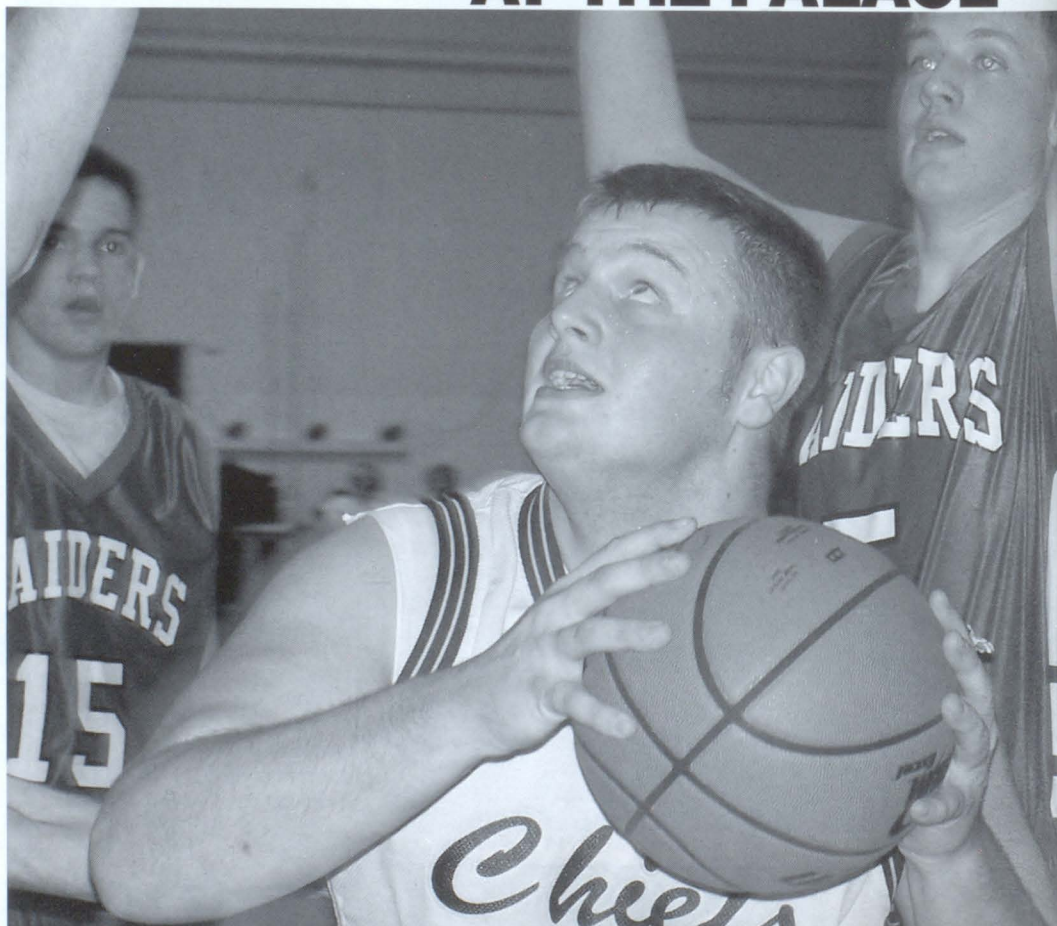
Coach Lengemann sits his team down to let them regroup. Not to mention drawing up a great little concoction for an offensive play.



AT THE PALACE



Top: Karl Hummel looks to pass to an open player. **Above:** Kyle Palmateer plows through a mess of Marlette defenders. **Right:** Joe Harvey looks to use his strength to score the points.





Action on the Hardwood

Above: John Kotermanski tries to keep control of the ball while being defended by a Richmond player. **Top Middle:** Bryan Sivec goes up strong with the basketball. **Top Right:** Alan Browning drives on a Richmond defender. **Right:** Kyle Palmateer tries to scare off a Richmond defender while flying effortlessly through the air. **Bottom Left:** Kyle Bollaert looks to pull up a shot against a Richmond defender.



2006 Team Photo

Top Row: Jake Rawlins, Alan Browning, Joe Harvey, Kyle Palmateer, and Coach Lengemann. Middle Row: Steve Meharg, Joe Fraiser, Kyle Bollaert, and Bryan Sivec. Bottom Row: Robert Patton, Andy Schrader, John Kotermanski, and Karl Hummel.

2006

Season Scores

	Us	Them
Swartz Creek	53	56
Lapeer East	55	74
Marysville	42	57
Brown City	71	58
Marlette	53	71
Richmond	54	61
Armada	49	61
Algonac	55	53
Yale	54	28
Almont	61	60
Cros-Lex	45	62
Imlay City	68	53
Richmond	64	49
Armada	51	65
Algonac	62	53
Yale	44	54
Almont	55	49
Cros-Lex	48	45
Sandusky	56	59
Imlay City	48	37



We lost a few games we probably should have won, but we won a few games we probably should have lost. Overall, it was an enjoyable experience with great kids.

-Coach Lengemann

Junior Varsity Basketball

2005-2006 Record

	Us	Them
Swartz Creek	54	58
Lapeer East	49	59
Marysville	50	45
Brown City	60	50
Lakeville	52	43
Richmond	42	38
Armada	45	43
Algonac	38	33
Yale	69	36
Almont	61	49
Cros-Lex	42	45
Imlay City	65	40
Richmond	53	34
Armada	40	39
Algonac	42	37
Yale	80	45
Almont	65	50
Cros-Lex	59	57
Sandusky	55	50
Imlay City	65	55



Top: Wade Burns, Chris Schroeder, Dan Jackson, Steve Gilbert, Coach Mike Rawlins **Middle:** Greg Hulett, Matt Glombowski, Kevin Bollaert, Chris Bruce **Bottom:** Mike Walker, A.J. Rank, Brian Jozlin, Jon Carroll



Above: Dan Jackson goes up with authority to score the basket.

Right: Kevin Bollaert fights off the defender for the easy pass.

Lower Right: Wade Burns drives past the defense to the open basket.

Far Right: Jon Carroll flies to the hoop for the easy layup.



"I had a lot of different guys on the team this year. And we suffered many hardships but in the end we came out on top." -Mike Rawlins



Below: Jessica Tesluk, Kayla Carrie, Katie Mailloux, Sydney Bowser, Sandi Spranger, and Stephanie Burke cheering loud and proud for their guys.



Back Row: Coach Shannon Mailloux, Tara Burke, Sydney Browser, Catherine Haemelinck, Coach Diener. **Middle Row:** Jessica Tesluk, Cassie Szymanski, Stephanie Burke. **Bottom Row:** Jenna Kammerer, Bethany Palmateer, Renee Smith, Kayla Carrie, Sandi Spranger. **Ground:** Kami Misch and Katie Mailloux

JV Cheer

Competitive Cheer Season 2006



Above: Kami Misch still showing off her cheerleading ability even with a cast on her arm.



Above: Cassie Szymanski flying high while doing a great toe touch.



Left: Jessica Tesluk standing strong in her stunt while cheering "Gimmie a C" at their last game.

Above: Kayla Carrie practices her right herkie during halftime of the Junior Varsity Boys Basketball game.



"For my first year as a cheerleader I had tons of fun and it helped me stay in shape." - Sandi Spranger

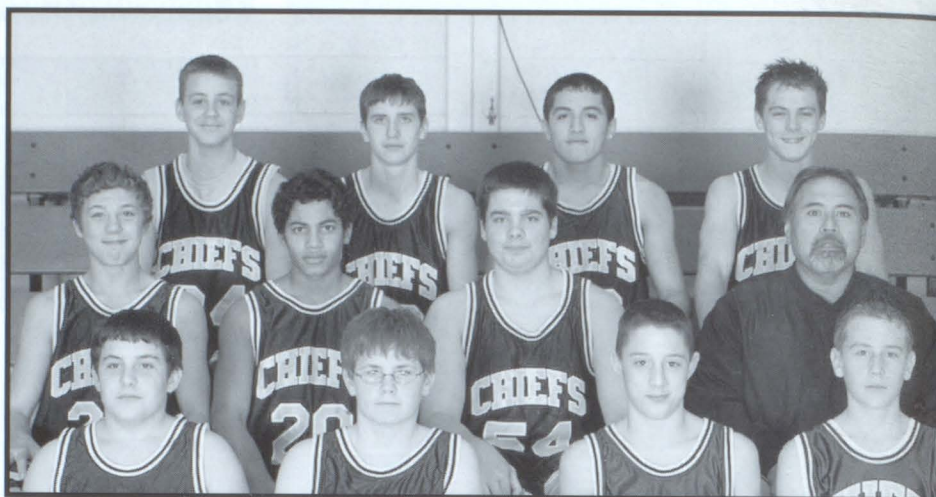


"The girls did great this season. They worked really hard and enjoyed cheering for the guys." - Coach Mailloux and Coach Diener

FRESHMAN BOYS BASKETBALL

Freshman Basketball

	Us	Them
Swatz Creek	36	41
Lapeer E.	26	32
Marysville	64	47
Brown City	39	43
Marlette	46	39
Richmond	28	46
Armada	40	34
Algonac	51	40
Yale	40	23
Cros-Lex	21	40
Imaly City	47	39
Richmond	35	41
Swatz Creek	36	41
Armada	42	34
Algonac	56	41
Yale	45	48
Cross-Lex	32	38
Sandusky	38	46
Imlay City	49	28



Top Row: John Richards, Jonathon Botwin, Tony Medrano, Patrick Gresell, **Middle Row:** Cristopher Spry, Joseph Johnson, Austin Wegner, Coach Rosas, **Bottom Row:** Scott Simms, Johnathon LaRoche, Jacob Zuby, Mark Czerwinski



Above: Joseph Johnson dribbling the ball looking for an open player.

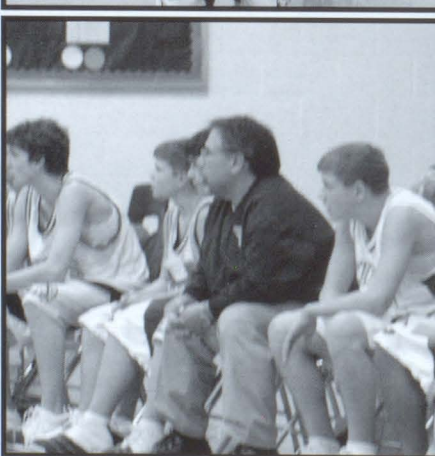


Above Right: Jon Botwin gets ready to shoot from the free-throw line.

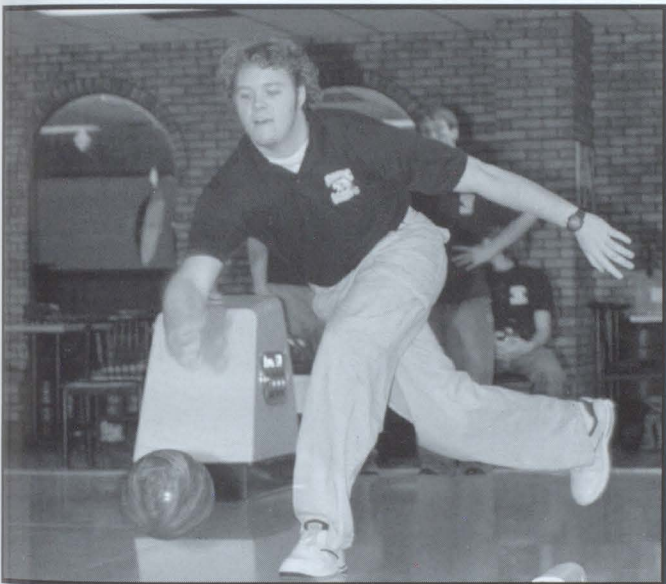


Right: Coach Rosas and the boys intently watching the game.

Far Right: Chris Spry shoots the ball during practice. Nice shot Chris.



Below: Jessica, Nadine, Tiffany, Emily, Megan, and Therese, the girls bowling team show what they are made of this season.



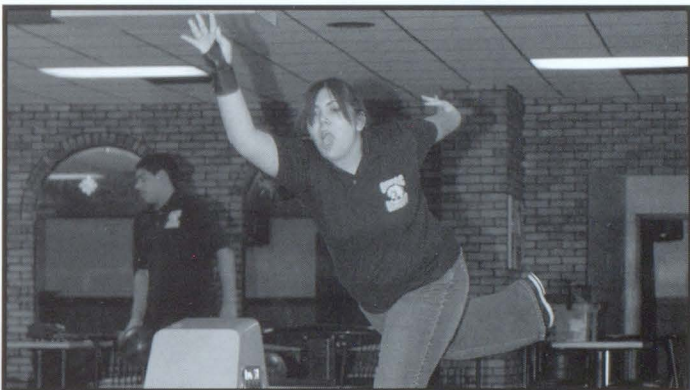
Top Row: Coach Marzka, Robert Johnson, Todd Lawrence, Mike Roy, Brian Godo, Alex Moseley, Matt Godbold, Steve Welch, **Middle Row:** Brandon Heiden, Anthony DeLorenzo, Carl Leonard, Dave Moore, R.J. Strunk, Kenny Randall, **Bottom Row:** Emily Koning, Tiffany Aguinaga, Jessica Padilla, Megan Hoeft, Therese O'Brien, Nadine Umstaetter

Bowling

Knock 'Em Down And Get A Strike!



Above: David Moore takes his stance and lets the ball fly, keeping his balance all the while.



Left: Brian Godo releases his bowling ball and poses for a picture all at once. I got one word for you multi-talented!

Above: Tiffany Aguinaga almost falls down as she throws her ball down the lane, making a strike!

Varsity & JV Bowling		
	Boys	Girls
Almont	W	L
Imaly City	W	W
Memphis	W	L
Armada	W	W
Richmond	W	L
Marysville	W	W
Almont	W	L
Imaly City	W	W
Armada	W	W
Richmond	W	L
Memphis	W	W
S.Champ	3rd	6th
Regional	2nd	4th



“We had a great season this year. The kids worked really hard. I look forward to next season.”- Coach Marzka

8th Grade Boys Basketball

8th Grade Boys

Us Them

Richmond	17-19
Algonac	37-46
Armada	32-33
Almont	22-39
Yale	32-36
Imlay City	34-42
Richmond	36-29
Algonac	38-39
Armada	18-37
Almont	47-28
Yale	39-19
Imlay City	34-45



Top Row: Robert James, Patrick White, Matt Burgess, Nick Osborn, Coach Schneider **Middle Row:** Chris Paluch, Tyler Sawicki, Mike Burgess, Cody Rossow, Josh Messner **Bottom Row:** Jeremy Mirling, Josh Nemecek, Nick Parks, Jordan Heiden, Colton Randall, Mike Opificius



Above: Josh Nemecek saves the ball from going out of bounds, and passes it to an open player.



Top Right: Matt Burgess gets the rebound and shoots the ball, making the shot during the first quarter.

Right: Mike Opificius gets the ball back from the opposing team and dribbles the ball back to his side of the court to make the basket.

Far Right: Chris Paluch goes up for a lay up during third quarter tying the game.



8th grade cheer

8th grade basketball cheerleaders

Below: During halftime the girls do their cheer to keep the crowd pumped up for the second half of the game.



8th Grade Basketball Coach:

"The team worked hard all season to improve and it paid off. We won our last 3 out of 6 games."



8th Grade Cheerleading Coach:

"This season the girls worked hard supporting their teammates, whether they won or lost, the girls cheered their hardest."



Left: Kelly Frost and Makayla Porter get ready to basket toss Alexis Folan into the air.

Above: The 8th grade girls cheer on their boys during a time out to get them pumped.

Below: Alexis Folan does a back walk over during first and second quarter.

Below: Ashley Mousseau and Ashley Pelshaw lift Karlee Ringle before the game to practice for their halftime cheer.



Back Row: Ashley Pelshaw, Coach Smith, Shelby Taylor, Kelly Frost, Ashley Mousseau **Middle Row:** Brienne Smith, Makayla Porter, Rachel Stevens, Alexis Folan, Whitney Weston **Front Row:** Karlee Ringle, Megan Ferret



Varsity Cheer

2006 Captains



“We had a very successful season because we all believed in ourselves.”- Kim Bolday

“I’m glad that my senior year was this much fun.”-Amber Craft

“We didn’t get judged the way we should of, but there is always next year.” - Abby McConnell



We’ve Got What It Takes
Above: Kim Bolday and Amber Craft are showing the judges that they have what it takes to get another win.

We’re The #1 Team
Right: Jessica, Heather and Christina are concentrating on their stunts and trying to smile at the same time.

Competitive Cheer

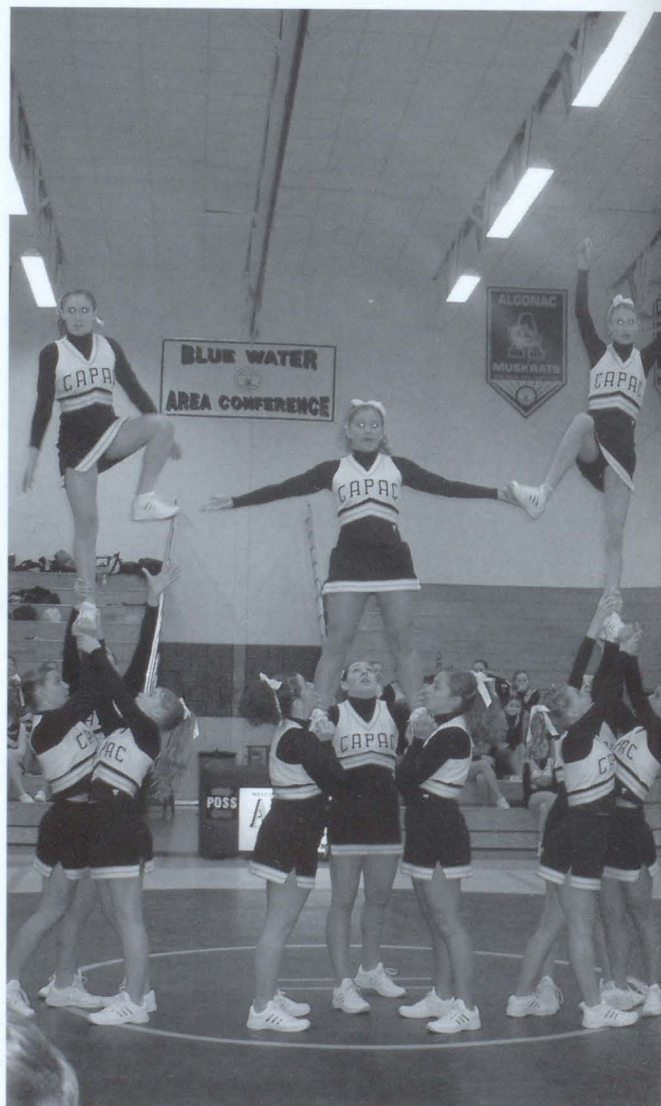


Jump High
Left: Carisa Rinke does a right herkie to celebrate the shot that just went in.

Aim High Right:
Attending long hard practices enabled our Varsity Cheerleaders to perform difficult stunts.



Going For The Gold
Above: Krystal Schram and Christina Burns pull Heather Porter high into the air for their popcorn stunt.





C-H-I-E-F-S

Above: Jessica Chetosky, Ashlee Heilig, and Amanda Koshak reload Christina Burns so they can move to their next formation.

Above Right: The team does a heel stretch in round two to get more points than the other teams.

Right: Execution, precision and timing are essential to the success of any cheer and this is just what this team has.

Below: The girls are ending their round two with confidence.

Below Right: The team performs a back-walk-over beautifully during competition.



Amber Craft fires up the crowd before competition.



Jessica Siewart does a toetouch during the game.



Abby McConnell and Ashlee Heilig show some attitude.



Sam Owsen is taking a minute to make sure she looks good.



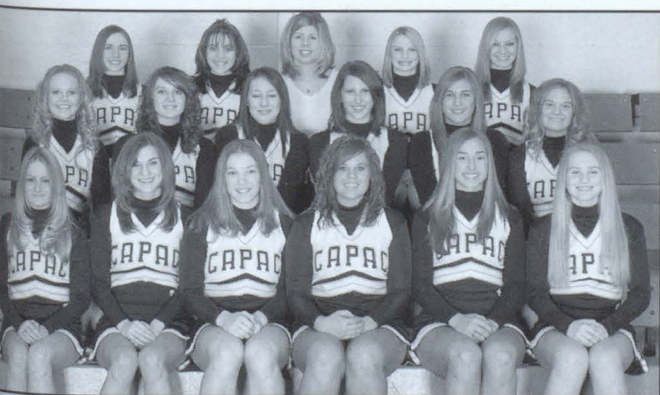
Kim Bolday cheers on the crowd as she takes the mat.



Katie Hlubic shows her funny face after competition.



Krystal Schram is working hard to show the judges what she can do.



Top Row Right to Left: Jessica Chetosky, Taylor Smith, Coach Robinson, Christina Burns, Krystal Schram. **Middle Row Left to Right:** Carisa Inke, Sam Owsen, Jessica Siewart, Abby McConnell, Katie Hlubic, Heather Porter. **Bottom Row Left to Right:** Lisa Cribbs, Hilary Ellis, Kim Bolday, Amanda Koshak, Amber Craft, Ashlee Heilig.

Varsity Competitive Cheer Standings

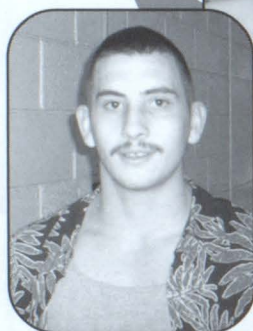
Algonac	4 th
Almont	3 rd
Imlay City	3 rd
Brown City	2 nd
Richmond	3 rd
Regionals	11 th



"What a great group of girls. They've worked extremely hard this season. I am very proud of them."
-Coach Robinson

Chiefs Wrestling

2006 Captains



"This year was one of our best seasons, my goal was to make it to states and that's exactly what I did." -Dan Ray

"I'm really going to miss wrestling but it was fun while it lasted"
-Nate Kilgore

"This year was a lot of fun, it's sad that it was my last year but it was worth the work." -Neil Murray

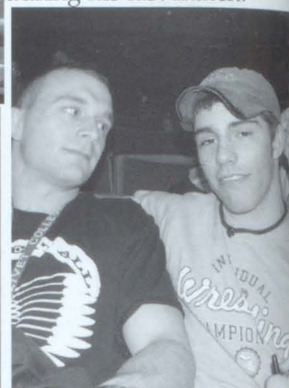
It's all about STATES



Going all the way
Left: Nathan Kilgore is putting up his best effort during his last match.

Going to the GOLD

Right: Ashley Kruger is bleaching Scott's hair, preparing him for states.



Leave it on the MAT
Above: Coach Grosse shows his love for wrestler Jake Nemecek.

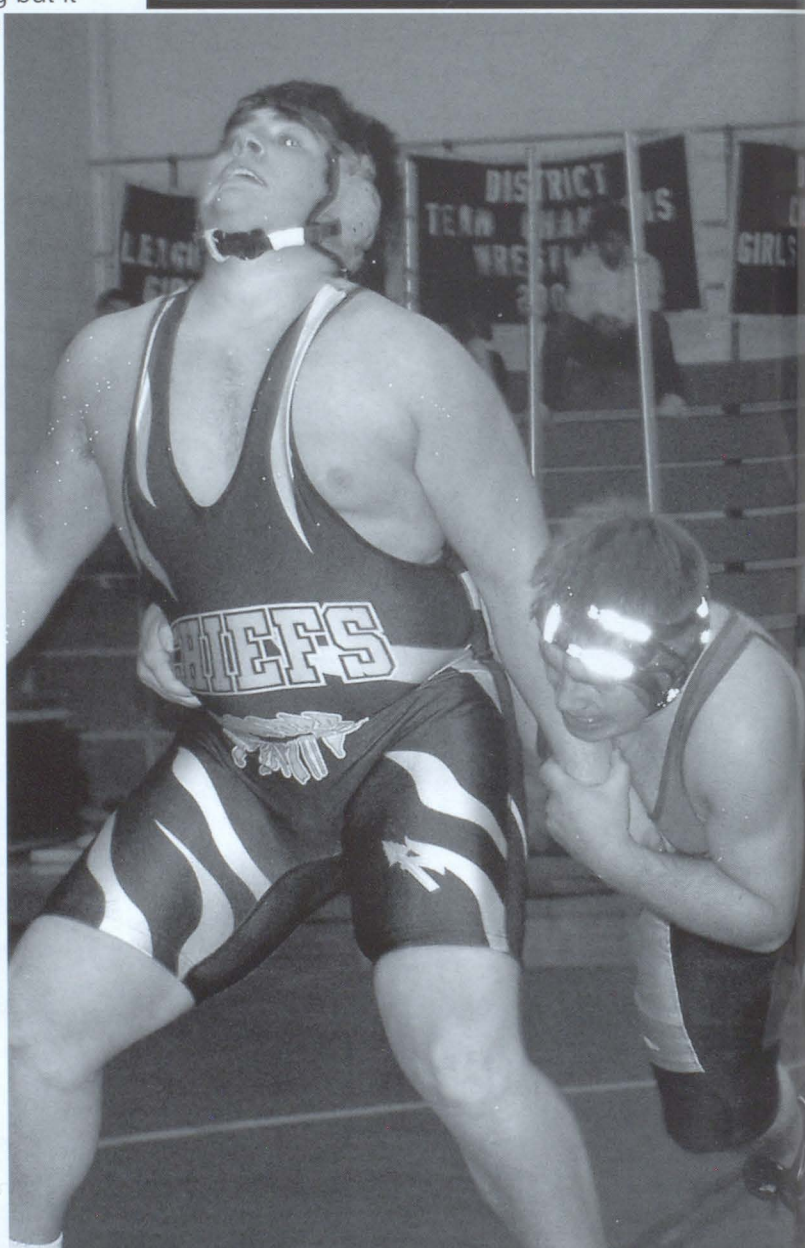


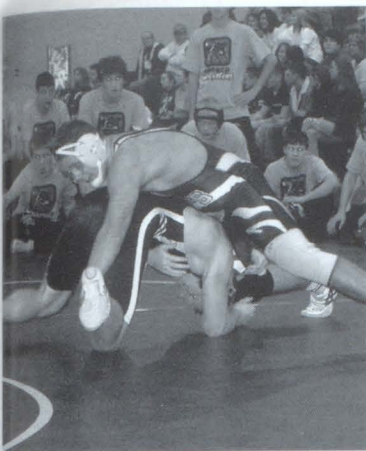
Top Left: Bryan Forton is getting ready for the ref. to blow the whistle.

Top Right: Jake Nemecek is beginning to take down his opponent.

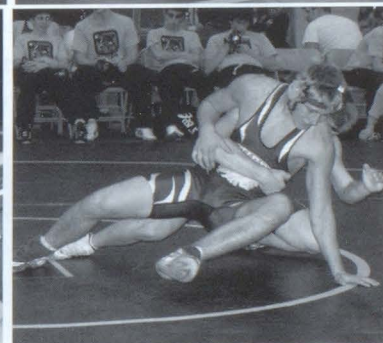
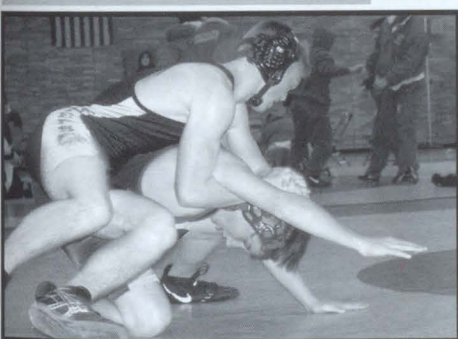
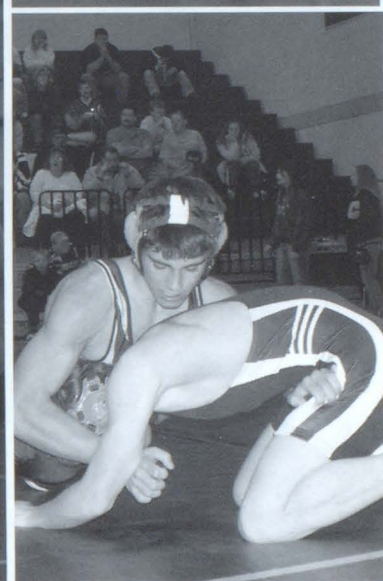
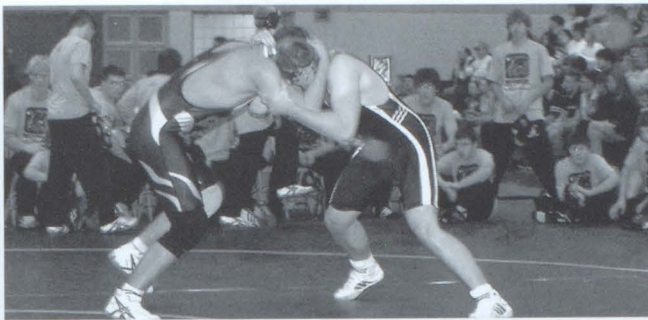
Above: Pat Braun is getting ready to add another win to his score.

Right: Alex Wegner is gaining two points for his escape.





Above: Dan Ray is putting a tight hold on his opponent.
 Top Middle: Dan Ray is taking down every guy he wrestles.
 Top Right: James Hansen is in a tight position but giving everything he has to get out of it.
 Right: Lee Peters is trying to get his opponent anyway he can.
 Far Right: Jake Nemecek is getting a nice hold on Cros-Lex.
 Below: Frank Williamson is getting his opponent in the right position just about to make the pin.
 Bottom Middle: Bryan Forton is about to make another pin.
 Far Bottom Right: Nathan Kilgore is about to make a perfect escape.



Front Left to Right: Sara McConnell, Jackie Barbier, Kim Wisenbaugh, Tyler Girten, Eric Bollaert, Darren Hunsucker, Cameron Lauwers, Anothony Saccioa, Jessica Gundlach, Ashley Kruger 2nd Row Left to Right: Lee Peters, Andrew Bollaert, Dave Shindak, Jake Nemecek, Aj Erikson, Kevin Bolday, Bryan Forton, Clay Colwell, Pat Braun 3rd Row Left to Right: Tom Tobian, Ed McCalumore, Dan Patton, Mike Bainbridge, Mike Murphy, Brian Sass, Andrew Guiterrez, Nate Kilgore, Frank Williamson, 4th Row Left to Right: Michael Parks, James Hansen, Neil Murray, Brian Pieterzak, Joe Camire, Dan Ray, Leif Kowaleski, Tom Manney, 5th Row Left to Right: Ruben Nino, Alex Wagner, Scott Kulman, Richard Vielhaber, Blaise Pewinski, Chris Sass, Nick Kowaleski 6th Row Left to Right: Coach Pieterzak, Coach Cline, Coach Grosse.

**Capac Chiefs 2006
 Varsity Wrestling
 Capac Tournament
 1st place
 Marlette Invitational
 3rd place
 Bridgeport Tournament
 1st place
 Saginaw Heritage
 4th place
 Blue Water Invitational
 1st place
 Imlay City Tournamnet
 3rd place
 Lake Fenton Tourn.
 2nd place
 Team Districts
 1st place
**Overall
 26-7****



"It's a long way to the top if you wanna rock and roll." - The famous words of Coach Klink.

Varsity Volleyball



Bump, Set, Spike

Bump, Set, Spike



Above Left: Asst. Coach Amanda Palmateer. **Left:** Coach Bastianelli. **Below Left:** Team Manager Jeff Pelc.



“ The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenges and controversy.

Martin Luther King Jr. ”



PICTURE PERFECT

Above: The team comes together for a group picture before heading out onto the court for a tournament.

HANDS UP!

Right: Jessie Blackstock and Jackie Clark put up a great block and stop the opposing team from scoring.

Ultimate Underclassmen

TEAMWORK

Left: Jackie Clark and Natalia Santi set up another play.



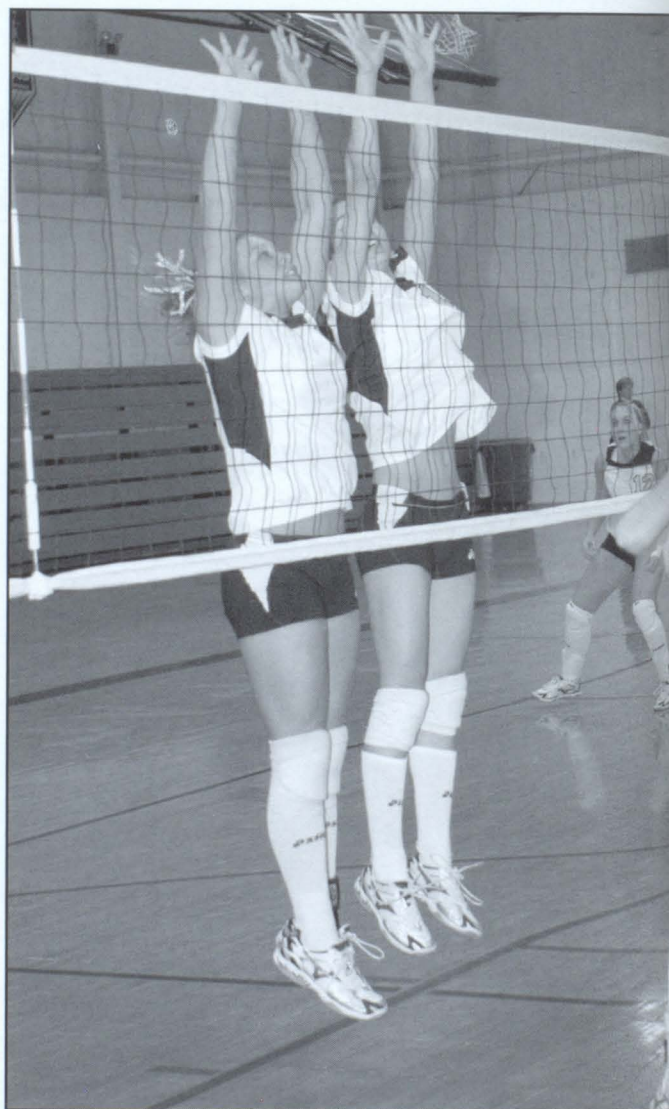
THINK IT THROUGH

Right: Jessie Blackstock contemplates her next approach during a timeout.



READY TO GO

Above: Sara Tomeo and Sam Kaufman get ready to receive the serve.

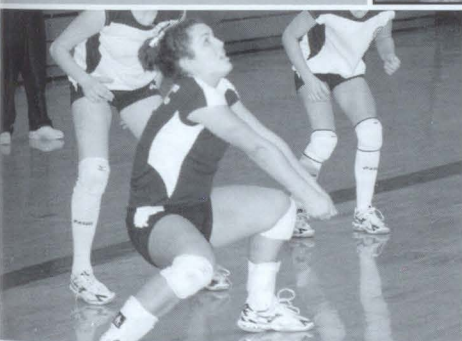
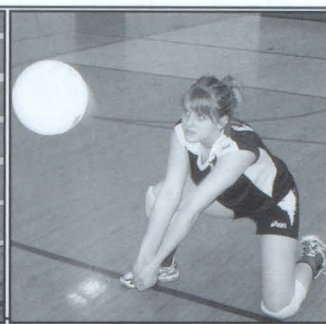
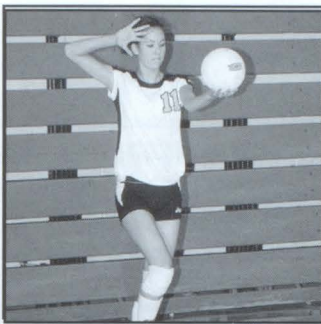




LADY CHIEFS

Above: Brittany Friedenstab passes a serve to the target.

Above Middle: Taylor Sinda serves an ACE. **Above Right:** Natalia Santi plays a tip from the opposing team. **Right:** Natalia Santi, Olivia Kolaczynski, and Jackie Clark go for a dig. **Below Right:** Sam Kaufman, Sara Tomeo, Courtney Biggs, Jessie Blackstock, and Jen Sirovey huddle around Coach Bastanelli during a time out. **Below:** Olivia Kolaczynski digs a hard hit.



J. Sirovey • 11
Jen is ready to set the ball by focusing on her performance.



S. Tomeo • 10
Sara passes up to the target to get a sweet kill.



J. Clark • 11
Jackie runs up to the net for the block.



S. Kaufman • 10
Sam serves the ball over the net for a point.



T. Sinda • 9
Taylor spikes the ball onto the opposing team's court.



J. Martin • 12
Jamie hits the floor for a dig.



N. Santi • 10
Natalia serves the ball for another ACE.



Front Row: Courtney Biggs, Jamie Martin, Jen Sirovey, and Sara Tomeo. **Second Row:** Natalia Santi, Sam Kaufman, Olivia Kolaczynski, Taylor Sinda, and Lindsey Manning. **Third Row:** Brittany Friedenstab, Jackie Clark, Jessie Blackstock. **Back Row:** Manager Jeff Pelc, Asst. Coach Palmateer, and Coach Bastianelli.

Win/Loss

Cros-Lex	Lost
Algonac	Lost
Almont	Lost
Almont	Lost
Cros-Lex	Lost
Imlay City	Lost
Yale	Lost
Armada	Won
Richmond	Lost
Algonac	Lost
Yale	Lost
Richmond	Lost
Armada	Lost
Imlay City	Lost



Team Captains:
Senior, Olivia Kolaczynski, Junior, Jen Sirovey, and Sophomore, Brittany Friedenstab.

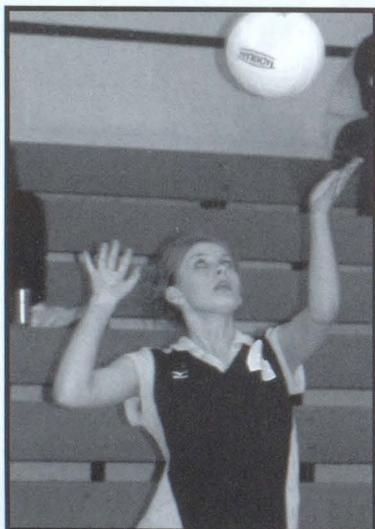
J V Volleyball

J.V. Volleyball Scores

	Us	Them
Marlette	L	W
Brandon	T	T
Bad Axe	L	W
Lapeer East	L	W
Cros-Lex	L	W
Wesleyan Chrs.	W	L
Memphis	W	L
Algonac	W	L
Oakland Chris.	L	W
Algonac	L	W
Almont	W	L
Almont	L	W
Lutheran N.	L	W
Avondale	T	T
Eisenhower	L	W
Clawson	L	W
Avondale	L	W
Imaly City	L	W
Cros-Lex	L	W
Imaly City	L	W
Notre Dame P.	L	W
Oxford	L	W
Cros-Lex	W	L
Yale	L	W
Armada	L	W
Richmond	L	W
Algonac	L	W
Yale	L	W
Richmond	L	W
Armada	L	W
Imaly City	L	W



Very Top: Coach Walls, **Top Row:** Melissa Bullock, Jessica Roberts, Samantha Batchelder, Charlotte Clark, **Middle Row:** Jennifer Chetosky, Anna Cyrus, Renee Crane, Veronica Ezyk, Amanda Watson, **Bottom Row:** Ashley Martin, Marissa Moore, And Lauren Pelc



Above: Veronica Ezyk serves the ball earning Capac another point.
Below: The entire J.V team after their last game of the season.



Above: Charlotte Clark runs to hit the ball before it hits the ground.



"It was an amazing season and we had a lot of fun together. I will miss these girls a great deal. You guys were incredible to work with."



Above: Lauren Pelc dives to the floor just in time to save the ball and hit it over the net.



Above: The team coming up with a plan to win.
Right: Marissa Moore serves the ball.



Below: Emily Schwartzkopf hits the ball back over the net.



Below: Tabby Czekiel jumps the net and spikes The ball.



F.V.B.

Freshmen Volleyball



Above: Michelle, Courtney, Jessica, and Gloria come together to congratulate each other on an excellent hit.



Above: Michelle, Coach Polzin, Jessica, Gabby, and Courtney all take the time to smile for a picture.



Above: Kristina Frost and Courtney Baldwin are switching things up for the game.
Left: Courtney Baldwin serves the ball.



Above: The girls run for the ball making to sure it doesn't hit the ground, while Emily gets ready for the hit.



Very Top: Coach Polzin, Asst. Coach Janel Polzin,
Top: Kristina Frost, Tabitha Czekiel, Kayla Weber, Gabby Sabatino, **Middle:** Emily Schwartzkopf, Gloria Polzin, Michelle Kotermanski, Jessica Patton, **Bottom:** Megan Beischer, Kylie Miller, Laura Pewinski.

	Us	Them
Cass City	L	W
Bad Axe	L	W
North Branch	L	W
Marlette	L	W
Lahser	L	W
Cranbrook	L	W
Holly	T	T
Lahser	L	W
Imaly City	T	T
Luthern N.	W	L
Clitondale	W	L
Lapeer East	T	T
N. Branch	W	L
Marysville	L	W
Cros-Lex	L	W
Algonac	L	W
Almont	W	L
Almont	W	L
Cros-Lex	L	W
Imlay City	W	L
Yale	W	L
Armada	W	L
Richmond	L	W
Algonac	L	W
Yale	L	W
Cros-Lex	L	W
Armada	L	W
Richmond	L	W
Imlay City	W	L



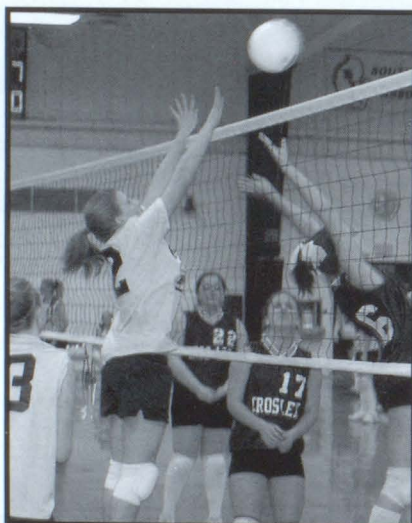
Above: Coach Polzin the freshmen volleyball coach

8th Volleyball

	Outcome
North Branch Tournament	
Armada	Tied
N. Branch	Lost
Imlay City	Lost
Semi-Finals	Lost
Cros-Lex	Won
Richmond	Won
Armada	Won
Algonac	Won
Almont	Won
Yale	Lost
BWAC Tournament	
Imlay City	Lost
Richmond	Tied
Algonac	Tied



Top row: Ashley Mousseau, Cheyenne Pywell, Jamie Green, Martha Lafrance, Julie Fox, and Coach Bastenelli **Middle Row:** Harlee Deaton, Shelbie Santi, Kelly Frost, Gianna Sabatino, Rosemary Day, and Jenna Swatsell **Bottom Row:** Rachel Stevens, Whitney Weston, Katelyn Kain, Alexis Folan, Sabrina Connell, and Alexandra Miller.



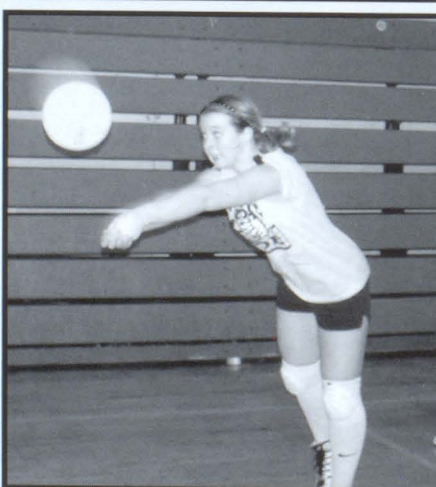
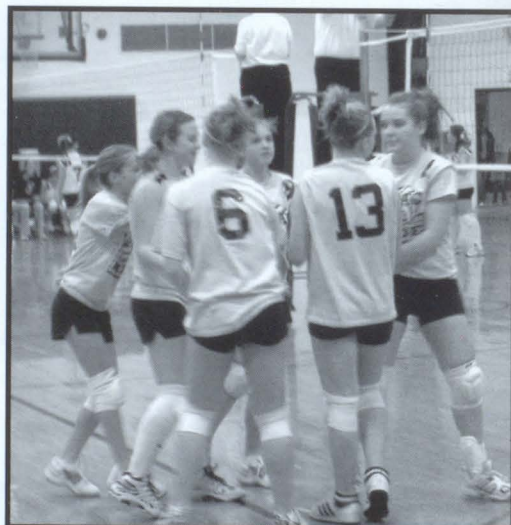
Left: Katelyn Kain setting the ball during the game against Imlay City.

Below Left: Alexandra Miller getting ready to serve the ball during a game.

Right: The players congratulate each other after making a point.

Below: Ashley Mousseau bumping the ball.

Below Right: Kelly Frost getting ready for the serve to start play.



JH Wrestling



First Row: Joshua Kaiser, Cory Lathrum, Josh Nemecek, Matt Riley, and Kyle Miller **Second Row:** Mike Trendy, Thomas Morrisy, Tim Aguinaga, Tyler Johnson, Grant Hulett, Cody Walker, Matt Schuman, Mike Friedli, and Josh Tucker **Third Row:** Aaron Smith, Brian Kulman, Brandon Schalme, Mike Sanden, Shawn O'Brien, Anthony Jackson, Abe VanSice, and Sean Woods **Fourth Row:** Kenny Polzin, Eddie Niemi, Curtis Patton, Mitch Parks, Tom Bolday, James Corver, Jesse Sanden, Jesse Allen, and Jeff Connell **Fifth Row:** Coach Nestle, Chris Reeves, Ryan Carten, James Xiong, Patrick White, Arthur Andrade, Eric Within, Fred Marlin, Ryan McDonald, and Coach Muldoon. **Not Pictured:** Andrew McDunnah, Dillion Burns, and Chris Colonna.

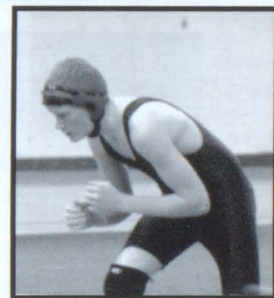
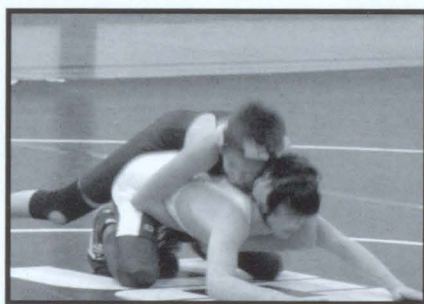


Coach Muldoon

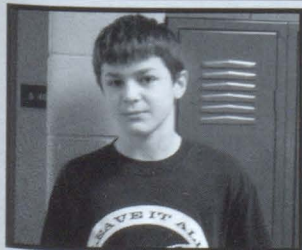
“We had a great year. Our 8th graders will be a solid addition to next year’s varsity team. Our 7th graders are poised to continue the winning tradition that has developed over the last few years at the Jr High level in our wrestling program.”



Above: The team is intrigued on what is happening in the match. **Left:** Andrew McDunnah just starting the wrestling match. **Right:** Curtis Patton is preparing to wrestle.

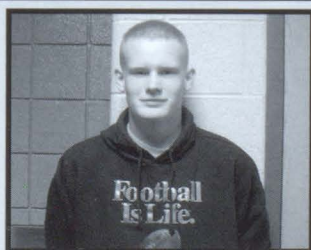


What was your favorite part about J.H. Wrestling this year?



Andrew McDunnah

“My favorite part about J.H. Wrestling this year was winning!”



Curtis Patton

“My favorite part of wrestling was going out in the match and wrestling!”



Fred Marlin

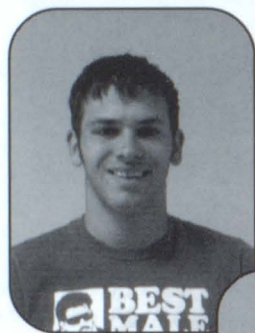
“My favorite part of the season this year was getting 3rd place in the BWAC tournament.”



Patrick White

“My favorite part of this year was throwing people around and winning matches.”

Varsity Baseball



Baseball

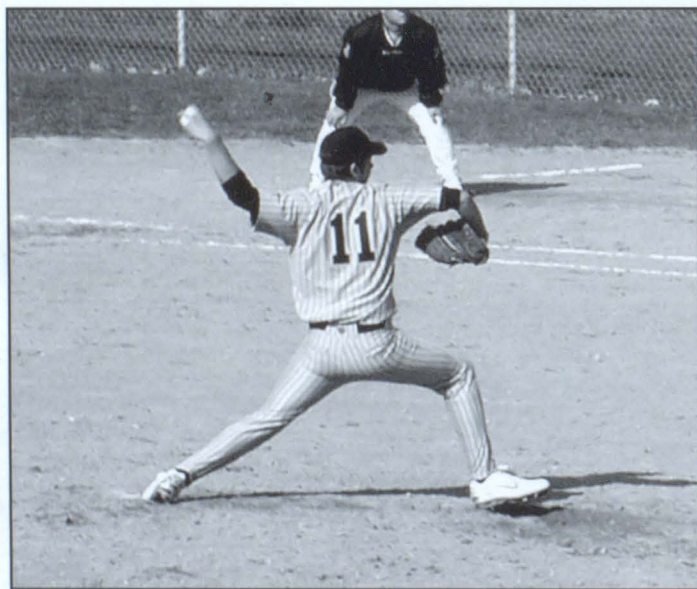
2006 Captains



2006 baseball captains for the Capac Chiefs were:
Kyle Palmateer,
Kyle Bollaert, and
Chris Mousseau.



“ The seniors played a huge role on the team this year. Hopefully we can all step it up next season. -Moose ”



STRIKE!

Kyle Palmateer has been throwing the heat all game long and continues to do it right until the end.

Going...Going...Gone!

Chris Mousseau is focusing on the ball so he can get a good hit and send someone home.

Varsity Baseball



Watch That Ball

John Kotermanski looks for the bunt on a first and third situation. As he watched the ball come in he realized that it just wasn't his pitch.

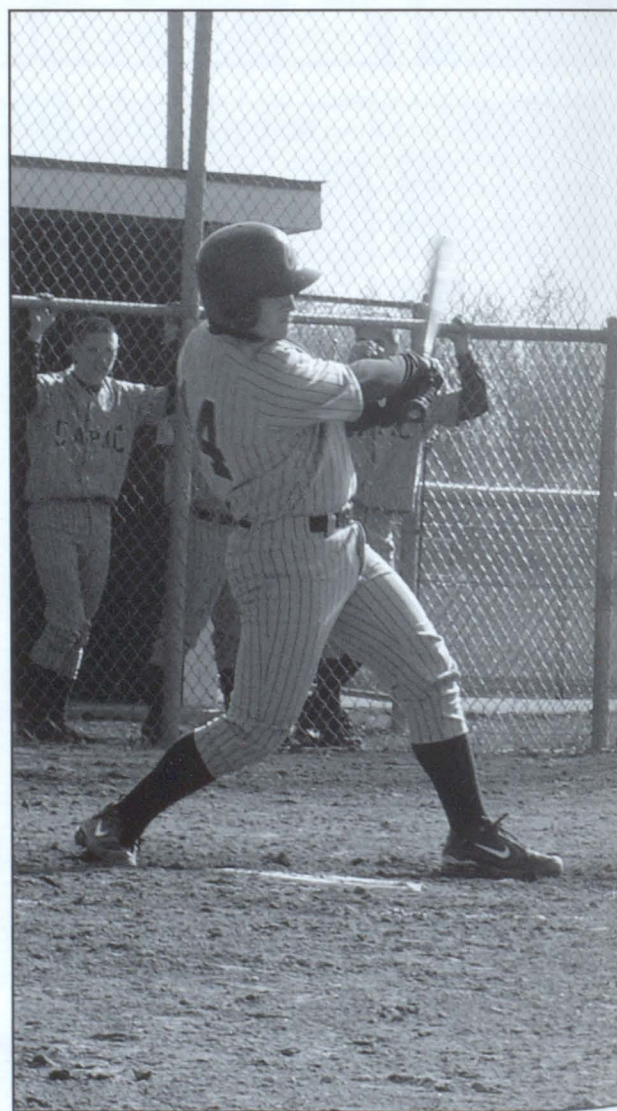
And He's Out

Jon Botwin is smiling because he just got an opponent out at third base.



Waiting For The Right Pitch

Justin McMann watches the ball on the outside of the plate hoping that it is not a strike.





Take Me Out To The Ball Game

Above: Kyle Palmateer is waiting for the steal sign from Coach Abraham.

Above Right: All the players in the infield are having a meeting to make sure they are all pumped up for the game.

Right: Brian Pietrzak is making contact with the ball.

Below: Chris Botwin is giving the pitcher a sign that will surely strike the batter out.

Below Right: John Kotermanski is ready at short-stop if the ball comes his way.



John Kotermanski is setting up for a curve ball to end the inning.



Chris Mousseau trying his curve ball to strike them out.



Jon Botwin is at third base and is ready if anything goes his way.



Steve Gilbert is at first ready to catch the ball at any moment.



Wade Burns gets ready to take off to home plate for the score.



Chris Mousseau is doing his best to protect home plate.

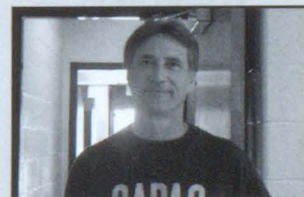


Chris Botwin is choking up the bat to make a short hard swing at the ball.



Top Row: Kyle Palmateer, Kyle Bollaert, Chris Botwin, Justin McMann. **Middle Row:** Coach Abraham, Chris Mousseau, Andy Schrader, Frank Williams, John Kotermanski. **Bottom Row:** Jeff McConnell, Wade Burns, Brian Pietrzak, Jon Botwin, Steve Gilbert.

	Us	Them
Richmond	0	10
Armada	3	4
Algonac	10	16
Yale	3	2
Almont	10	2
Cros-Lex	2	15
Imlay City	6	5
Richmond	0	5
Armada	1	6
Algonac	4	3
Yale	2	4
Almont	4	2
Cros-Lex	7	0
Imlay City	7	9



We had a good group of boys this year. They worked hard and well together. These guys are going to go places.
--Coach Abraham

Varsity Softball

2006 Captains



"We definitely struggled on the field, but we all got along and had a great time. We all love Bridget!" - Sara McConnell

"We didn't do so hot on the field this year but when it came to DDR and team parties we did GREAT!!" - Gonzo



Great Connection

Above: Katie Hlubic connects with a pitch crushing it over the left fielders head and almost to the fence.

She's a Real Team Player

Left: Jamie Martin eyes the pitch in hopes of getting just the right pitch to bunt down the 3rd baseline.

varsity softball



Keepin' It In Front
Amanda Gonzalez is catching the ball and not letting it get past her as she does her duties as a catcher.

So Close

Stephanie Smith takes a swing at the ball, but comes up a little short of hitting it. That's ok you'll get it next time.



Swing...Batter...Swing

Sara McConnell is waiting for just the right pitch to bring one of her teammates home.





Together We Will

Above: Ashley Scott swings at the ball in hopes of hitting it over the fence.

Above Right: Jessica Gundlach is waiting at third to try and get the girl out before she can go home for the score.

Right: Anna Cyrus covers home and tags a girl out just as she slides in.

Below: Amanda Gonzalez is protecting home plate as the girl tries to slide past her.

Below Right: Ashley Sheldon swings at the ball hoping to connect with it to send it to the outfield.



Kristie Wheeler is trying to strike the batter out.



Amanda Gonzalez is behind the plate waiting for the pitch.



Anna Cyrus is concentrating on not letting the batter get a hit off her.



Amanda Koshak is at third base in the ready position.



Jessica Gundlach is prepared just in case the ball comes her way.



Jessie Blackstock snags a ground ball hit into the outfield.



The after effects of a great softball game is getting your tooth knocked out.



Top Row: Coach Bennett, Amanda Koshak, Abby McConnell, Sara McConnell, Jessie Blackstock, Coach Schultz. **Middle Row:** Katie Hlubic, Jessica Gundlach, Kristi Wheeler, Ashley Scott, Stephanie Smith, Melissa Bullock. **Bottom Row:** Kelly Frost, Jamie Martin, Amanda Gonzalez, Anna Cyrus, Ashley Mousseau.

	Us	Them
Richmond	2	13
Armada	4	10
Algonac	1	2
Yale	3	1
Almont	9	4
Cros-Lex	8	6
Luthern	9	3
Imlay City	5	9
Richmond	0	10
Armada	1	15
Algonac	20	0
Yale	11	15
Almont	4	5
Cros-Lex	10	15
Imlay City	4	9



"We had a great group of girls this year, but we struggled on the field. We have a bunch of returning players for next year who should step it up." --Coach Bennett

J.V. Baseball

Baseball Scores

Us Them

Algonac	0	2
Cros-Lex	2	11
Lapeer W.	0	13
Lapeer W.	3	7
Imlay City	4	17
Richmond	2	11
Richmond	1	16
Armada	2	14
Armada	3	7
Yale	0	10
Yale	7	7
Algonac	5	11
Almont	3	8
Almont	6	6
Lake Shore	2	1
Lake Shore	4	18
Cros-Lex	13	11
Imlay City	5	11



Front Row: Nicholas Soucek and Andrew Bollaert **Middle Row:** Eric Bollaert, Cameron Lauwers, Joe Johnson, Vernon Wilson, and Michael Bainbridge **Top Row:** Coach Rosas, Justin Vanbibber, Scott Simms, Justin Kurtzynski, and Corey Green



Above: Cameron Lauwers, shortstop, waiting for the play.



Above Far Right: Justin Kurtzynski, pitcher, getting ready to throw the ball.



Above Middle Right: Cameron Lauwers hitting the ball.



Right: Nick Soucek waiting for the pitch to hit a homerun.



Far Bottom Right: Kevin Bollaert, catcher, waiting for the pitch.

J.V. Softball



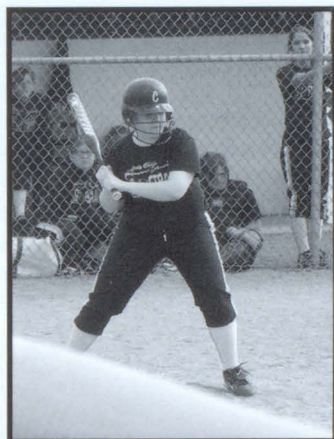
Above: Courtney Biggs getting ready to throw the ball to the Imlay City player. Below: Brittany Ludington, short stop and Gabby Sabatino, outfielder, waiting for the ball.



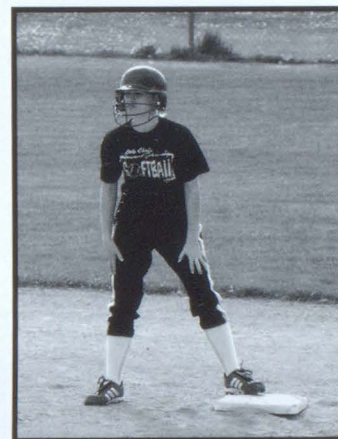
Above: Kristina Frost, third baseman, is waiting to charge the ball on a bunt.



Above: Samantha Kaufman is getting ready to catch any foul ball coming in her direction.



Above: Courtney Osborn waiting for her pitch so she can hit a double out in the outfield.



Above: Michelle Kotermanski is leading off second base and getting ready to steal third.



Front Row: Manager Jamie Green, Jessica Hall, Alyssa Miller, Laura Pewinski, and Manager Rachel Stevens. Middle Row: Kristina Frost, Sam Kaufman, Ashley Martin, Tonya Stern, Gabby Sabatino, and Courtney Biggs. Top Row: Coach Klug, Courtney Osborn, Katie Maylloix, Charlotte Clark, Courtney Baldwin, and Michelle Kotermanski.

	Us	Them
Richmond	8	9
Armada	22	9
Lapeer W.	4	6
Lapeer W.	16	4
Algonac	19	14
Yale	9	6
Almont	21	9
Cros-Lex	7	5
Lutheran N.	25	1
Lutheran N.	13	4
Imlay City	1	11
Richmond	0	15
Armada	14	5
Lutheran N.W	15	0
Algonac	19	4
Yale	22	4
Almont	8	6
Cros- Lex	3	16
Imlay City	4	14



Coach Klug and Coach Muldoon

"We had a great year. Our sophomores will be a great addition to next year's varsity team. The freshman are poised continue the winning tradition that has developed over the last few years at the JV level in our softball program."

Going For The Gold

Below: Scott Kulman is giving it his all in the final few lunges of his sprint, preparing to hand off the baton to teammate Brian Klein.



Leaders Of The Pack

Above: A few of Capac's top notch sprinters are getting a good lead on the 100 meter dash, hoping to get another win.



Top Left: Mike Blackstock is clearing the 5'6" bar hoping that this will be the jump it takes to win it all.

Top Right: Joe Camire is making a strong finish as he crosses the finish line getting another first for his team.

Above: Brendan Pfeifer is keeping a good pace as he rounds the curve.

Right: Jake Rawlings is clearing the 6' bar at his meet.



"This was a very productive year, everyone did well and we all have alot of potential to look forward to."
- Coach Miller

Richmod	L
Algonac	L
Armada	W
Yale	L
Almont	W
Cros-Lex	L
Imlay City	W
BWAC	6th
Regional	5th

Overall
3-4

Top Row Left to Right: Tino Stewart, Jeremy Paluch, Jake Rawlings, Knud Nielson, Brian Godo, Sean Wendt, Kyle Cicchini, Andy Williams, Blaise Pewinski, Tim Shurat
2nd Row Left to Right:

Brian Klein, Joe Camire, Alex Wagner, Anthony Theel, Billy Ogden, Shane Sinda, Karl Hummel
3rd Row Left to Right: Mike Hull, Jake Hoover, Brandon Hackelberg, Adrian Steffen, Nick Schofield, Kenny Burk, Tom Carter, Brendan Puff, Scott Kulman, Matt Walker
4th Row Left to Right: Teddy Thomas, Dan Patton, Aaron Ransom, Steve Spencer, Bryan Forton, Josh Murphy, Ben St. Onge
5th Row Left to Right: Andrew Maul, Ian McDonald, Niles Czeikel, Mike Hoeft, Kevin Bolday, Glen Hill.



Below: The boys and girls that competed in the Capac Relay's are celebrating their victory. Right: Nadine Umstaetter and Kylie Hill encourage each other throughout the run.

Varsity Track



"We Are The Champions!"

Below: Aaron Ransom is keeping a strong pace throughout the race.



YOU CAN DO IT!

Above: Kim Bolday is making a textbook perfect jump over the hurdle, giving the girls a good lead over their opponents.

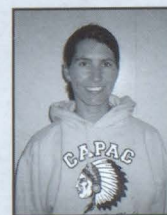
Catch Me If You Can

Above: Jessica Medrano is at the head of the pack giving it her all to hand off the baton to her teammate before the other girls catch up.



Top Row Left to Right: Coach Polzin, Melissa Sawicki, Kayla Webber, Marissa Moore, Gloria Polzin, Cassie Szymanski, Emily Koning, Coach Lengemann **Middle Row Left to Right:** Mackenize Hackelberg, Nadine Umstaetter, Olivia Kolaczynski, Emily Schwartzkopf, Danielle Nieman, Taylor Sinda, Brandy Bly, Jessica Medrano **Bottom Row Left to Right:** Kami Misch, Kylie Hill, Kim Bolday, Heather Porter, Tabitha Czeikel, Lindsey Manning, Kim Kidle.

Algonac	L
Yale	W
Armada	L
Almont Relay	1st
Richmond	L
Cros-Lex	L
Almont	W
Capac Relay	2nd
Imlay City	W
Regional	5th
BWAC	6th
Overall League Record	3-4



"The girls did very well this year. Our relay team was outstanding, and I am very proud to say the whole team did wonderful. Next year will be fun."
-Coach Lengemann

Boys and Girls Junior High Track

Catch Me If You Can

Right: Tyler Glombowski flashes a smile early in the race during the 2 mile run, he must be confident in finishing in the top 3.



Below: Cody Rosseau is pole vaulting the 6'5" bar and clears it without knocking it off the standards and is ready to vault the 7 foot.



Above: Chris Paluch is leading the 2 mile run with 3 laps to go and is being closely followed by another Capac opponent during their meet against Almont.

Right: Michael Burgess is about to clear the 6 foot pole in high jump with no difficulties, and is very ready to clear the next height.

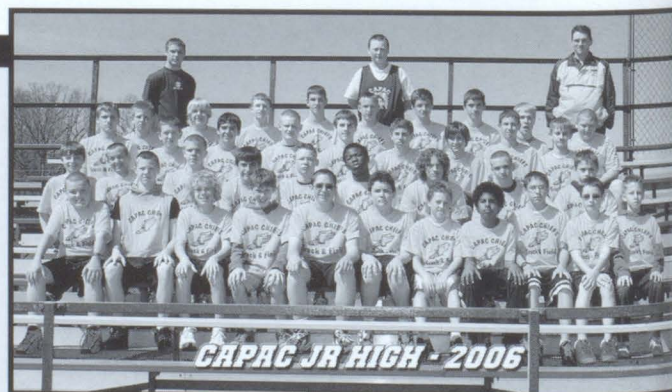


"All the kids worked really hard to get where they are today. Their attitudes couldn't have been better."

-Coach Whitney

Boys Scoreboard

Yale	W
Richmond	W
Yale	W
Richmond	W
Almont	W
B.C. Invite	L
Imlay City	W
Armada	W
BWAC Meet	1 st



Back Row: Anthony Saccoia, Coach Whitney **4th Row:** Eric Withum, Tyler Glombowski, Andrew Sammut, Matt Bourgeois, Mitch Parks, Robert James, Tom Bolday, Ryan Carter **3rd Row:** Curtis Patton, Cody Rosseau, Tyler Sawicki, Cody Williams, Nick Parks **2nd Row:** Josh Harvey, Mike Bourgeois, Eddie Niemi, Calvin Nelson, Chris Paluch, Ryan Kulman, Aaron Smith **Front Row:** Jeff Connell, Brad Miller, Kyle Rice, Tyler Johnson, Brandon Maul



Top Left: Alex Miller just clears the 5 foot bar in pole vault and is ready to vault the next height.

Top Right: In the 1st heat Capac girls fall short from getting first place in the 55 meter hurdles.

Above: Sabrina Collins reaches 5 feet in the long jump at their meet against Imlay City.

Left: Alex Miller passes the baton to her teammate while catching up to the opposing team during the 800 meter relay.

Below: Jaylene Castle and friend just finished their 55 meter hurdles and are happy with the places they finished in.



Above: Sabrina Collins is running in the 2 mile, keeping her pace so she has energy to sprint the last 100 meters.



Back Row: Jaylene Castle, Sabrina Connell, Maria Matthews **4th Row:** Julie Fox, Luceldi Bergera, Chelsea Botwin, Coach B. **Middle Row:** Karlee Ringle, Alex Miller **2nd Row:** Whitney Weston, Samantha Smith, Sarah Boltik, Samantha McNabey, Ashley Callewaert, Katelyn Kain, Jennica Polzin **First Row:** Katie Kidle, Steffi Gaiter, Cassie Spencer, Ashley Laing, Chelsea Toby, Alexis Folan

Girls Scoreboard

Yale	L
Richmond	W
Yale	L
Richmond	L
Almont	L
B.C. Invite	1 st
Imlay City	W
Armada	L
BWAC Meet	3 rd



"This Season turned out very well. Everyone worked hard and really had great attitudes. Next year is going to be a great year for this group of kids."
-Coach Bastianelli

SPECIAL EVENTS

"Your world is made of your memories, and your memories are given to you by your world."



152



154



162

158



Throughout the year we've all made and experienced our special memories. The memories that we made will be carried on with us forever. High school is the time of our young lives that we all face new experiences that will help us throughout life in everything we do. These special events make high school more meaningful and worth the while, so cherish it while it lasts.

- 150- 151 POWDER PUFF
- 152-153 SNOWCOMING ROYALTY
- 154-155 SNOWCOMING
- 156-157 SPRING BREAK
- 158-159 DINNER THEATER
- 160-161 PROM
- 162-163 GRADUATION
- 164-165 SR. ALL NIGHT PARTY

PowderPuff Football

4th Annual Senior vs. Junior Game



Senior PowderPuff Players

First Row: Kim Bolday, Kyleigh Konyha, Ashley Sheldon, Jerica Polzin, Jamie Martin, Olivia Kolaczynski **Second Row:** Jennifer Smith, Jessica Martin, Jacqueline Gresell, Sarah Jozlin, Kim Wisenbaugh, Stephanie Smith, Brandi Conner, Kristi Burk **Third Row:** Mike Blackstock and Lee Peters



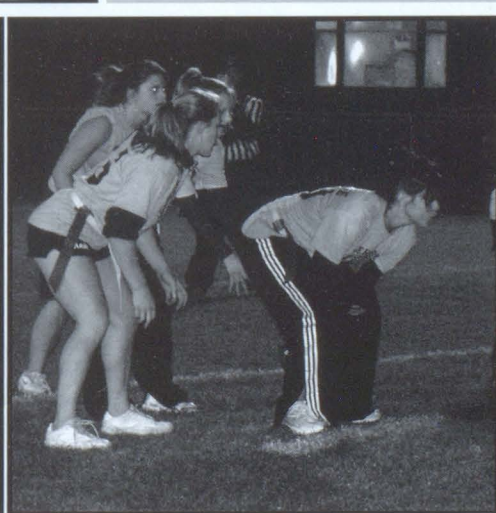
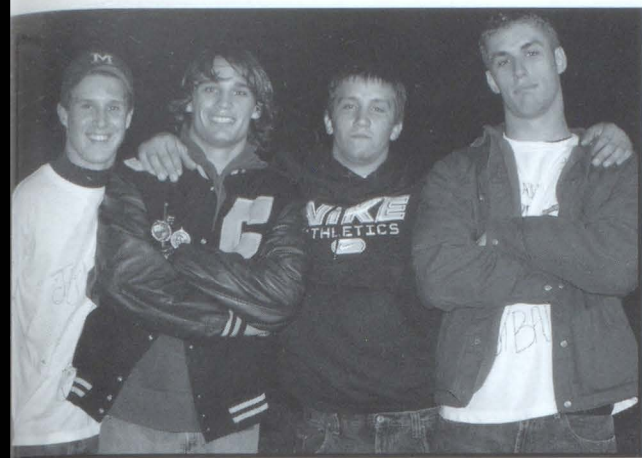
Junior PowderPuff Winners!

First Row: Ashley Scott, Amanda Gonzalez, Jennifer Sirovey **Second Row:** Kylie Hill, Abby McConnell, Kim Smith, Carisa Rinke, Sandy Spranger, Heather Porter **Third Row:** Kait Kowalewski, Jacki Clark, Melissa Bullock, Jessica Gundlach, Jessie Blackstock, Amanda Watson, Danielle Ozentoski **Fourth Row:** Jake Nemecek, Chris Mousseau, Brian Pietrzak, Matt Walker, Andy Schrader, Jake Rawlins

HOME	0:00	VISITOR
30	QTR 4	34
1 DOWN	10 TO GO	BALL ON 40

Above: The score of the Sr./Jr. PowderPuff game is 34 to 30 Juniors Win!
Right: Showing good spirit the teams shake hands after the game.





PowderPuff Celebrations! Fun on the Field

Above Left: Chris Mousseau, Matt Walker, Brian Pietrzak, and Jake Rawlins the Junior coaches take a time out for a picture.

Above: Jamie Martin giving a thumbs up during the game.

Middle Left: Seniors Kristi Burk, Jessica Martin, Jacqueline Gresell, Stephanie Smith, Kyleigh Konyha, Jennifer Smith, and Kim Wisenbaugh take a time out during the game to take a picture.

Left: Juniors celebrating their victory.

Below Left: Kim Smith hiking the ball to Amanda Gonzalez.

Below: Jessica Martin hiking the ball.



First Circle: Olivia Kolaczynski kicking the football during practice.

Second Circle: Quarterback Gonzo getting ready to run the ball.

Third Circle: Kyle Bollaert running off the field.

Fourth Circle: Ashley Scott spiking the ball after she makes a touchdown.

Fifth Circle: Senior Coaches Kyle Bollaert, Lee Peters, and Nate Kilgore telling their team what to do.



SNOWCOMING

2006



SNOWCOMING ROYALTY

Top Four

Far Left: Shelby Nahernak

Middle Left: Hayley Greenia and Clayton Colwell

Middle Right: Alyssa Miller

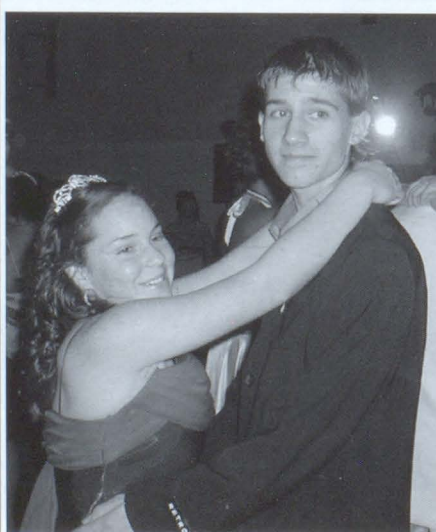
Right: Katie Hallums and Andrew Schrader

Above: Olivia Kolaczynski and Jake Hoover dance the night away.

Above Left: Jessica, Chris, Amanda, Bryan, Jacqueline, Brandon, Shelby, Calvin, Olivia, and Jake.

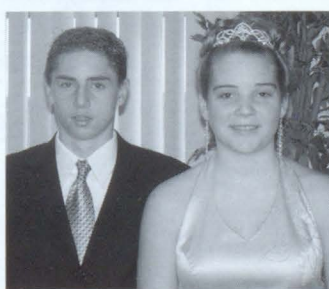
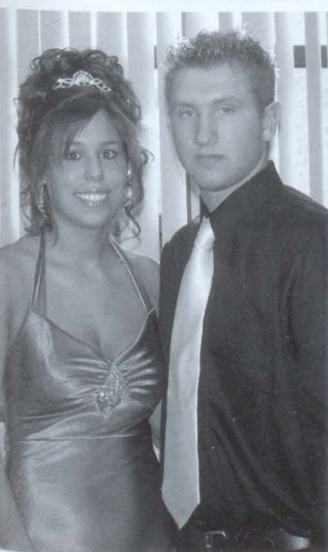
Far Left: Brandon Bonkowski tips his hat to the camera before he makes his appearance at the assembly

Left: Alyssa Miller and RJ Strunk the Sophomore royalty





Above: The King Calvin Smith and Queen Jacqueline Barbier are crowned. Let the party begin!



Above: Brandon Bonkowski and Shelby Nahernak hold on tight and smile for a picture.

Above Middle: Junior Royalty Princess Katie Hallums and Prince Andrew Schrader.

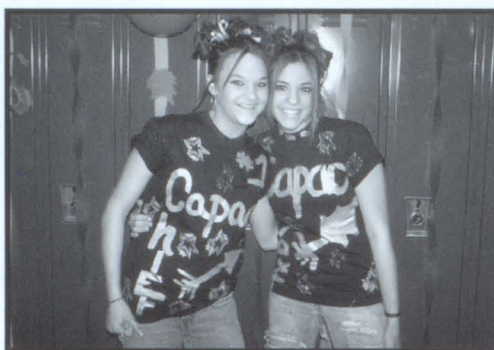
Above Left: Amanda Koshak and Bryan Sivec dancing.

Top Left: 8th grade royalty Cody Rosseau and Jamie Green.

Bottom Left: Freshmen Princess and Prince Hayley Greenia and Clayton Colwell.

Far Left: Jessica Martin and Chris Botwin before the pep assembly.

Snowcomming 2006



SCHOOL SPIRIT

Left: Cassandra Veryser and Alyssa Kozak show their School Spirit dressed up for the Snow Coming Blue and Gold Day.



FRIENDS

Left: Alyssa Miller unexpectedly punches Andy Williams at the Snow Coming Dance.



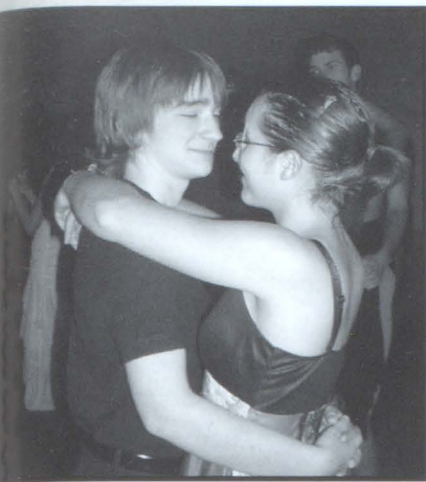
ENJOYING A GOOD TIME

Above: Ashley Spencer dancing with her friend at the Snowcoming Dance.

Right: Kim Kidle and Brandon Bonkowski at the Snow Coming Dance.

Below: Brandon Hackelberg, Jake Hoover, Amber Craft, Ashlee Heilig, and Brandon Stringer at the Snow Coming Dance.





DANCING THE NIGHT AWAY

Above: Cassie Szymanski and Glenn Hill dancing at Snow Coming Dance.

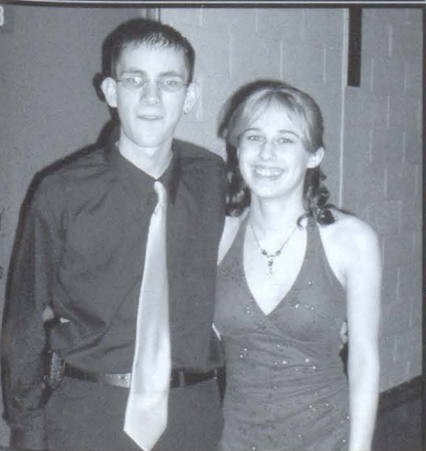


SHOUT

Above: Katie H and Therese O'Brien yelling as loud as they can at the pep assembly.

SNOWCOMING FESTIVITIES

1. Knud a foreign exchange student dancing at the dance.
2. Joe Frazier and Ashley Martin giving it their all while playing roll 'em at the Snow Coming pep assembly.
3. Courtney Ferdinande and Kenneth Burk at the snow coming dance.
4. Brittany Ludington determined to win while playing Hit it high at the Snow Coming pep assembly.



Spring Break'06

Spring Break Songs

"*She thinks my tractor's SEXY*"

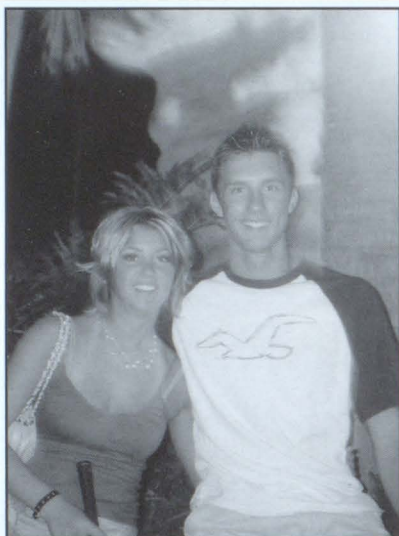
"*Shake that "BUTT " girl and let me see what you got"*

"*Ms New Booty*"

Below: Nate Kilgore hanging out at the beach looking to pick up some ladies.



Above: Jamie Martin and Ashley Sheldon just got done getting ready to go out to club La Vela. Don't they look cute!



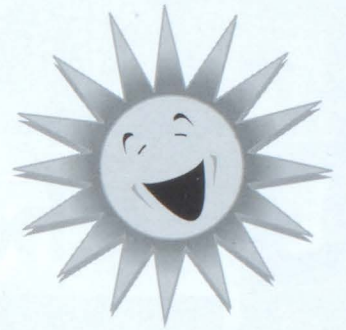
Pamana City Beach

Above: Jacqueline Gresell and Mike Blackstock take a picture as they are just about done putt-putt golfing. Above Right: Curt Chalabian, Ben Pauli, Kyle Bollaert, Justin Palmateer, and Phil Chalabian are patiently waiting for the girls to get done getting ready to go to Hammer Head Freds for dinner. Right: Tara Eberling, Melena Felbarth, Kyleigh Konyha and Amanda Koshak ready for mardi gras night at club Sharkies. Below Right: Curt Chalabian, Phil Chalabian and Brian Klein waiting for their food so they can eat some dinner. Below: Jessica Martin, Amanda Veryser, and Tara Eberling laying at the beach and absorbing some Florida sunshine.





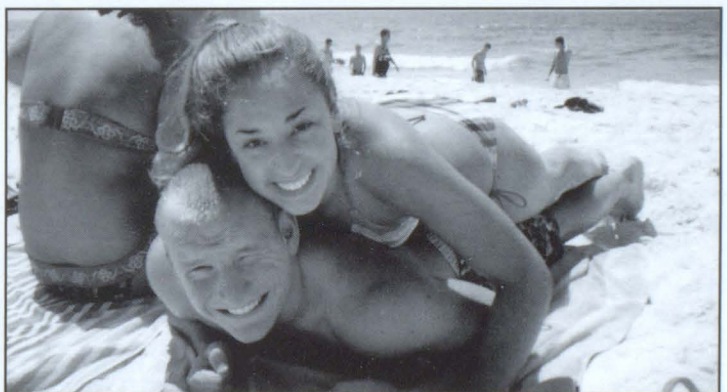
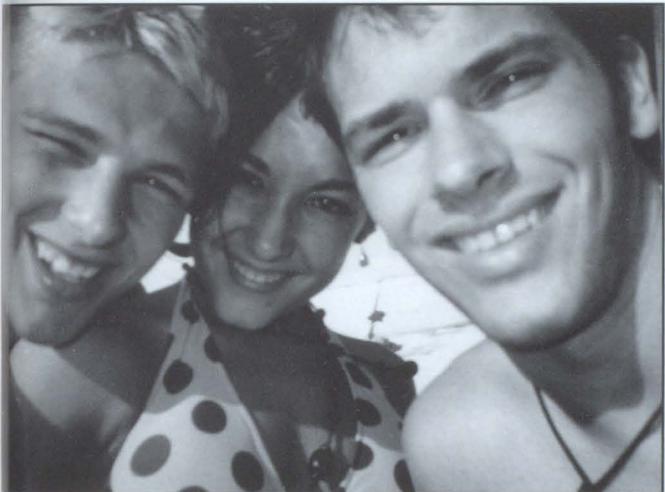
Below: Left: Nate Kilgore, Amanda Veryser, and Kyle Palmateer all just hanging around on the beach. **Left:** Ashley Kruger, Sara McConnell, and Abby McConnell laying in the sun in Marco Island.



Left: Kyleigh Konyha and Jacqueline Gresell down at the pool for the pool party. Don't they look good.



Below: Amanda Strunk, Ashley Sheldon, and Jamie Martin taking time from laying out on the beach to take a picture.



Left: Amanda Koshak and Melena Felbarh laying on the beach in Panama City looking for some hot boys to talk to.

Above: Amber Craft and her boyfriend Robert Patton laying together on the beach in Panama City, Florida.



The Sound of Music



Left: Maria (Khrystyna), Liesel (Melissa), Friedrich (Ian), Captain (Lee), Brigitta (Simonne), Kurt (Joshua), Louisa (Katie), Gretel (Krystal), and Marta (Rachel) singing *Edelweiss*.

Below: Shelby Coffe, Julia Naeyaert, and Deborah Rybicki helping to paint the props while they are waiting for their scene.



Left: Max (Jeremy) giving out a singing award.

Right: Elsa Schraeder (Christin Harris) and Max Detwiller (Jeremy Paluch) talking in the living room scene.



Above: The cast thanking Ms. Joy with flowers for helping the show be such a great success this year.

Right: Sister Sophia (Amanda), Mother Abbess (Jacqueline), Sister Berthe (Deborah), and Sister Margaretta (Sam) help Maria (Khrystyna) get ready for her wedding.



Above: Ian Schaefer helps Ms. Joy with 50/50 fundraiser by drawing the winning ticket.

Below: The dancers mingling during the Von Trapp's party.





Above: Frau Schmidt (Sarah Kenny) and Captain Von Trap (Lee Peters) acting out their scene during *The Sound of Music* play.

Below: Ms. Joy giving the nuns a pep talk to get them energized before the play.



Above: Melissa Sawicki gets Simonne, Katie, Rachel, Krystal, Ian and Joshua ready to start practicing for their scene.

Below: Ash Early, Sarah Kenny, Christina Bolda, Melissa Sawicki and Krystal Kegler are excited to be at play practice.



Right: Khrystyna Catalina practicing her scene to make sure she gets it right.

Left: Primus Bugar is relaxing before it is time to go on.

Left: Melissa Sawicki and Adiano Bonfiglio practicing the "I am 16 going on 17" scene.

Right: The nuns singing in the opening act of the play.



Above: The cast is getting their makeup done before the play.

Left: The cast, stage crew, orchestra, and the directors gathered together in the cafeteria before the play.

Below: The orchestra hard at work practicing their songs to make sure there are no mistakes.





Advisors



Prom '06

Mrs. Hutchinson

Mrs. Malburg



"Addison Oaks"

Left: Gonzo and Koshak demonstrate the tie that binds their friendship. **Right:** Jessica Padilla, Tiffany Aguinaga, and Heather Porter are all smiles on the dance floor.



A Night On The Red Carpet

Right: Kyle Palmateer in his Parkay Crown, and Amanda Veryser in her diamond studded tiara are the 2006 Prom King and Queen.

Below: Thumbs Up! Back in black are Jordan Konyha, Kyle Bollaert, and Steven Meharg as they chill after dinner.



Below: The Varsity Softball Team gladly stops all their dancing to take a quick picture by the window before they really start to dance the night away.



Below: Brian Pietrzak, Sam Owsen, Katie Hlubick, and Matt Walker wait patiently for dinner to be served. Juniors sure clean up nice, WOW!



Above: This line of beauties are Jessica Martin, Amanda Koshak, Jacqueline Gresell, Tara Eberling, Kyleigh Konyha, Amanda Veryser, Melena Felbarth, Olivia Kolaczynski, and Natalia Santi.

Right: Jon Paluch, Jen Chetoskey, Melissa Bullock, Nadine Umstaetter, Jessica McMann have a bond of friendship and cheer.

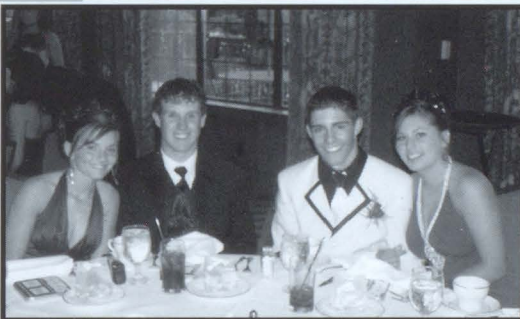


Above: Jen Sirovey and Amanda Strunk lean on each other for support and friendship.

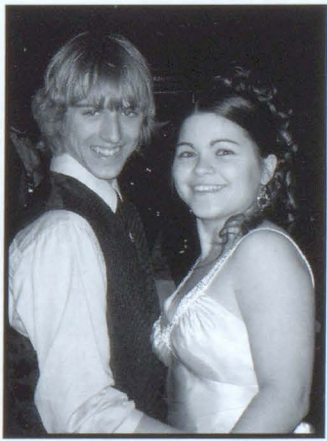


Prom 2006 @ Addison Oaks

Above: Olivia Kolaczynski and Amber Craft smile at the prospect of the last Senior Dance.
Above Right: Kyle Bollaert, Nate Kilgore, Kyle Palmateer, Ben Pauli, Chris Botwin, Mike Blackstock, and Bryan Sivec looking good for the camera
Left: Ahhh, time for desert? Mike Withun, Ashley Scott, Gonzo, Brandon Bonkowski, Sara McConnell, Ashley Sheldon, Tyler Barkley, Jeff Pelc, Lindsey Victor. **Below:** Sam and Lauren Pelc. **Below Left:** Anna Cyrus, Chris Mousseau, Jake Nemecek, Jessica Gundlach are picture perfect. **Below Far Left:** Chris Burns, Jessica Roberts are friends sharing a moment on the red carpet.



Peace Frog and Cool Beans
Left: Gonzo, in Hollywood shades and peace, breakin' it down.
Below: Andrew Maul and Ashley Mackenzie share a moment.



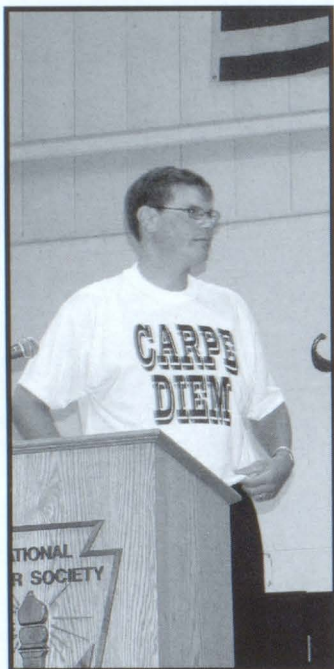
All of the Mr. R's HOTTIES
Left: Blowing kisses to the camera and all the boys at the 2006 Prom. Kayla Finn, Jen Sirovey, Jessica Gundlach, Jamie Martin, Amanda Strunk, Jacqueline Gresell, Amanda Koshak, and Ashley Sheldon.

GRADUATION

"A Walk To Remember"

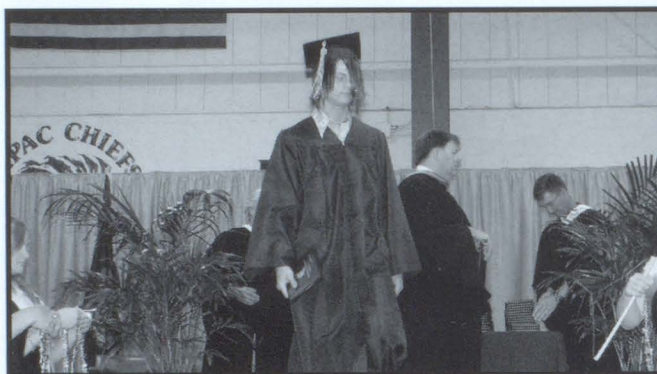
Right: Paul Dewitte is proudly stepping down off of the stage with his diploma.

Below: Mr. Lengemann concludes his extremely motivating message to all of the graduates by explaining "carpe diem."



Above: Mr. Mrozinski congratulates the class of 2006 and wishes them the best of luck in their years to come.

Right: Jessica Koltunowicz and Knud Nielson happily trot up the aisle with pride written across their face.



Don't Stop Believing

Above: Phillip Chalabian wears a big smile as he has just received his high school diploma. The feeling was amazing.

Left: Sara McConnell shows her excitement while walking back to her row, proudly displaying what she has worked so hard for.

Below: Ashlee Heilig is overwhelmed with all of the excitement that she is experiencing. She is proud to show off some of the accomplishments that she has made at CHS.





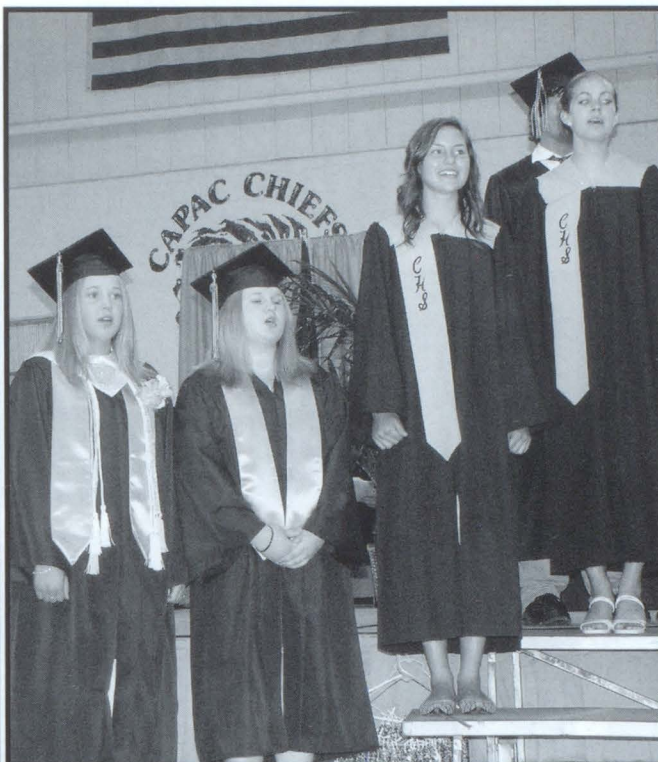
Below: Kyle Palmateer and Ashley Kruger are happy to share this once in a lifetime moment with each other.



Below: Jake Hoover takes a moment to glance at his mom who is very proud of all the hard work he has done over the years.



Above: Daniel Engelhart makes his way over to class advisor Mrs. Bennett to receive his beads.

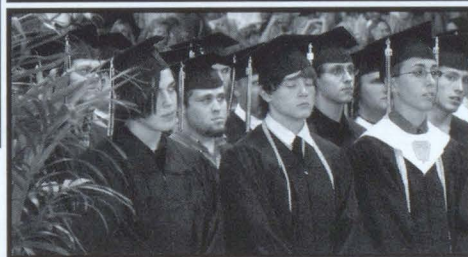


Left: Jennifer Smith, Kristi Burk, Melissa Sawicki, and Mackenzie Hackelberg all please the crowd with the beautiful song of "Lonely Road." This song was directed by Heather Joy, the Choir Teacher at CHS.

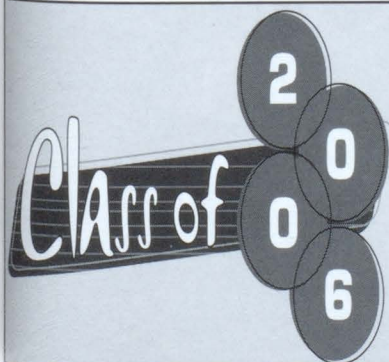
Below: Maira Agulair is very pleased as she walks up the aisle, and waits patiently to receive her diploma.



Above: The girls of the class of 2006 proudly take the time to move their tassels from the left to the right. This was the moment they've all been waiting for.



Left: The boys of the class of 2006 are listening to the motivating speeches of their peers.



Advisors
Mrs. Osentoski
&
Mrs. Bennett



Valedictorian
Karey
Miller



Salutatorian
Kim
Wisenbaugh



Class President
Brandon
Bonkowski

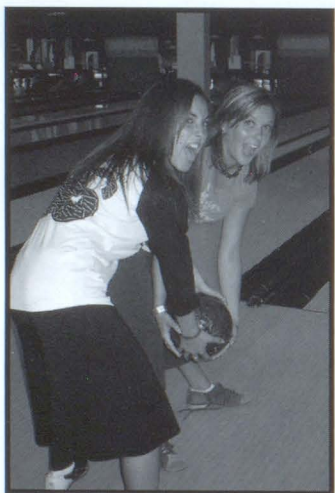


Right: The couple of the year Kyle Palmateer and Amanda Veryser. You rarely see one without the other.

Right: Keeley Stewart, Brandi Conner, Stephanie Smith, Brandon Bonkowski, Brittany Burke, Stephanie Carrier, Jacqueline Horan, and Krist Burk share a group hug before the end of the night.

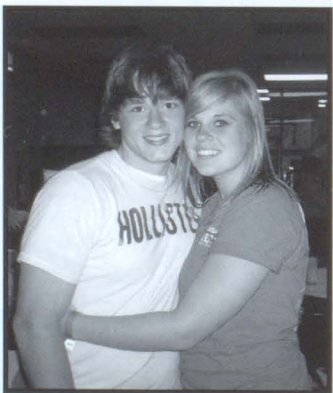


Right: Robert Patton gives off a primal scream because he has won Amber's heart. Shelby Nahernak, Amanda Koshak, and Amber Craft will be friends forever. Settle down Robert use your 1 foot voice.

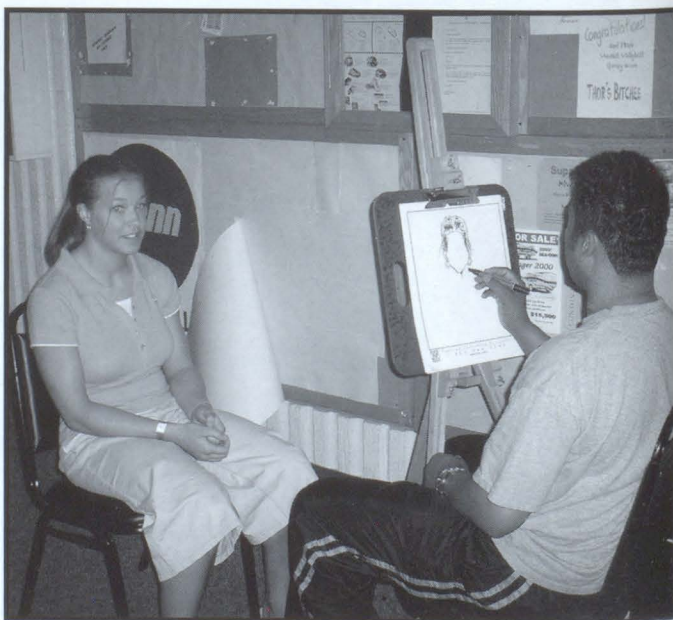


Above: Olivia Kolaczynski and Kyleigh Konyha struggle to throw another gutter ball with the heavy 16 lb. bowling ball. They have the Fred Flintstone approach. Don't drop it on your feet!

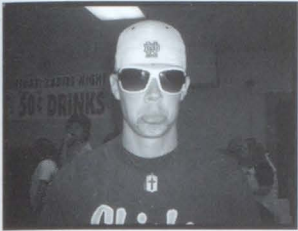
Left: Matt Godbold and Amanda Koshak share a final good-bye hug at the end of the Sr. All-Night Party. They make a nice couple. Maybe there is a future in this hug?



Right: The "Beautiful Bolday" gets her caricature sketched. Now sit still Kim and smile big for the artist. No need to be nervous. You're in the hands of a professional.



Sr. All Night Party



Above: Kyle Bollaert also known as "Bubba" looking cute with the hat backwards and the big white shades.



Above: Amber Craft, Lee Peters, Ben Pauli, and Justin McMann take a break from bowling to take a picture.



Above: Tara Eberling eating some yummy pizza while we all take a break from bowling.



Above: Kyle Bollaert, Kyle Palmateer, and Chris McKee just sitting around having fun.



Above Left: Kyle Palmateer playing some video games hoping he will win. **Above:** Nate Kilgore and Corey Guigar playing video games against each other hoping they would win.



Left: Karey Miller and Chris McKee who are just sitting and hanging around having fun for the last time with their friends. Isn't it sad!

Left: Chris Botwin and Mike Blackstock made shirts to play basketball against other people. But too bad they are not that good.



Parental Display of Affection

As the seniors graduate each year, it gives us all a chance to look back and remember our early years. It is also a time that is hard for parents because their child is graduating high school and becoming an adult. So each year we allow the senior's parents to insert a personalized statement to their child. They last a lifetime and it's a wonderful and meaningful way to let the child know how much their parents love them. The Capacian Yearbook Staff thanks all the parents who took out a PDA, and congratulate all of the graduating seniors of the CLASS OF 2006!!

"As we walk across this stage, we start a new chapter
Never forget the good times of joy & laughter
New memories to be made, a new life to begin
Never forget this day, we all grew within."

-Anonymous-



Sara McConell, 2006
Yearbook Editor



Melena Felbarth, 2006
PDA Manager



Jessica Martin

Jessica,

Congratulations! I am so proud of you! It's amazing how one day you are in tenth grade and the next day you are graduating. It kind of scares me thinking that my middle sister is moving onto college. It's going to be kinda weird with you gone and just me being here. I know that whatever you choose to do in life, you will succeed. Yeah, I know we fight all the time, but all the mean things I say or do, I don't mean any of it. I'm grateful and very lucky to have a sister like you because nothing can ever amount to how much I love and care about you. Even though I am younger than you, I have watched you grow from a clumsy young girl to a smart and beautiful young woman. You are finally leaving. Well, high school anyways. Good Luck and Congratulations. I love you!

Jessica,

We are so proud of you. You have grown from our sweet little girl who used to fall down and come apart but always get back up, and go forward. You have grown into such a beautiful, loving, caring, and compassionate young woman. Always know that Dad and I will be there whenever you need us. Trust your instincts and be true to yourself. As you start out on your journey reach for the stars. The skies the limit. We know you will do well with whatever you choose to do in life. Love,

Mom and Dad

Jess,

I am so proud of you and your accomplishments. You are beautiful and smart. I know you will succeed in everything you do. I don't know what I would do without you. Never stop dreaming. I'll always believe in you!

Love Forever,

Your Big Sis

Love,

Ashley



Brandon Stringer



As the years have passed, We couldn't be more proud of the person you have become. For this you should always remember to:

Believe in yourself. Believe in you. And never forget we believe in you too.

—“Aunt Hunny”, Uncle Jack, Al, Grandpa, and George Ann



Danielle Hockey



Daughter,

When we saw you in that cap and gown, we could only think how the years fly by. You have certainly grown into a beautiful young woman.

Congratulations on a job well done!

Love,
Mom, Jim, and Kim

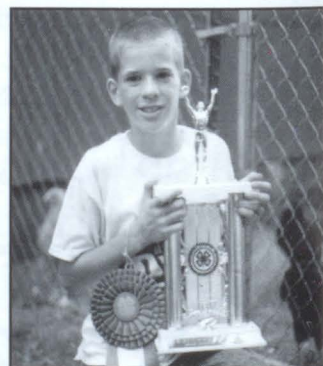


Danielle
2006

Karl Waltzer



Years of awards in trap and skeet, poultry 4-H projects and the beloved 4 wheeler, replaced more conventional hobbies, but your dedication to them was inspiring. You have always been an industrious, dependable, and kind blessing to our family. We are so proud of you!

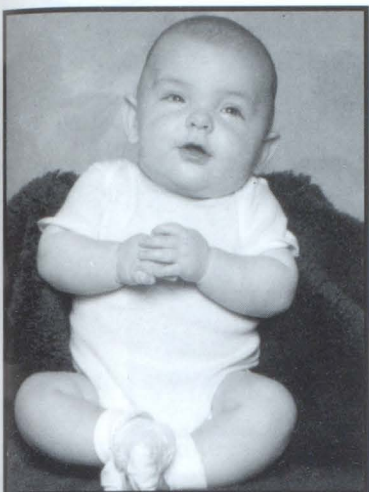


We hope that each day is filled with success and joy.

We love you!
Mom, Dad, Eric, and Kurt

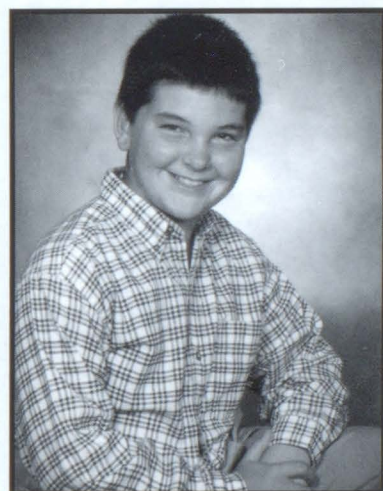
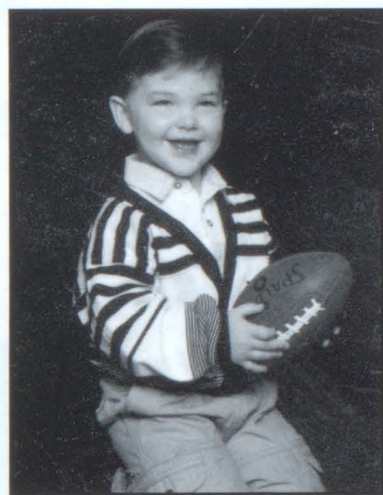


Lee Peters



Lee,
My little doll face, God
blessed me when I had
you. I am so proud to be
your mom. I wish your
dad could be here. He
would be very proud of
you too. God bless you
and always keep Him
first. Do this, and you
will have a wonderful life.
I love you with all my
heart.

Mom



Jeff Delc

Jeffrey,
Where do we start...You might not think it but you have made us so proud in so many ways. We have watched you become a great young man. With all your goals and accomplishments, there is no doubt that you will achieve everything you want. Remember, think it through, GOD never gives you more than you can handle.

Love,
Dad, Mom, Lo, and Nic

Jeff,
Set your goals high, you are a leader. You will succeed and may your future dreams come true. We hold you in our hearts.
Love,
Grandma Ginn

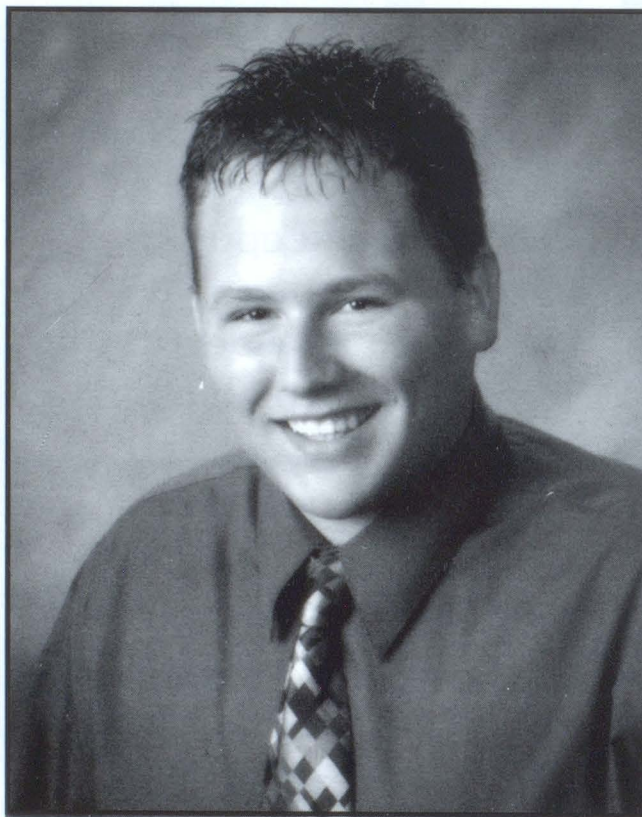
Jeffrey,
If we could sit across the porch from GOD, we'd thank him for lending us you!! And remember, the world knows little of its greatest heroes!!!
Love Always,
Uncle Ronnie and Aunt Maryann

Jeff,
What a bright future you have because of your hard work. Keep it up!
Love,
Uncle Bob, Aunt Desi, Bobbi, and Andria

Jeff,
This is your final year of high school and we are so proud of your accomplishments. You will succeed in all you endeavor. No matter what path you choose, we hope you find happiness!
Love,
Aunt Cathy, Uncle Durand, Jacob, and Abigail

Jeffrey,
We are so proud of the successful accomplishments you have made in your education, you have accomplished something so special and it is only the start. May your future bring you much happiness, luck, and success, no doubt you will go far. CONGRATULATIONS & BEST WISHES- the future is yours...

Love, Aunt Sharon, Uncle Gary, Megan, and Jenna



Jeff,
We are excited for you and your future. We are very proud of your accomplishments and wish you the best.
Love,
Uncle Chris, Aunt Sherry, Shawn, and Shelby

Jeff,
We praise you for your efforts and send good wishes too. For a future filled with happiness and your fondest dreams come true. Always remember you can achieve the things you really want.... If you BELIEVE
Love,
Grandpa and GP

Jeffrey,
You have gone along way with many things. I sit back and watch and I'm so proud to be your Grandma. The sun rises and sets when it comes to you because you are in my heart forever and always. Work hard and you will have everything you have dreamed of. God Bless You!!
Love,
Grandma

Jennifer Pharbeneau



"Remember Who You
Are."

We Love You,
Mom & Dad

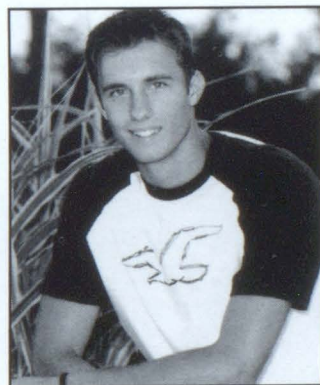
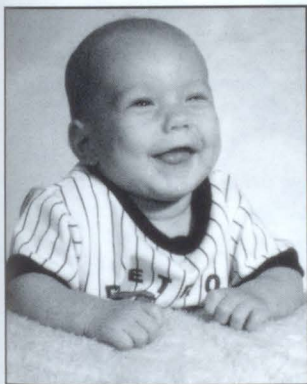
Michael Blackstock

Michael,

We are so proud of you! You have been such a joy in our lives since the day you were born! We are so proud of your accomplishments in hockey, football, baseball, track, and school. You are everything we could ever ask for in a son! We love you beyond words!! The world is yours!!

Love,

Mom, Dad, Jessie, and Alicia



Stephanie Carrier

Stephanie Lynne Carrier,

How can it be that you are already graduating when you were just born yesterday? You have a bright future ahead.

-Go for it!

Love,

Dad, Mom, and Caitlyn



Chris Botwin

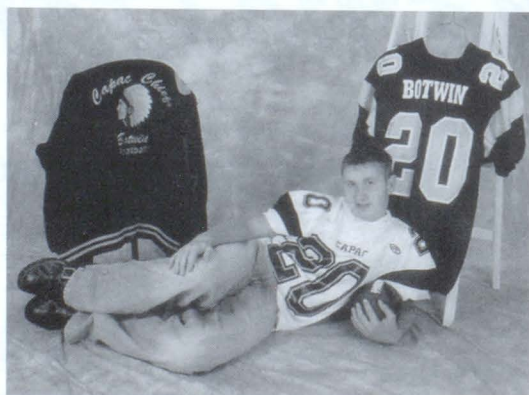


Chris,
We are so proud of you and the young man you have become. You possess all the ingredients for a successful life: intelligence, charisma, determination, and the stamina to overcome any obstacles along the way. We wish you the best of luck in all of your endeavors and we want you to know that we will always be there for you!!



Congratulations and God Bless!

Love,
Dad, Mom, Jonathon, and Chelsea



Jacqueline Gresell

Our wish for you is that you continue to grow in love and understanding, and as your enduring effort brings forth new experiences, learn to value the things that really matter.



Love,
Mom, Dad, Justin, Nichole, and Patrick

"Life's a dance...
Sometimes you lead, sometimes you follow
Don't worry about what you don't know
... You learn as you go."

John Michael Montgomery



Kyle Bollaert

Kyle Dennis Bollaert,
Where has the time gone?
You were just in kindergarten begging to stay up
just until half time of Monday Night Football. Now
your on your way to becoming an adult and going
out into the world. With your warm and caring
nature we know that you will be fine. We are very
proud of all your achievements in academics and
athletics. We know that you have a wonderful fu-
ture in front of you!

Love,
Mom, Dad, Kaylee, and Kevin



Karey Miller
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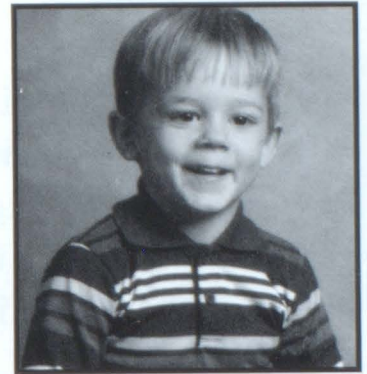


Love,
Dad, Mom, and Alyssa

Matt Godbold

Matt,
You have always been the shining star in
the family. May your light never go out.
Thank you for being the wonderful son
that you are.

Love,
Mom and Dad



Lacey Gunn

Congratulations
We are so proud of you!

Love,
Mom, Dad, Michelle, Misty, and Katie



Hilary Ellis

We've watched you grow through the years
into an amazing young woman. Never for-
get that you will accomplish all of your
dreams if your head and your heart are
committed.

We love you!

Congratulations!
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Brian Godo

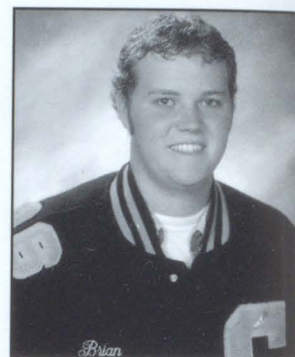


Brian,

We are so proud of you! Your smile and laughter brings us joy everyday. We wish you all the happiness and success in life. Keep smiling and know we are always here for you.

Love,

Mom, Dad, Steve, and Don



Adam Porter

Adam,

There are so many things we want for you, so many wishes in our hearts as we watch you grow into your life...

We wish you a world of adventure and experience, and also the serenity that comes from listening to your inner voice as the world pushes around you...

We wish you the strength to face challenges with confidence - along with the wisdom to choose your battles carefully...

We wish you the satisfaction of seeing your goals achieved and also the true contentment with the simple things - work well done, friends well loved - moments caught and cherished...

And our greatest wish is that you will always remember how much you are loved - for you are a good and caring person... A man we are proud to have for a son.

Love,

Dad and Mom



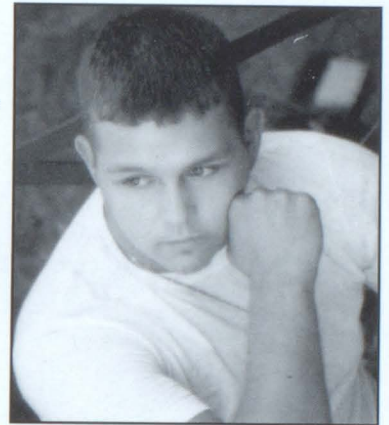
Danny Ray

Danny,

It has been wonderful watching you become such a handsome young man. We'll always remember the things you have done. Like the time you colored yourself green to be a ninja turtle! Also the time you put the entire box of bandaids on yourself. Your blue hair was something too! It was amazing to watch you wrestle and become such a great athlete. We are so proud of you!

Love,

Mom and Dad



Shoot for the moon. Even if you miss, you will still land among the stars."

- Les Brown

"Surely goodness and mercy shall follow me all the days of my life, and i will dwell in the House Of the Lord forever."

- Psalm 23:6

As the years have passed on by, we've watched you change and grow; You've morphed into a bright young man that we are proud to know. Each day has been a blessing to have you in our lives; From playing games and riding bikes to experiencing you learning how to drive! We've watched you succeed in many things like sports, work, and school; Always know that wherever life may take you we will always think you're cool!

Love you Danny,
Erica and Tom



Mike Roy

WE'RE SO PROUD OF
YOU.
CONGRATULATIONS!

Love,
Mom and Dad



Sara McConnell



A wish for you Sara as you graduate,

May you have enough happiness to keep you sweet, trials to keep you strong, sorrow to keep you human, hope to keep you happy, failure to keep you humble, success to keep you eager; friends to give you comfort, wealth to meet your needs, enthusiasm to keep you looking forward, faith to banish depression, and determination to make each day better than yesterday.

With all our love,
Mom and Dad



Olivia Zolaczynski



Dearest Olivia,

We love you so. You are a special blessing to our family; you bring laughter and joy into the lives of everyone you meet.

Olivia, we know you will do wonderfully in the next chapter of your life. We are very proud of you.

Love and Kisses,
Mom and Dad xoxo



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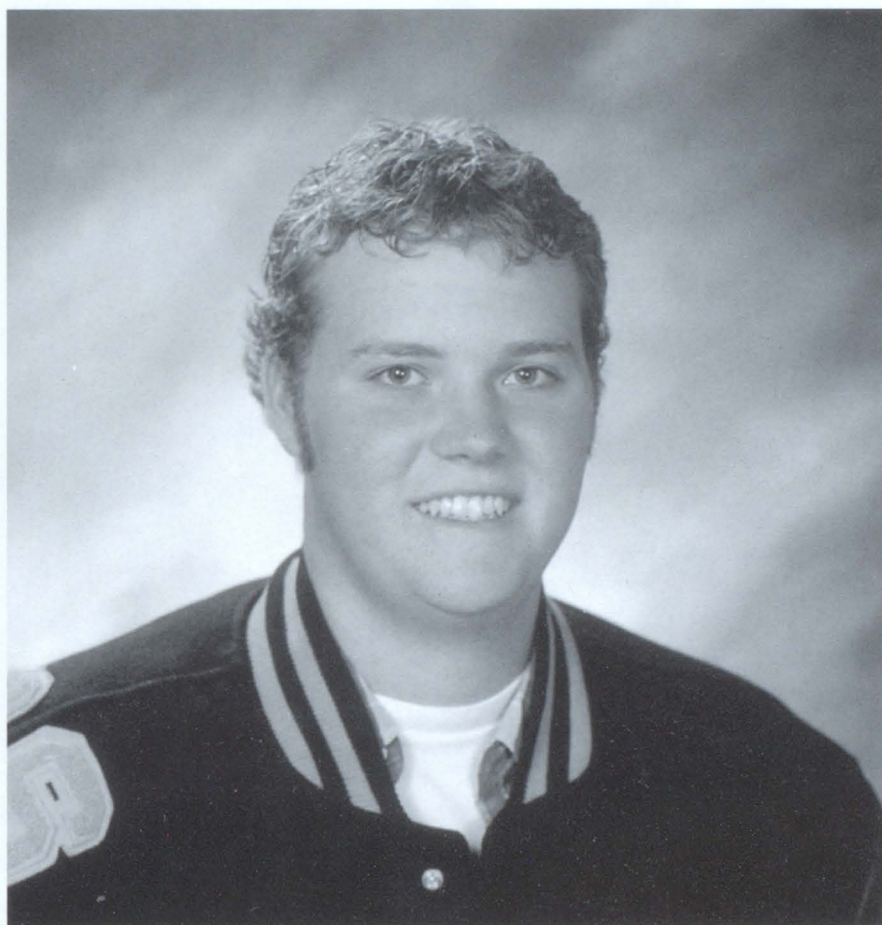
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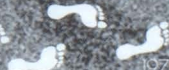
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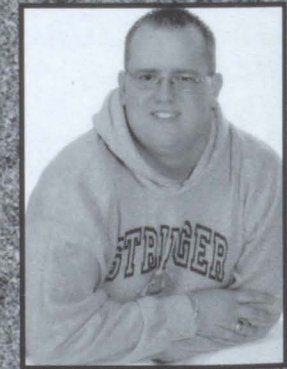
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Never Worries. I
Do.



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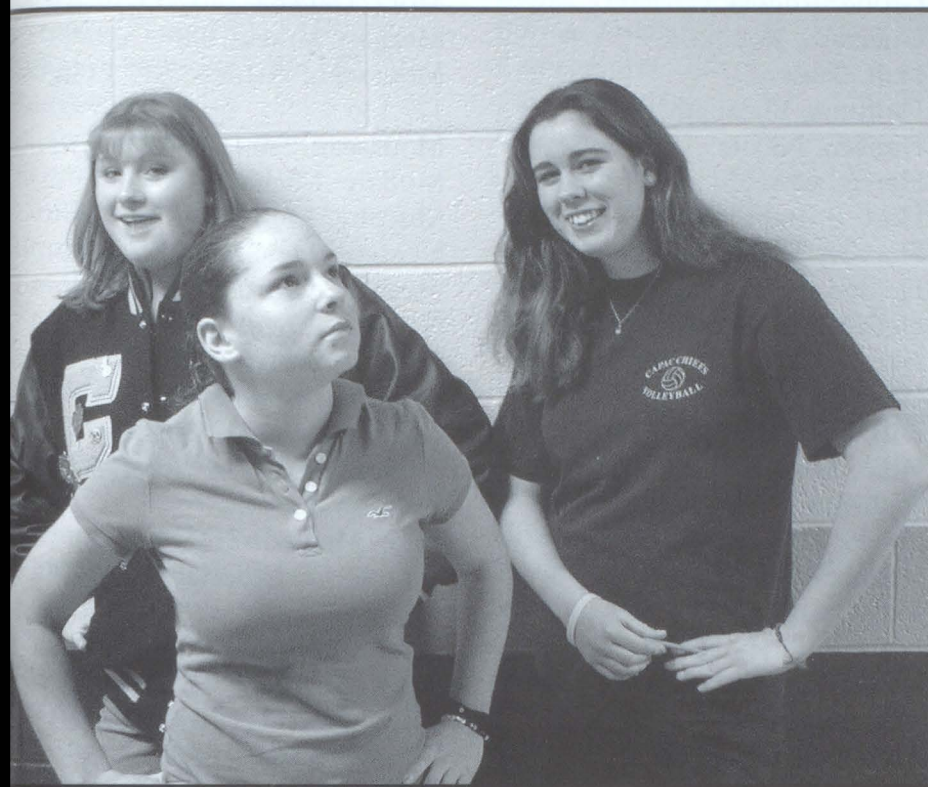
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INDEX DIVIDER

"Weird people change the world. Normal people keep it the same." - Julia Fitzgerald





There are a million ways to describe this year! I could use a poem, a famous proverb, or something said by some important dead guy, but no matter how many words I use I could never describe everyone's feelings about this year. Instead I'll leave that up to you, but I shall leave you with one final thought in the loving memory of those who left us this year.; What is a freak and who defines normal?

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